

From the Vicarage

Most of us know the danger of the urgent displacing the important. As we all get busy again, post-lockdown, the season of harvest thanksgiving invites us to reflect on what is truly important. In truth, however hard we work, we are dependent on the generosity of nature which, for Christians, is another way of speaking of the generosity of God, whose character is reflected in the world he created. An important aspect of thanksgiving is to make sure that we fully appreciate that generosity and watch over ourselves, to ensure that we do not abuse it. Sadly, the truth is that we have abused it. Thinking that the earth was ours to use for our own ends, we have consumed it beyond its ability to give or to adapt. And now, we are so busy with our spiral of endless production and consumption that we, and the earth itself, are in very real, imminent danger.

In the opening of the Bible, God is depicted giving humanity stewardship of the earth. "Have dominion over the earth", God says to us. "Dominion" is about kingship, so in that phrase, God is entrusting us with his kingship over the earth. We are his stewards, or viceroys. The earth is *his* and our vocation is to rule over it as he himself would rule over it. In Jesus, we see the clearest vision of how he himself rules, as he sacrifices himself for the sake of the whole world. He begins his ministry by refusing to turn stones into bread in the desert (i.e. using the earth for his own needs) and ends it by giving his life for the earth, by dealing with the sins of its neglectful stewards, thereby releasing the whole of creation from our abuses of its generosity. How different is that to our consumption-based lives and priorities? How different would the world be if we all repented of a consumption lifestyle and lived out our God-given vocation to be his viceroys, ruling the earth for its own benefit, not our own. Such a life would not make us poorer, for the generosity of the earth would abound all the more if we only took our role as its stewards and guardians with Jesus-like seriousness.

The COP26 Climate Summit next month in Glasgow, is by any standards a critical moment in our stewardship of the planet. It's so important that it deserves the attention of us all, however busy. Yet it's tempting to leave the problem to politicians and businesses. Our individual efforts can feel, as one speaker at General Synod put it recently, like "emptying the ocean with a teaspoon." Certainly, when I go to a big city and see the amount of industrial waste, I do wonder why I spend so much time carefully recycling and composting my waste and reducing my consumption. But ultimately, Christians do this not because we believe that we, personally, can save the world – the whole point of the faith is that we need a saviour precisely because can't save ourselves. We do it because we know that the earth is the Lord's, along with everything in it; that we are his stewards and will one day have to give an account to him, and to each other, of our stewardship; that our personal actions do matter, because what we do to the least of our brothers and sisters, we do also to Jesus; and above all, because we so love our creator and saviour that we share his love for the world, for "God so loved the world, that he gave his only son, Jesus Christ, so that everyone who believes in him may not perish, but may have eternal life." That life is what we seek to lay hold of by turning from a consumption-based life, abusing the world's resources for our own desires, and instead, love the world by giving ourselves to it, tending it, nourishing its generosity and sharing its bounty with all, in gratitude and joy

Stewart

Church News & Local Events

St. Wilfrids Brougham

St Wilfrids is to be vested to the CCT (Church Conservation Trust and a consultation period has begun re the process.

St Wilfrids Brougham Harvest Festival Service on Sunday 24 th October at 11.00 am followed by a Harvest Lunch at Brougham Hall Farm. Donations of £3 will go to The Salvation Army. All are welcome but please text or ring Sarah Harden 07801099151 if you would like to join us for lunch.

TNinekrks

The summer Evensong Services went ahead at St Ninian's and all in good weather which made the walk down a very enjoyable experience. A place of great spiritual calm it is a haven for those needing a moment of peace or reflection and there has been a continuous stream of visitors during Covid lockdown. The Church is unlocked and it has been heartening to find several large donations lying on the chest waiting to be collected. An honest public!

NW Benefice House Group

The group is meeting on the first Tuesday of each month.

The next meeting is at 2p.m. on Tuesday the 5th of October at The Barn, Maulds Meaburn., All are welcome. For more details ring 01931714455.



Bolton Mothers' Union

Monday 18 October, 2pm Bolton Memorial Hall

Speaker : Rt. Revd James Bell 'The Life of a Rural Bishop'

Everybody is welcome to come along and enjoy this interesting and entertaining talk.

Morland Mothers' Union

The October meeting will take place on Thursday 28th October at 7.30pm in Morland Village Hall. After the business meeting John Gore will show members a short audio-visual presentation entitled "45 Lessons for Life". The pictures, words and music are both thought-provoking and very soothing--good for making us feel calm in our busy lives. We will end the evening with tea/coffee and light refreshments.



The North Westmorland News is available via email!

Please send your email address to: spclark1@btopenworld.com

From our Registers



Christopher Pattinson was baptised at St Lawrence, Morland on Friday 13 August.

Owen Sale was baptised at St Lawrence, Crosby Ravensworth on Sunday 22 August.

Liam Patterson and Bryony Herbert were married at St Lawrence, Morland on Friday 13 August.

Nathan Park & Charlotte Krelle were married at St Peter, Askham on Saturday 28 August.

Michael Stobart and Emma Hayhurst were married at St Lawrence, Morland on Friday 27 August.

The marriage of **Theo Remy and Victoria Lafay** was blessed at St Peter, Askham on Saturday 11 September.

David Theobald and Laura Gaskarth were married at St Michael, Lowther on Saturday 11 September.

