

# LOCAL DIRECTORY

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Clerk	Shelagh Leyland	017683 62327
<b>CLIBURN VILLAGE HALL</b>		
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<b>CLIFTON PARISH COUNCIL</b>		
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<b>CROSBY RAVENSWORTH VILLAGE HALL</b>		
Bookings	Freda Smith	01931 715381
<b>GREAT STRICKLAND PARISH COUNCIL</b>		
Clerk/Village Hall Bookings	Usually meets last Monday in month	
	Ruth Tupling	01931 712 571
<b>MAULDS MEABURN POST OFFICE</b>		
<b>MAULDS MEABURN VILLAGE INSTITUTE</b>		
Bookings secretary	Open from 2-4pm on Thursdays until further notice.	
	adelermurdoch@gmail.com	
<b>MORLAND PARISH COUNCIL</b>		
Clerk	Asele Murdoch	07860 282802
	Lisa Beken	
	clerk@morlandparishcouncil.org	
<b>MORLAND COMMUNITY FIRST RESPONDERS</b>		
<b>MORLAND &amp; NEWBY VILLAGE HALL</b>		
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Chair & Treasurer	Julia Evans (alexjulia@btinternet.com)	01931 714 158
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<b>NEWBY PARISH MEETING</b>		
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	Michael Tonkin (mike.tonkin@eden.gov.uk)	
<b>KINGS MEABURN POST OFFICE</b>		
(at the White Horse Inn)	Meg Hancock (meghnc@btinternet.com)	01931 714 432
	Tuesday 12.30pm-5.30pm,	01931 714 256
	Wednesday 12 noon-5.30pm,	
	Friday 8.30am-1pm	
<b>KINGS MEABURN VILLAGE HALL</b>		
Bookings	Alison Goldfinch (kenandali@ntlworld.com)	07807454079
<b>BROWNIES</b>		
Guider	Jo Laverick (jolaverick63@gmail.com)	01931 714216
<b>SLEAGILL PARISH MEETING</b>		
Clerk	Lucy Tonkin (sleagillparish@zoho.com)	01931 714 094
<b>NORTH WESTMORLAND NEWS</b>		
Editor	Alex Paris (EditorNorthWestmorlandNews@outlook.com)	
Advertising Manager	Meg Hancock (meghnc@btinternet.com)	01931 714 432

The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

As soon as one Newsletter goes to press, we start on the next, so please send material for the May issue

**7th April at the very latest.**

Material by email please to [EditorNorthWestmorlandNews@outlook.com](mailto:EditorNorthWestmorlandNews@outlook.com)



*To love Christ and  
make Him known*

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April 2022

# North Westmorland News

Group website:

[www.northwestmorlandchurches.org.uk](http://www.northwestmorlandchurches.org.uk)



**Welcome to the April 22 issue of  
North Westmorland News and a  
Happy Easter to all readers and  
advertisers.**

**Please send all copy to:**

[EditorNorthWestmorlandNews@outlook.com](mailto:EditorNorthWestmorlandNews@outlook.com)

## From Crosbar House

At the time I am writing this, the world is in turmoil. The fragile peace that we have enjoyed ever since the 'Cold War' thawed is now threatened. Mikhail Gorbachev, together with US President Ronald Reagan, embarked on summits to limit nuclear weapons. He also declined to intervene militarily when various Eastern Bloc countries abandoned Marxist–Leninist governance in 1989–1990. At this moment, the freedom from Soviet rule for Ukraine is in jeopardy and it is not easy to look forward to the Spiritual freedom of Easter.

As we have begun to feel that the impact of Covid upon our freedoms is lifting with a degree of normality and less anxiety returning, we should now consider the plight of those whose country is being attacked on many fronts. Peace and normality are far from their current plight. However, diplomats and politicians are now working to bring about a peaceful resolution for the Ukraine and other countries where armed conflict continues to rage. We must see what we can do in our small but not insignificant ways to help and support those who are suffering. As Christians, we can and must always pray for those who are suffering in any way and for those working to reduce the misery of those caught up in warfare on either side. Meanwhile there are many groups who are collecting and transporting items that will ease the plight of the refugees.

Now our Lenten journey has begun; some will have chosen to sacrifice some well-loved habit, food or drink for the duration. As Alun suggested last month, I would also encourage you to take up an extra and positive discipline, such as spending more time with God in prayer, reading the scriptures or joining a Lent study group. If you are a beginner in such activities, do ask for help, we've all had to begin at some time, whether long past or more recently. Any attempt you make will be rewarded as you grow to know yourself better in the love of God.

