

# North Westmorland News

Group website:

[www.northwestmorlandchurches.org](http://www.northwestmorlandchurches.org)



*To love Christ and  
make Him known*

**Inside:**

- Comment ..... i
- Church News ..... ii
- Ad index. .... 2
- Church Services 13-16
- Diary Dates..... 27

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Here comes Lent again  
A time to prepare for Easter.  
What do you plan to do?

Some people like to give something up to help them acknowledge the sacrifices Jesus made for us both when he fasted in the wilderness and when he gave up his life on the cross.

Some like to do something additional, something positive every day of Lent.

As I have been reminded by much publicity in the media of the damage that has been inflicted upon our world, perhaps this Lent may afford some of us time to think of ways to reduce our impact upon Creation.

I hope to make this one of my Lenten disciplines this year.