The funeral of **Daphne Killian** was held in Penrith Cemetery on Friday 20 August



Come ye thankful people... Harvest Festivals



Services in your community:

Askham:	Sunday 3 October @ 11.00am, church
Bolton:	Sunday 26 September @ 6.30pm, church
Brougham:	Sunday 24 October @ 11.00am, church
Cliburn:	Sunday 19 September at 11.00am, church
Cliifton:	Sunday 3 October at 9.15am, church
Crosby R.:	Thursday 7 October @ 2.00pm, church
Great Strickland:	Monday 11 October @ 7.00am, church
Morland:	Sunday 3 October @ 11.00am, church
Thrimby:	Sunday 19 September @ 6.30pm, church

"Rejoice in the Lord always and again I say rejoice"
(Philippians 4.4)

Messy Church!!



Messy Church is a way of being church for all ages, based on creativity, hospitality and celebration. Whatever your age, whichever village you live in, please come along and bring everyone in your family with you.

We meet each month in Morland and Newby V.H. (CA10 3AS).

Please bring along some cake to share. Tea and coffee will be provided.

Please also bring an apron (especially for little people) or wear clothes you don't mind getting mucky - it really does get messy!!

Venue: Morland & Newby Village Hall

Date: Sunday 17 October

Time: 11.00



Mission Community Roadshows



As part of our consultation on proposals to resource and organise the future of Church in our area, we are offering a series of four roadshows, each examining a different aspect of the proposals. These roadshows are open to anyone and are an opportunity to explore together how we shape our future as church. They will be informative and consultative, with opportunities to ask questions, make suggestions and clarify plans as we seek to resource our local churches more effectively in mission and ministry.

There is no need to book, but we'd love you to come. Please note that the roadshows are theme-based, rather than regional, so each one addresses a different aspect of the and its life.

Money – Already happened, but you can watch it on our YouTube Channel (search "Heart of Westmorland")

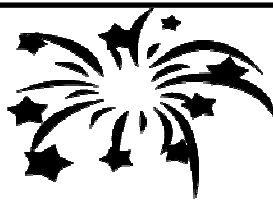
Mission – Already happened, but you can watch it on our YouTube Channel (search "Heart of Westmorland")

Resourcing – how do we resource our priorities? **Wed 13th October, Morland & Newby Village Hall, 7.30 - 9.00 pm**

Working together – how do we organise ourselves effectively to involve everyone? **Wed 20th October, Tebay Methodist Church, 7.30 - 9.00 pm**

The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

Fireworks!



Now that we are starting the long haul back to normal, we thought we ought to have our annual village fireworks display.

Come and join us!

Saturday 6th November

6.45 p.m.

Gather in front of The Studio, Morland

The Mill Yard Café will be open

The donations pot remains on the bar in The Crown Inn

Donations will also be collected on the night



I look forward to seeing you there!

Julia Evans

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1st Crosby Ravensworth Brownies

We are back on Wednesdays from 5.30pm to 7pm at Newby and Morland Village Hall.

We are looking forward to meeting again, and welcoming everyone. Any new girls that would like to come along for the evening are welcome. Brownies is for girls aged 7-10. I would appreciate it if you could let me know in advance. My details can be found listed in the Local Directory on the back cover of this newsletter. Why not come along, make new friends and have some fun.

I look forward to seeing you there. Jo Laverick (Guide Leader)

Morland and Newby Village Hall Committee will be meeting in the village hall on **Monday 11th October** at 7.30 p.m.

FELLRUNNER EXCURSIONS 2021

For the people living in the North Westmorland group of parishes and surrounding areas, The Fellrunner Village Bus Group have again kindly offered to provide a 16 seat bus for community use this year, and a list of the proposed trips is given below. If you would like to make a booking, **please contact Mike Roulson on 01931 714457** to enquire if seats are available. Please note that for some visits there will be an entrance charge payable as well as the bus fare.

All trips this year will be subject to the latest Government guidance regarding Covid 19 and may be cancelled or changed at short notice. If social distancing still has to be maintained then only 10 passengers will be able to travel on the day so prior booking is essential.

9 October.....Whitby, the seaside resort on the Yorkshire coast

30 October.....The Lake District autumn tints

4 December.....Kirkby Lonsdale Christmas Fair and Market.....This event has still to be confirmed by the organisers.

11 December.....Barton Grange. A garden centre but much more, and a destination to continue with your Christmas shopping.

Morland Harvest Festival **2021**



Saturday, October 2nd at 7.30 pm

Harvest Home:

Super soups and scrumptious sweets at the Barn at Newby End Farm.

Please order tickets in advance @ £8 each (£4 for under-15s) from David Jones (714338) so that we know how many to cater for.

Entertainment: a surprise to us all!

Sunday, October 3rd at 11.00 am

Harvest Festival Service at Morland Church, led by the Vicar, with Pam Martin as our special speaker. Pam comes from the environmental group A Rocha, a group whose aims are nowadays at the forefront of our minds.

MORLAND PARISH COUNCIL

Working for you since 1894

morlandparishcouncil.org.uk

Find us on 

facebook.com/MorlandParish

The November Ordinary Meeting of the Parish Council will be held on
Nov. 8th at 7.30pm at Morland Village Hall.

Members of the press and public are welcome to attend.

Agendas are available at least three working days prior to meetings,
online and on village noticeboards, alongside meeting minutes.