As Jesus spent time in the desert, we too may feel ourselves to be in our own often self-made wilderness. We may be tempted to give up on our chosen Lenten sacrifice and discipline. Try to remember how Jesus rebuffed the temptations that he faced with words from the Hebrew scriptures. You can then seek help and forgiveness from God for our human weaknesses. He understands and is full of compassion and mercy for us always ready to welcome us back into His fold.

Sheila

## Church News & Local Events

### Morland and Newby WI

Thursday April 14<sup>th</sup>, 7.30pm, Morland Village Hall

A Visit to Grandma's Attic - reusing and upcycling pre loved and unwanted items.

A talk by Susan Coyne.

Visitors welcome.



**Morland Mothers' Union The April meeting will be held on Thursday 28th April at 7.30 in Morland Village Hall.**

Mike Billing will be giving his presentation on "Iceland"

Visitors are very welcome to attend this meeting--

£3 Visitors Fee. Hostesses for the evening are Janet & Ad .

**'Bolton Mothers Union Monday April 25th, 2-4.30pm Bolton Memorial Hall**

Ros Downing speaking about Mary Sumner- her life and work. A fascinating insight into the founder of Mothers Union.

£3 charge for visitors to include afternoon tea.

Everybody is very welcome

Contact 017683 61808 for more details.'

**'WI Northern Show, Saturday 9 April**

**Shap Memorial Hall, 12 noon**

Entry £1, food available from 12 to 3.30pm'

**'Bolton WI, Monday 11 April,  
7.15pm, Bolton Memorial Hall**

Vivienne Tregidga - in full costume - talking about Life in the Arctic!

Visitors £3. For more information contact 017683 62862.

### LENT GROUPS

- Tuesday afternoons at 1 Jackson Croft, Morland, led by Sandy.
- Wednesday mornings at 11.00 am, after the regular 10.00 am Holy Communion, in the Millyard Café upper room, Morland, led by Sheila.
- Tuesday afternoons at 2.00 pm at Askham, led by John and Sarah Banks.

## From our Registers



**The funeral of Yvonne Ridding took place at St Lawrence, Morland on Friday 25<sup>th</sup> March and her mortal remains were laid to rest in the churchyard.**

**The funeral of James (Jim) Bousfield took place at the Eden Valley Crematorium took place on Monday 28<sup>th</sup> February.**

**The funeral of David Bach took place at St Lawrence Morland on March 4<sup>th</sup> followed by a committal at the Eden Valley Crematorium.**

**The funeral of Caroline Evans took place at St. Lawrence, Morland on Saturday March 5<sup>th</sup> and her mortal remains were laid to rest in the churchyard.**

**The funeral of George Little took place at St Michael, Lowther on Tuesday March 15<sup>th</sup> followed by a committal at the Eden Valley Crematorium.**

**All Saints, Bolton** is in desperate need of either a PCC secretary or a treasurer?

We are losing our current treasurer soon.

Our secretary is willing to take over this role but only if someone else will take on the secretarial role

**Someone please help!**

## PLEASE CONTINUE TO JOIN TOGETHER HELPING THE CARLISLE HOMELESS REFUGE



A sincere thank you to everyone who has already given in response to this appeal. The kindness, generosity and support shown by so many people has been overwhelming.

If you haven't yet had a chance to help, you can still donate kitchen items such as :- washing up bowls, tea towels, cutlery, crockery, washing up liquid, surface cleaners, etc.

We will continue the collection until Palm Sunday, April 10<sup>th</sup>.

Please leave your contributions in the box on our drive at :-

1, Crown Inn Fields, Morland ... CA10 3EB

**MANY THANKS** John and Margaret { Gore }.

Morland Church Presents

## Handel's Messiah

St Lawrence Church, Morland, Cumbria

Saturday 2<sup>nd</sup> April 2022

7pm

**Free entry!**

Performed by a specially formed choir  
and guest soloists. Conducted by Lancaster Priory's  
Don Gillthorpe

A retiring collection will be taken for Morland Church  
and the Morland Choristers' Camp Bursary Fund.