Parish Clerk: Mrs Lisa Beken,

clerk@morlandparishcouncil.org

_07522 939 696

Councillors:

Stephen Wilson (Chair), Peter Taylor (Vice Chair), Philip Hancock, Lesley Robson, Dan Fitton, Bob Brown, Paul Vines

The Legend of Stormalong John - Chapter Two

By Olivia Fyfe

Last Time: Mr Bulltop discovered a strange baby washed up on the beach. He and his wife took the baby in and name him Stormalong John.

Not long after his Christening, the baby began to grow.

He grew at an alarming rate, and drank so much milk, his parents had to buy their own cow. By the time he had been with the Bulltops a year, Stormalong John was already a fathom in height, and he didn't stop growing there.

By the time the boy was twelve, he was three fathoms tall, and could barely fit in the house.

Mr Bulltop decided something had to be done. Stormalong John often spent hours gazing out at the sea, so his father signed him on board a local tea clipper called Lady of the Sea.

That evening after dinner, he went outside to find Stormalong John sitting in his usual spot, staring out at the calm sea. Mr Bulltop sat down beside him, and lit his pipe.

"Well now boy, I reckon we've looked after you well these last twelve years."

"Yes Pa." Stormalong John replied.

"I've always thought of myself as something of a father to you, even though I'm not your real Pa. But times ain't getting easier, and with how you've been growing I don't reckon we can afford to keep you much longer."

Mr Bulltop paused to re-light his pipe.

"So," he took a puff, "I've talked to Captain Wilson. He's captain of a tea clipper that's down in the bay."

"I've seen her Pa, Lady of the Sea, she's a real beauty."

"Yes she is." Mr Bulltop took another puff of his pipe. "Well I've signed you up to go to sea with Captain Wilson on board the Lady."

Stormalong John's face lit up.

"Oh Pa." The boy stood up and wrapped his Pa up in a great bear hug, lifting him off the ground.

"Steady now," Mr Bulltop laughed. "I'm not as young as I used to be."

Stormalong John put his Pa down.

The next morning, Stormalong John said his goodbyes to his tearful parents, and he set off down to the harbour.

There was the most beautiful ship Stormalong John had ever seen. *Lady of the Sea* was not only the fastest clipper in the world, but the biggest too. A fully rigged beauty.

Captain Wilson recognised Stormalong John at once and called out to him to come aboard. He introduced Stormalong John to the other new member of the crew, a slightly younger boy named Shay, and then turned to order the men to set sail.

It was hard work that first day on board ship, but Stormalong John was the happiest he had ever been in his young life.

That evening, he and Shay sat out on deck, gazing at the stars and dreaming of all the places they would sail too, and Stormalong John felt that this was where he was meant to be.

Chapter Three will be published in the next edition.

"BETWIXT & BETWEEN"

A concert of light popular music
From between the World Wars,
Refreshments provided.

**ST PETER'S CHURCH,
ASKHAM**

**2nd OCTOBER, 2021
4:00 p.m.**

(Donations to the Windows
fund
St Peter's Church)

THE LAKES MOBILE MASSAGE

By Sara Clayton

Based in Morland covering The Eden Area,
Fully Qualified, Offering Massage In Your
Own Home.

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Indian Head Massage, Hopi Ear Therapy

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GETHERAPIST.SQUARE.SITE/](https://thelakesmobilemassagetherapist.square.site/)

 LAKESMOBILEMASSAGE 

**City
&
Guilds**

Following Covid-19 guidelines to keep you safe.

Mugs

MORLAND UKULELE GROUP

Meet Tuesday evenings 19:00 -
21:00

at Morland Village Hall
(when available)

New members always welcome,
but please ring to check as we will
occasionally meet at an alternative
venue.

Contact Mark or Rachel
on 01931 714163



Creative Cuppa

**Join us at the Studio Morland for a cuppa, a chat and enjoyable
creative activities specially designed to make you feel wonderful!**





This Autumn we are running a new series of creative wellbeing sessions
hosted by lovely Creative Facilitator Jenn Bell.

Sessions will be fun and gentle and will include storytelling, poetry,
music and imagination, alongside time to chat to new friends.

Places are FREE with refreshments (cake!) but limited due to space.

Contact us or go to thestudiomorland.co.uk/creative-cuppa
to register your interest.

For people living with dementia and those experiencing loneliness

 thestudiomorland
 studiomorland

thestudiomorland.co.uk
thestudiomorland@gmail.com
01931 714444

**The Studio Morland
Morland, Penrith
CA10 3AZ**

Tea, Coffee & Chat
Morland and Newby Village Hall
Every Thursday 9:45am—11:00 am
All welcome

Come and join the chat.

Open to all ages.

Mums/Dads/Grandparents/carers/
singles -

Bring your babies and toddlers -

Come on your own -

Housebound? Ring for a lift.

01931 714238



Reopening (Covid allowing)

**September 2nd. Please come and
join us.**



Come and join us
at our Harvest
Festival services.
See pages iv and
17-29

Morland Bowling Club

It was with regret that we notified members that bowling was not to
recommence in September 2020. We will follow changes in the lo-
cal Covid 19 Guidance and restart the club as soon as it is safe to
do so. We hope our members are safe and well and we look for-
ward to meeting again in the future.

Joyce Berry

Look out for more news

Bolton WI

Monday 11 October, 7.15pm,
Bolton Memorial Hall.

Speaker : Ros Downing

'A History of Biscuits'

Everybody is welcome to come along and enjoy this tasty talk that is also raising funds for Hospice at Home.