## Morland Walking Group

Monday 11th April

Meet at the village hall **10 am** bring a packed lunch and suitable clothing etc for conditions on the day

The walk will be in the area of Sedburgh Parking at Fairfield Mill a circular route taking sections of meadow & woodland, including the hamlet of Millthrop and Brigflatts and calling in to see the Quaker Meeting House

Returning to Fairfield Mill for afternoon tea



## MORLAND PARISH COUNCIL

Working for you since 1894  
[morlandparishcouncil.org.uk](http://morlandparishcouncil.org.uk)

Find us on  
[facebook.com/MorlandParish](https://www.facebook.com/MorlandParish)

**Parish Council update** - The Parish Council meeting in March was on March 14<sup>th</sup>, 2022, after the Newsletter deadline. An update will be available in the next issue.

**Neighbourhood Development Plan** – We are continuing to progress on the Neighbourhood Development Plan, and are awaiting further responses from Eden District Council.

**Local Heitage Assets** - The District and County Councils are compiling a Local Heritage List to help protect items of local interest across Cumbria. This will provide a level of protection if planning applications are made in the vicinity of these. Local Heritage Assets can include items such as pumps, signposts, steps or phone boxes, to structures such as houses, barns or pubs, or even parks. The list is for those assets not currently covered by the grading on the National Heritage List, and whilst it does not provide the same level of protection, it is an important tool in preserving local heritage. For more details and to submit a local heritage asset for consideration, please visit:  
<https://www.eden.gov.uk/local-heritage-list>

**Wild flower area at the Village Hall** - You may have noticed material placed on the far bank of the playing field. This is a project Nick Bagshaw is conducting to establish a wildflower area on the edge of the playing field. The objective is to smother the existing vegetation and provide a viable seedbed.

*Councillor Phill Hancock*


**Meeting** -The Parish Council will hold its Annual Parish Council Meeting on **Monday May 10<sup>th</sup> 2022**, at 7.30pm at Morland Village Hall. Members of the press and public are welcome to attend. Agendas are available at least three working days prior to meetings, online and on village noticeboards, alongside meeting minutes.

This will be preceded by the **Annual Parish Meeting at 7pm**. This is a meeting of the residents of the Parish, not the Parish Council directly, and is an opportunity to raise issues of local interest and concern. If there are any items you wish to be considered, please contact the Parish Clerk.

Parish Clerk: Mrs Lisa Beken, [clerk@morlandparishcouncil.org](mailto:clerk@morlandparishcouncil.org), 07522 939 696

Councillors: Steve Wilson (Chair), Peter Taylor (Vice-Chair), Lesley Robson, Phil Hancock, Bob Brown, Dan Fitton, Paul Vines,

..... Unfortunately, Stormalong John is so exhausted from his valiant battle last month that he is forced to have a rest for this edition, but never fear, his swashbuckling will be continued in a future publication. Watch this space!

Spring Weddings			
			
The Wedding season is upon us again! This Spring there will be a number of weddings across our parishes. You might want to come & cheer on the happy couples, or just lock them in until the pay up!!!			
Date	Time	Couple	Venue
23.04.2022	11:30 <sub>am</sub>	Jason Smettem-Minson & Chloe Richardson	Crosby R.
23.04.2022	1 <sub>pm</sub>	Andrew Chapman and Katie Woof (Blessing)	Cliburn
30.04.2022	12:30 <sub>pm</sub>	Lee Bradbury & Jayne Mitchell	Crosby R.
30.04.2022	12:30 <sub>pm</sub>	Phill Fell & Ellen Walker	Morland

### Lent Lunch

Morland Mothers' Union held their Lent Lunch on Ash Wednesday, 2nd March. Many thanks to our MU members ( and some of their husbands) for their help on the day, and support by bringing food and flowers. Thanks to everyone who supported the event and also gave donations. A sum of £130 has been sent to the Eden Debt Centre, run by Christians Against Poverty (CAP) which will help local people.

Those present enjoyed both the food and the opportunity to chat with friends, but we are saddened by the fact that numbers were much lower than in previous years. ( though we do understand that some are still anxious about meeting up with others) Only 19 people were present, of whom 9 were our MU members, 2 were from another Branch and 5 were member's husbands. This compares to an attendance of 33 on average over the previous 5 years.

These numbers were both disappointing and disheartening for those who organised the event which has always proved popular in the past. It is open to the church and village community. It was advertised in the Newsletter, on church and village notice boards, as well as on the church pew sheet. Hopefully next year will see the numbers pick up again. Maybe Mothers' Union need to think if this important event at the start of Lent is still valued by the church and community?

Margaret Gore ( Branch Leader)

## Great Strickland Village Hall Events 2022

**Saturday 30th April** - Social Evening

**Friday 3rd June** - Queens Platinum Jubilee Fun Day

**Sunday 17th July** - Village big Breakfast

**Saturday 10th September** - Steak Night (in aid of St Barnabas Church)

**Friday 7th October** - Mikron Theatre Company

**Sunday 20th November** - Other Lives Theatre Company (The Catch)

Follow us on Facebook @greatstrick to keep up to date on events

### April 2nd Dole Service

On the 2nd April 1616 Lady Anne Clifford bade farewell to her beloved mother Margaret unaware that this would be their final parting as Margaret was to die soon after. To commemorate this occasion Anne erected a pillar in 1656 with wishes that £4 be given annually to the poor of the Parish on 2nd April.

A brief layled service will be held at 12.00 noon, at The Countess Pillar, Brougham. It is now customary to give the alms and any other donations to the Homeless.

Parking and access is on the B6262 immediately after the turning to Brougham from the A66 with a 10 minute paved walk.

**All are welcome.**



**The North Westmorland News is available via email!**

**Please send your name and email address to:**

**[EditorNorthWestmorlandNews@outlook.com](mailto:EditorNorthWestmorlandNews@outlook.com)**

Please make sure you leave enough room in your inbox for the Newsletter as if the remission 'bounces', your address may be removed from future mailings.

### Tea, Coffee & Chat

Morland and Newby Village Hall

Every Thursday in term time

9:45am—11:00 am

All welcome

Come and join the chat.

**Open to all ages.**

Mums/Dads/Grandparents/carers/  
singles -

**Bring your babies and toddlers -**

Come on your own -

Housebound? Ring for a lift.

01931 714238



**. Please come and join us.**



### **MORLAND UKULELE GROUP**

Meet Tuesday evenings 19:00 -21:00  
at Morland Village Hall  
(when available)

New members always welcome,  
but please ring to check as we will  
occasionally meet at an alternative  
venue.

Contact Mark or Rachel  
on 01931 714163

### **The PCC of St Cuthbert's Church, Cliburn**

..... wish to thank everyone who came to our Carol Service and helped decorate the church inside and the Memory Tree outside. Thank you especially to AW Jenkinson for supplying the memory tree -this is much appreciated.

Throughout the year we have a service on the third Sunday each Month you are very welcome to support us.

### **Cumbria Westmorland Federation of WIs**

are holding their Biannual Northern  
Show on

**Saturday 9th April in  
Shap Memorial Hall**

The theme is

**`For Queen and Country`**

to celebrate Her Majesty's Platinum  
Jubilee.

WI members from the North of the Federation will put on a lovely display of craft and produce, all of which will reflect the things the Queen loves best.

There will also be a competition for children so something for everyone.

Come and relax at our **Coffee Morning (9.00 to 11.45am)** and then enjoy the Show between **12.00 to 4.00 pm**

# Railways Old and New

Saturday  
23rd April  
until  
Friday  
22nd May



www.theoldcourthouse.org  
facebook@TheOCShap

for opening times see website

# Dorothy T Ramsay



for opening times see website

Realism  
versus  
Abstract

www.theoldcourthouse.org  
facebook@TheOCShap



David French  
G.R.A  
(Guild of Railway Artists)

Saturday  
26th March  
until  
Sunday  
April 17th



Exhibit 'A' Gallery  
The Old Courthouse, Shap, Cumbria, CA10 3NL  
www.theoldcourthouse.org, facebook@TheOCShap



## Events at Shap

**Shap Farmers' and Makers' Market**  
4th Saturday of the month  
9.00am - 2pm

**Indoor and Outdoor stalls -**

a great variety of quality food, plant, art and craft stalls at the Memorial Hall and The Old Courthouse.

**Music on the Terrace 11am - 1pm**

**'Realism versus Abstract'**

exhibition of artwork by Dorothy Ramsay in acrylics and oils (opens 26th March) in the Exhibit 'A' Gallery at The Old Courthouse- Free Admission

23rd April – 22nd May 'Railways Old and New' David French- Paintings

The Old Courthouse, Shap is operated by Shap Community CIO.  
Registered Charity No. 1160966.

**EDEN ACTIVE FIT4ALL at Shap Memorial Hall**

**Wednesdays 9.45 - 11.45am**

**£3 per session All Welcome**

Gentle activities designed to help you become more active in your older years in a friendly, sociable setting.