Morland and Newby WI

We're back! After meeting in members' gardens over the summer, our next meeting will once again be in the hall.

Thursday 14th October 2021 **2.30pm** in Morland Village Hall

Marjorie Bidgway will be talking about 'The journey of the humble sewing needle', which we promise will be even more fascinating than it sounds.

We always welcome guests and new members – why not come along? It's the WI – so there will be cake!



Events at Shap

see our website for details

www.theoldcourthouse.org

EDEN ACTIVE FIT4ALL at Shap

Memorial Hall

Wednesdays 9.45 - 11.45am

£3 per session All Welcome

Gentle activities designed to help you become more active in your older years in a friendly, sociable setting.

Details from the Old Courthouse, Shap

Contact website for up to date

information re Covid-19



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****No job too big or small****

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sfancottbeynon@gmail.com



Message to all local event advertisers.

As printing costs for the North Westmorland News have inevitably risen with the additional areas of distribution, we are trying to minimise the effects by reserving the right to reduce the size of any local (free) submissions when space is limited. In case you wish to lessen the chance of a significant reduction of your copy, a 'landscape' ad is less likely to be significantly shrunk than a 'portrait' version.

Since finishing university and completing my degree in Education, I returned to Newby to start making and selling wax melts in my spare time! Wax Melts are a very fragrant replacement for candles. I have a choice of 20 fragrances to be found on my instagram @waxmeltjoy, My list of smells i grows each week. They are made with eco-friendly organic ingredients. I sell these bars individually at £2.75 a bar and also sell "starter kits" which include a wax melt burner and 3 wax melt bars of your choice costing £12.75. I include tea lights in all my orders. I have attached a photo for you to look at too.

Megan McWilliams



Dear Readers,
Does anyone have some free time and talents and feel called to take over either or both of the North Westmorland Newsletter jobs? We need a new compositor and an editor.

The compositor can be anyone who enjoys juggling publishing style software. The editor should ideally be a member of the church community in any of our churches.

In both cases, the present incumbents will pass on their normal practices and what the jobs entail, possibly supporting you through the first couple of issues if required.

Please ring, email or speak to me, Sheila Clark to enquire or offer your services.

01931 714238.

spclark1@btopenworld.com



What's on @ The Studio Morland

Wednesdays: 10 - 11:30am: Hatha Yoga with Sonia (BOOK: 07762 101660)

Thursdays: 5:30-6:30pm: Physio Pilates with Andy
6:30-7:30pm: Physio Pilates for Men with Andy

Fridays: 10 - 11am: Physio Pilates with Andy Speight (BOOK: 07596957027)

Hire Our Space:

Our beautiful Studio is available for hire in its simplest form or with a full package of facilitated time and additional resources. The space is very versatile, we can cater for most audiences including community groups, school groups, corporate teams, private groups and individual hire. Prices start from £10 per hour. Get in touch for more information.



thestudiomorland



studiomorland

thestudiomorland.co.uk

thestudiomorland@gmail.com
01931 714444

**The Studio Morland
Morland, Penrith
CA10 3AZ**

Please check by phone, that these events are still open

A Service of Remembrance for the late Mrs Anne Turner, formerly of Lowther village, is to be held in St. Michael Lowther, Saturday October 16th at 12noon followed by the interment of her ashes.

All who remember her, family and friends are most welcome to join us and are warmly invited to join Geoff and the family for refreshments at The Lowther Castle Inn, Hackthorpe CA10 2HX after the service.

Please support our advertisers:

they cover a large part of the cost of printing this magazine.

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Advertiser's Guide

When submitting a paid advert for inclusion in the newsletter please note:

- 1/4 page ads should be max A7 portrait in size (preferably 6.8 cm w x 9.4 cm h)
- 1/2 page ads should be max A6 landscape in size (preferably 13.8 cm w x 9.4 cm h)
- Full page ads should be max A5 portrait in size (preferably 13.8 cm w x 19cm h)
- The newsletter does not print in colour.
- We do not accept adverts over 350kb so that the newsletter is small enough to email, therefore please compress any pictures to reduce their size.
- Preferred file formats: Graphic files (.jpeg, .gif, .png), Publisher docs, Word docs.

Advertising Rates

1/4 Page ad per annum £70 per 1/2 year £38 per month £9
1/2 Page ad per annum £130 per 1/2 year £70 per month £15
Full Page ad per annum £220 per 1/2 year £120 per month £26
If you are interested in placing an advert please contact
Meg Hancock meganc@btinternet.com) 01931 714 432

Lowther Endowed School

'Stay and Play' sessions

Supervised by a member of the teaching staff

All pre-school children are welcome to attend.

Check school website



What could be more important than saving a life?

Community First Responders for Morland, Bolton, Newby, Cliburn, Kings Meaburn, Great & Little Strickland and Surrounding Area

!!!!VOLUNTEERS URGENTLY NEEDED!!!!

Unfortunately Morland Area Community First Responders are desperately short of volunteers.

In remote communities like ours we can literally save lives by providing first aid to patients before the ambulance arrives.

In out of the way areas like ours it can sometimes take much longer for an ambulance to reach the patient and first responders get there first to provide potentially life saving help for the short time before the ambulance arrives.

You will receive excellent training from North West Ambulance Service and ongoing refresher training and excellent support from existing volunteers.

This is a very rewarding and interesting volunteering opportunity and you can volunteer for as many hours per month as is suitable for you.

If you are just starting out on your career or thinking about changing your career path this is an excellent addition to your CV.

Minimum age 18

Must hold a driving licence

If you are wondering whether this might be something that you could do then please don't hesitate to call **Dean on 07812 773407** or **Caroline on 01931 714971** for a chat, we can answer any questions you may have as we both have years of experience as CFR volunteers.

Kevin Bush PAINTER & DECORATOR

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Trainriggs, Shap 01931 716448
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Cumbria County Council



Need help
with
transport?

Voluntary Social Car Scheme

SHAP - TEBAY - ORTON

The Voluntary Car Scheme

provides transport to Cumbrian residents of any age (under 18s must be accompanied by an adult) who cannot make their journey by public or private transport.

Typical journeys include getting to the shops, doctors, dentists, making public transport connections and visiting friends.

Passengers pay a contribution towards the cost of the transport. If two people or more travel then the fare is shared between them.

If you would like to make use of this service or are interested in driving for the scheme, please contact:

DENNIS ON 015396 26052



Transport facilities available through Cumbria County Council

- Voluntary Car Scheme
- Rural Wheels
- Community Wheels
- Village Wheels
- Community Minibus Sharing Scheme

For more information
contact: 0333 240 66 66
(option 5)

facebook.com/Cumbriacc

Serving the people of Cumbria

cumbria.gov.uk/
voluntarycarscheme

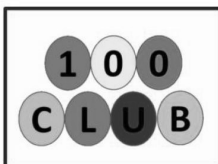
Your advertisement could fit here.

Our rates are very reasonable and our print circulation (currently suspended) is over 1,700, covering 10 churches, with more than 15 villages with ecopies going to more than 150 households all over the country, even abroad..

For more details of rates, contact our advertising manager.

meghnc@btinternet.com

Morland Area



WIN between £15 and £40 per month with better odds than the lottery?!!

Help to raise funds to maintain and continue to improve Morland Area Primary School.

Please fill out an application form in full and hand it in to Stacey Young, Julia Evans or drop it in the '100 Club' box in Morland School reception.

Membership Application Form

I wish to become a member of the **Morland Area '100 Club'**

Name: (Names if applying for more than one person)

Address: (in full for prize payment:

Post Code: Phone No.:

Email: How many numbers would you like to enter in the monthly draw

I agree to be bound by the rules of the club, and confirm I am over 16 years of age.

Signed: Print: Date:

I wish to pay via monthly yearly standing order (please circle which)

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request

There are still some numbers available. Contact Julia or drop a completed form in the box in school reception if anyone would like to join

July	Name
1st	Sarla Ewin
2nd	Angela Wilson
3rd	Lee Skelton

Winners for July and August.

Could you be a winner? You won't know unless you subscribe.

Support your local school, Morlanders and Newbyites!

August	Name
1st	Shelia Clark
2nd	Cindy Burntwood
3rd	Zoe Graham

For those of you from other villages, all our schools need your support too. Look for opportunities..



Take Positive Steps to Avoid Trips and Falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to aging is not inevitable, there are simple things we can do to minimize risk.

- **Get regular exercise** to improve strength, fitness and balance.
- **Have your eyes and hearing checked.** Vision and hearing play a vital role in balance and movement.]
- **Ask your pharmacist or GP for an annual medication review.** Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.
- **Look after your feet.** Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.
- **Make sure you get enough calcium and vitamin D** to keep bones strong.
- **Check your homes for trip hazards.** Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn't mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

If you do have a fall or feel at risk of one, tell your GP

For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail sara.bradley@ageukcarlisleandeden.org.uk



A MEMORIAL SERVICE FOR BARBARA DAVIES AT 3 PM
SATURDAY OCTOBER 16TH.

The family of the late Barbara Davies would like to invite her friends and neighbours to a memorial service to be held in Bolton Church.

If anyone wishes to contribute to the service by sharing their thoughts or memories of Barbara please contact Sandy Pearl on 01931 714564

Morland Walking Group

Meet at the village hall 10 am with packed lunch and clothing etc fit for the weather conditions on the day

Monday 11th OCT

We will be driving to Threlkald along the lower reaches of Blencathra



over the a66 and down to Guardhouse along the river back to Threlkald

Tea or Coffee in the village hall cafe afterwards if so desired


Group coordinator Geoff Procter 01931714981

Please keep donating to our local food banks in Appleby (Sands Methodist Church) and Penrith. (Salvation Army) Many families are still finding it hard to manage through this difficult time.





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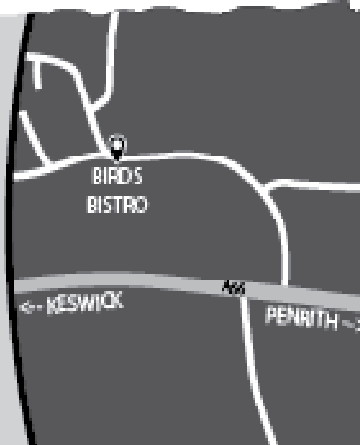
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- ~ Jackie on 01768352365

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For further details, or to arrange to come and look around, please contact us on:

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Tel: 017683 61512
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www.temp-sow.cumbria.sch.uk

Keep up to date with all our news and events by searching for Temple Sowerby Primary School on Facebook.