Details from the Old Courthouse, Shap

**Contact website for up to date information re Covid-19**

**[www.theoldcourthouse.org](http://www.theoldcourthouse.org)**

Tel: 01931 717539

KINGS MEABURN W.I. INVITES YOU TO

Scones  
On  
Saturday

On April 23<sup>rd</sup> 10am to 2pm  
In Kings Meaburn Village Institute



Please come and enjoy a variety of home-made scones and jams, cake sale and raffle

All proceeds to Kings Meaburn W.I. funds

## 1st Crosby Ravensworth\_Brownies

We are back on. Any new girls that would like to come along for the evening are welcome. Brownies is for girls aged 7-10. I would appreciate it if you could let me know in advance. Why not come along, make new friends and have some fun. I look forward to seeing you there.

## Message to all local event advertisers.

As printing costs for the North Westmorland News have inevitably risen with the additional areas of distribution, we are trying to minimise the effects by reserving the right to reduce the size of any local (free) submissions when space is limited. In case you wish to lessen the chance of a significant reduction of your copy, a 'landscape' ad is less likely to be significantly shrunk than a 'portrait' version.

## Advertiser's Guide

When submitting a paid advert for inclusion in the newsletter please note:

- 1/4 page ads should be max A7 portrait in size (preferably 6.8 cm w x 9.4 cm h)
- 1/2 page ads should be max A6 landscape in size (preferably 13.8 cm w x 9.4 cm h)
- Full page ads should be max A5 portrait in size (preferably 13.8 cm w x 19cm h)
- The newsletter does not print in colour.
- We do not accept adverts over 350kb so that the newsletter is small enough to email, therefore please compress any pictures to reduce their size.
- Preferred file formats: Graphic files (.jpeg, .gif, .png), Publisher docs, Word docs.

## Advertising Rates

1/4 Page ad per annum £70 per 1/2 year £38 per month £9  
1/2 Page ad per annum £130 per 1/2 year £70 per month £15  
Full Page ad per annum £220 per 1/2 year £120 per month £26

**If you are interested in placing an advert please contact  
Meg Hancock [meghnc@btinternet.com](mailto:meghnc@btinternet.com) 01931 714 432**

**Please support our advertisers:**

they cover a large part of the cost of printing this magazine.





## DO YOU HAVE PROPERTY WE COULD BUY?

A local, 2 generation family are looking to live Ideally in 2 separate properties close by, or potential to convert an adjacent barn or to split one large property into two

Must have good sized garden or land - All properties considered

### Good for you

We are chain free and can move quickly if required  
No estate agent's fees, which can be 1 - 1.5% + VAT of the sales value

### Good for us

We will gain much needed space, continue to live and work in an area we love and **be able to look out for each other**

**For a no obligation chat, please call Kevin or Ann on 07812 129599**  
Or email – homefolk57@gmail.com



## What's on @ The Studio Morland

**Thursdays:** 5:30-6:30pm: Physio Pilates with Andy  
6:30-7:30pm: Physio Pilates for Men with Andy

**Fridays:** 10 - 11am: Physio Pilates with Andy Speight  
11am - 12pm: Physio Pilates with Andy Speight (BOOK: 07596957027)

## Artful Ways: The Exhibition

6th to 17th April 2022

OPEN: Wed & Thurs - 12-4pm, Sat & Sun - 10am-4pm

A touring exhibition of community and commissioned artwork by Cumbrians, inspired by walks in Summer 2021. FREE - no need to book, just turn up.



thestudiomorland

studiomorland

**thestudiomorland.co.uk**

thestudiomorland@gmail.com  
01931 714444

**The Studio Morland**  
Morland, Penrith  
CA10 3AZ

## What could be more important than saving a life?

Community First Responders for Morland, Bolton, Newby, Cliburn, Kings Meaburn, Great & Little Strickland and Surrounding Area

### !!!!VOLUNTEERS URGENTLY NEEDED!!!!

Unfortunately Morland Area Community First Responders are desperately short of volunteers.

In remote communities like ours we can literally save lives by providing first aid to patients before the ambulance arrives.

In out of the way areas like ours it can sometimes take much longer for an ambulance to reach the patient and first responders get there first to provide potentially life saving help for the short time before the ambulance arrives.

You will receive excellent training from North West Ambulance Service and ongoing refresher training and excellent support from existing volunteers.

This is a very rewarding and interesting volunteering opportunity and you can volunteer for as many hours per month as is suitable for you.

If you are just starting out on your career or thinking about changing your career path this is an excellent addition to your CV.

- Minimum age 18
- Must hold a driving licence

If you are wondering whether this might be something that you could do then please don't hesitate to call **Dean on 07812 773407** or **Caroline on 01931 714971** for a chat, we can answer any questions you may have as we both have years of experience as CFR volunteers.