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	Askham with Lowther	Bolton	Bolton Chapel	Cliburn	Crosby Ravensworth
3rd Oct. Trinity XVIII	11:00 Harvest Festival with Holy Communion SPC	9:15 Family Communion SJF	6:30 J Betts		11:00 Holy Communion JHB
10th Oct. Trinity XIX	11:00 Joint Holy communion Morland SPC/JHB 		6:30 Cnrxn Service at K. Stephen	11:00 Joint Holy communion Morland SPC/JHB 	
17th Oct. Trinity XX	11:00 Morning Prayer Lay Led	6:30 Taize Evening Prayer SRP	L A	11:00 Holy Communion SPC	6:30 Evening Prayer AJS
24th Oct. Bible Sunday	11:00 Morning Worship SPC	2:00 pm Informal Worship with Baptism	6:30 A Sterling		11:00  Morning Prayer SJF
31st Oct. 4th before Advent	11:00 Joint Holy communion Askham SJF 		6:30 S Radford	11:00 Joint Holy communion Askham SJF 	
7th Nov 3rd before Advent	11:00 Family Worship SPC	9:15 Family Communion JHB	L A		11:00 Holy Communion SJF
Harvest Festivals	Sunday 3rd. Oct. 11:00	Sunday 26th Sept. 6:30 (Church)		Sunday 19th Sept. 11:00	Thursday 7th Oct. 2:00pm

ABBREVIATIONS: “SJF” Revd Stewart Fyfe, Rector: “SPC” Revd Sheila Clark, Curate; “SRP” Revd Sandy Pearl; Deacon “JHB” Rt. Revd James Bell; “AJH” Revd Alan Hurd; ; “KMcB” Revd Kenneth Boyd; (Church of Scotland) “DGJ” David Jones, Reader; “□EF” □arolyn Fyfe J Betts is Revd J Betts (Methodist)

Family Communion is in Contemporary form

Children are welcome at all our services; and activities June be provided where you see this symbol



Midweek Holy Communion

is celebrated in Morland Church on Wednesdays at 10.00am.
This is a quiet, said service, an uplifting and refreshing break from daily duties.
Come and join us!

Please contact Andrew Sterling or the Circuit office for confirmation of Chapel services

Online services are on our Heart of Westmorland You Tube channel

Please check on our websites:


www.northwestmorlandchurches.org.uk

www.ksaandtcircuit.org.uk

to find any services that June be added/ cancelled in any of our churches and chapels

PLEASE NOTE, All our services are provisional! Subscribe to David Jones email notices for last minute alterations/ cancellations etc.

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	Clifton and Brougham	Great Strickland	Morland	Thrimby	Kings Meaburn Chapel
3rd Oct.. Trinity XVIII	9:15 Harvest Festival Clifton SPC		11:00 Harvest Festival SJF  Guest A Rocha preacher	11:00 Morning Prayer Lay Led	10:30 A Burton
10th Oct.. Trinity XIX	11:00 Joint Holy Communion Morland SPC/JHB 				10:30 A Sterling HC 6:30 Cnxn Service at K. Stephen
17th Oct.. Trinity XX		11:00 Holy Communion JHB	 11:00 Messy Church Morland & Newby VH SJF	11:00 Morning Prayer Lay Led	10:30 T Taylor
24th Oct.. Bible Sunday	11:00 Harvest Festival Brougham JHB	11:00 Informal Service Lay Led	11:00 Holy Communion AJH		10:30 D Askew
31st Oct. 4 Before Ad- vent	11:00  Joint Holy Communion Askham SJF				10:30 L A
7th Nov 3 before Ad- vent	9:15 Holy Communion Clifton SJF	6:30 All Souls Commemoration SJF/ SRP	11:00 Holy Communion JHB	11:00 Morning Prayer Lay Led	10:30 A Sterling
Harvest Festivals	Sunday 3rd Oct 9:15 Clifton Sunday 24th Oct. Brougham	Monday 11th Oct.7:00 pm.. 7:00 pm	Sunday 3rd Oct. 11:00	Sunday 19th Sept 6:30	

ABBREVIATIONS: “SJF” Revd Stewart Fyfe, Rector: “SPC” Revd Sheila Clark, Curate; “SRP” Revd Sandy Pearl; Deacon “JHB” Rt. Revd James Bell;; “AJH” Revd Alan Hurd;; ; “KMcB” Revd Kenneth Boyd;; (Church of Scotland) “DGJ” David Jones, Reader; “ “EF” Carolyn Fyfe Family Communion is in contemporary form
Children are welcome at all our services; and activities June be provided where you see this symbol



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to find any services that may be added/ cancelled in any of our churches and chapels

PLEASE NOTE, All our services are provisional! Subscribe to David Jones email notices for last minute alterations/ cancellations etc.

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Heart of Westmorland



Bereavement Support Group

will be meeting at

The Hub Cafe in Appleby



on
**the first Monday
each month
2-4pm**



This will be an informal group and anyone who has suffered the loss of someone close to them either recently or some time ago, is invited.

We will not be following a programme and will not offer counselling – simply the opportunity to talk about what is on your mind and share your feelings with others who may have felt the same. Grief affects everyone in different ways and a support group doesn't appeal to everyone, but if you feel the need to chat over a cup of tea and a biscuit, please come along.

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Kevin Robinson – 017683 51569

Rev'd Sandy Pearl – 01931 714563



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Second Wednesday of every month we play 10-12pm at Rheged soft play for just £1.50!!

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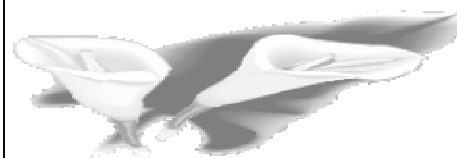
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The Wordsworth Trust, Grasmere invite you to join them for a Ninekirks Day, in the Eden Valley

William Wordsworth loved to compose his poetry while walking. In fact many of his poems take a real or imagined walk as a starting point - inspired by something he sees or someone he meets. His sister Dorothy also loved being outdoors whether gardening, climbing or walking with her brother, their friends or alone. Her journals record what she notices and often prompt her brother's poetry. He said "She gave me eyes, she gave me ears".

Join us for this quiet, contemplative day taking some time out in beautiful surroundings to reflect on what you see, hear and feel.

Painter Alison Critchlow will suggest some techniques and offer some tips with sketching and painting while Susan Allen, from Wordsworth Grasmere, will share some of the Wordsworths' observations in ways that we hope will encourage you to write, draw, paint or simply enjoy exploring the river bank and meadowland setting of this lovely church.

Saturday 16th October

Meeting at St. Ninian's (Ninekirks) car park at 10.30 a.m. returning there around 2.30 p.m.

- The walk will take between 30 - 45 minutes along a gentle, mainly level path but boots are recommended as the path crosses farmland
 - Bring a packed lunch and something to drink
 - Some basic sketching materials would be useful, but have to be carried to the church so need to be lightweight. We can supply materials but do bring your own if you prefer
 - You might also want to bring something (easily portable) to sit on while we are outside. There are, of course, seats in the church itself
- Please note there are no toilet facilities on the walk or at the church. This outdoor workshop is free including any art materials needed for the day. Please let us know at least a week beforehand if you are able to join us so that we can order materials in good time and send you more details about arrangements for the day.
- Places are limited to 12 (all free) with no previous experience of writing, painting, drawing – or, indeed, the Wordsworths - necessary!

If you're interested please email Susan Allen, Community Outreach Officer, with the heading "Wordsworth Ninekirks

Day" to S.Allen@wordsworth.org.uk or email Juliet Fossey, Assistant Church Warden, Askham at solarjuliet@aol.com

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Dates For The Diary!

Sat.9 Oct		Fell Runner Whitby,
Mon.11 Oct	7.30 p.m	Morland and Newby Village Hall Committee
		M& N Village Hall p.v
Wed 13th Oct	7.30- 9.00 pm	Mission Community Roadshow M& N Village Hall, p.iv
Sat.30 Oct		Fell Runner The Lake District autumn tints
Wed 20 th Oct,	7.30 - 9.00 pm	Mission Community Roadshow Tebay Methodist
		Church, p.iv

Local Parish & Community Websites

Askham & Helton —
www.askhamandhelton.co.uk
 Bolton — www.boltonvillage.org.uk
 Brougham — www.broughamparishcouncil.com
 Cliburn — www.cliburnparish.org
 Clifton — www.cliftonpc.org.uk
 Crosby Ravensworth —
www.crosbyravensworthparish.org.uk
 Great Strickland —
www.greatstricklandparishcouncil.co.uk
 Morland — w.morlandparishcouncil.org

ASKHAM AND HELTON LADIES CLUB Currently suspended

Askham and Helton Ladies Club was formed over 50 years ago, we meet in the village hall on the second Wednesday of every month, 7.30pm in Summer and 2pm in Winter when we have a speaker followed by light refreshments and a natter with friends. There is always a competition.

About twice a year we go on outside visits instead of being in the hall; in April every year we have our Spring Lunch. On the Fourth Wednesday we go somewhere local and have a lovely friendly get together.

You don't have to live in Askham or Helton to be a member, we have people from a variety of places in the area.

If you think you would like to come along to a meeting some time, you would be welcome as a visitor.
 You can contact Marie Armstrong on 01768 866932

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07799576663 or answer phone 01931714033

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Our Farming and Commons Heritage Event
Orton Market Hall
Friday 15th and Saturday 16th October 2021
9:30am – 5:00pm

Drop in for fascinating farming heritage displays and memorabilia of the Westmorland Dales farming past.
Help us identify people and places from the local area as part of a new project focusing on the upland commons and farming practice of this part of Cumbria.
Bring your stories, photos and reminiscences! All welcome.

Dementia Friendly Walks For All

Would you like to join our Dementia Friendly Walks For All in the Westmorland Dales or do you know someone who would like to take part or even volunteer. Please spread the word! These easy guided walks will enable people to discover the beautiful landscape of the Westmorland Dales with a friendly group of volunteers. The walks are likely to take place on Tuesday mornings from 10:30 am. The walks may be 1-2 miles long around the quiet villages of Maulds Meaburn, Orton, Great Asby, Shap and other locations. They will give walkers the opportunity to take in a little of the areas cultural heritage and get closer to wildlife. We hope these walks will provide opportunities for people living with dementia and their carers to get outdoors and enjoy nature, socialise and improve health and well-being.

If these walks are well received, we will provide guided walks across the area offering a gentle strollers group and a striders group for those wishing to explore further. We are hoping to deliver these walks from a local church, cafe or village hall with access to disabled toilets and somewhere to sit.

Further information can be found on our events page on the web-site: www.thewestmorlanddales.org.uk or please contact Nicola Estill: nicola-estill@fld.org.uk or telephone **07814 305748** to register your interest in these events. We'll provide more details of about dates for walks once we have a better idea of the level of interest.

These projects are part of the Westmorland Dales Landscape Partnership scheme funded by the National Lottery Heritage Fund.



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We are also available for Cookery Demonstrations and Lunch/Dinner for Clubs or Individual Groups. Maximum number for group bookings is 16.

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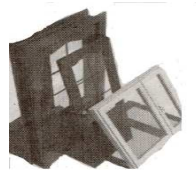
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Email: edenlas@cumbria.gov.uk

All courses are listed on our website:
www.cumbria.gov.uk/learningandskills



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Anton & Penny

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We serve food from 5pm until 9pm every day of the week

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Contact Debbie on
07909 223819

Can you swim a width? Do you want to have fun and improve your swimming technique? We meet weekly at Appleby Swimming pool during term time. On a Thursday evening starting at 6.30 – 7.00; 7.00 – 7.45 and 7.45 – 8.45, depending on your ability.



Currently suspended

3 taster sessions are offered, and if you decide to continue, the cost is £38 per term. Everyone is welcome including adults, who are welcome to attend the 7.45pm session to improve their stroke and stamina.

Volunteers to help on the pool side are welcomed and training is provided.

For more information come to Appleby Swimming pool on a Thursday evening or email us on, applebysclub@hotmail.co.uk

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WINTER OPENING HOURS

From Monday 28th October 2019 through March 2020 we will be opening the following hours:

Monday	CLOSED	
Tuesday	CLOSED	
Wednesday	17:00 - 23:00	Kitchen 17:00 - 20:00
Thursday	12:00 - 23:00	Kitchen 12:00 - 20:00
Friday	12:00 - 24:00	Kitchen 12:00 - 21:00
Saturday	12:00 - 24:00	Kitchen 12:00 - 21:00
Sunday	12:00 - 22:30	Kitchen 12:00 - 20:00



Bolton Nursery

We are open Monday to Friday, 8am to 6pm for babies and children aged 3 months - 11 years, offering flexible hours.

All 3 and 4 year olds are entitled to receive 15 hours of free early education per week. Families who meet the eligibility criteria will be entitled to 30 hours funded childcare from September 2017. The extended entitlement can be taken 30 hrs per week term time or 22.25 hours per week across 51 weeks of the year. Some 2-year-olds are also eligible for free funding.

We provide a **BREAKFAST/AFTERSCHOOL CLUB** during term time.

Our **HOLIDAY CLUB** will be open every week in the school holidays for primary school children within the Eden Valley. We provide holiday cover for SEN children up to 13 years old.

Our outside area is currently under renovation and when this is complete we will be having a fun filled open day for everyone – watch this space!!! For more information telephone **017683 62468**.



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BOLTON MEMORIAL HALL		
Bookings	Deborah Brockbank	07825458288
Secretary	Christine Taylor	017683 62082
BOLTON PARISH COUNCIL		
Chairman	Peter Griffiths	017683 61944
Clerk	Shelagh Leyland	017683 62327
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Bookings	Margaret Burne	01931 714218
CLIFTON PARISH COUNCIL		
Clerk	Rachel Kelly cliftonpc@outlook.com	01768 863900
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CROSBY RAVENSWORTH		
Ward Councillor	Joan Raine (joan.raine@eden.gov.uk)	01931 715351
CROSBY RAVENSWORTH VILLAGE HALL		
Bookings	Freda Smith	01931 715381
GREAT STRICKLAND PARISH COUNCIL	Usually meets last Monday in month	
Clerk/Village Hall Bookings	Ruth Tupling	01931 712 571
MAULDS MEABURN POST OFFICE	Tuesdays 9.30-11.30am in the village hall	
MAULDS MEABURN VILLAGE INSTITUTE		
Bookings secretary	Vanda Betts	01931 715 391
MORLAND PARISH COUNCIL		
Clerk	Lisa Beken clerk@morlandparishcouncil.org	
MORLAND COMMUNITY FIRST RESPONDERS	Caroline Sterling (cster52822@aol.com)	01931 714 971
MORLAND & NEWBY VILLAGE HALL		
Secretary	Julia Evans (alexjulia@btinternet.com)	01931 714 158
Chair & Treasurer	Jane & Ian Barnes (ickb1960@gmail.com)	
MORLAND WARD COUNCILLOR	Michael Tonkin (mike.tonkin@eden.gov.uk)	01931 714 094
NEWBY PARISH MEETING		
Clerk	Meg Hancock (meghnc@btinternet.com)	01931 714 432
KINGS MEABURN POST OFFICE	Tuesday 12.30pm-5.30pm,	01931 714 256
(at the White Horse Inn)	Wednesday 12 noon-5.30pm, Friday 8.30am-1pm	
KINGS MEABURN VILLAGE HALL		
Bookings	Alison Goldfinch (kenandali@ntlworld.com)	07807454079
BROWNIES		
Guider	Jo Laverick (jolaverick63@gmail.com)	01931 714216
SLEAGILL PARISH MEETING		
Clerk	Lucy Tonkin (sleagillparish@zoho.com)	01931 714 094
NORTH WESTMORLAND NEWS		
Editor	Sheila Clark (spclark1@btopenworld.com)	01931 714 238
Advertising Manager	Meg Hancock (meghnc@btinternet.com)	01931 714 432

The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

As soon as one Newsletter goes to press, we start on the next, so please send material for the November 2021 issue as soon as you can:

7th October at the very latest.

Material by email, with phone call to confirm arrival, to: spclark1@btopenworld.com