NORTH WESTMORLAND ARTS  
Concerts in Appleby Public Hall



Sunday, 3<sup>rd</sup> April – 7.30pm

Septet: string quartet, flute, harp, clarinet  
from

### Meliora Collective

Ravel, Boulanger, Tchaikovsky, Milhaud, Roussel, Vivier

Tickets £20 at the door or online  
[www.appleby-concerts.org.uk](http://www.appleby-concerts.org.uk)

Email: [enquiries@appleby-concerts.org.uk](mailto:enquiries@appleby-concerts.org.uk)

Tel: 017684 83777

Supported by: Westmorland Arts,  
Hadfield, and Bryan Lancaster Trusts



## Shap Bowling Club

is looking for new members.

We are a small friendly club and experienced players or beginners are all welcome!

Come to our **Coffee Morning** on  
**Saturday 9th April**

or our **Open Day** on **Sunday 17th April** (conditions permitting)

or phone Jenny or Tony on 01913 716958 to find out more.

## Lowther Endowed School

'Stay and Play' sessions

Supervised by a member of the teaching staff  
All pre-school children are welcome to attend.

**Check school website**



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01931 714521

[vickers313@googlemail.com](mailto:vickers313@googlemail.com)

### GO ON - MAKE SOMEONE'S DAY!

Christmas being officially 'over' by 2nd February at the latest, do you have any toys that are unwanted?

Family Support are already collecting for Christmas 2022, and would be grateful for any donations of new or nearly new toys for boys and girls of all ages (no guns or war games, please).

In December, these will be passed on to children whose families are unable to spare the money to buy them toys.

YOU could make a child's Christmas really special this year by passing on an unwanted toy.

Please email John Bass if you can help

[johnisobelbass@gmail.com](mailto:johnisobelbass@gmail.com)

## Affected by Cancer?

### **APPLEBY & DISTRICT CANCER SUPPORT GROUP**

Invite you to

**Come for Coffee**

Open to all in Eden district



Chat in confidence with others  
going through tough times

Also on offer:  
Light exercise

#### **We Meet**

- Every 1st & 3rd Monday of each month  
(except Bank Holidays)  
- in The Bennett Room The Hub  
Chapel Street Appleby CA16 6QR  
~10 am - 12 noon

#### **Further Info, Phone**

~ **Rosie on 017683 52263** or  
~ **Jackie on 017683 52277**

### **Do you care?**

If so Eden Carers may be able to help you. We are a charity providing free support throughout Eden to unpaid Carers who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). We provide statutory carers assessments: information and sign-posting; 1 to 1 support; benefit information; newsletters, support groups - including after school clubs for Young Carers; social events; training and activities.

Contact us on: 01768 890280 or  
[enquiries@edencarers.co.uk](mailto:enquiries@edencarers.co.uk)

**Let us help you care.**

## Chris Barden Plastering

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Contact me for all your general  
building requirements

No job too small

Contact me now for your free  
quotation

07742330226

[cjbplastering@outlook.com](mailto:cjbplastering@outlook.com)

Thorney Croft, Kirkby Thore,

Penrith CA10 1UP



# The Strickland Arms

Great Strickland  
Penrith, Cumbria  
CA10 3DF

Tel. 01931 712238

Email: stricklandarmspenrith@hotmail.co.uk



**Anton & Penny**

**Welcome you to The Strickland Arms**

**'The Warmest, Friendliest Pub in the Eden Valley'**

**We believe The Strickland Arms is a**

**'pub of character & distinction at the heart of the village community'**

Our Pub consists of a Bar, Dining Room, Wiggo's Barn,  
Terrace and Beer Garden

We have an extensive Menu with Real Ales on tap

**We have 2 double en-suite B&B rooms in the pub ...**

**Plus:**

## LogYurt

En-suite with twin beds or a super king-sized  
bed and 2 sets of bunks - sleeps up to 6 people

## Dolly's LogByre

En-suite with twin beds or a super king-sized  
bed and 2 sets of bunks - sleeps up to 6 people

## Lina's LogByre

En-suite with twin beds or a super king-sized  
bed and 2 sets of bunks - sleeps up to 6 people



We have traditional wooden seating and tables in our secluded beer garden & on our terraced front

We provide FREE superfast broadband WIFI ...

We welcome walkers, cyclists, families, dogs and everyone else if you are well trained and behaved ...

**Our Menu is available online at [www.thestricklandarms.co.uk](http://www.thestricklandarms.co.uk)**  
**Covid-19 'Open Hours' from 5pm until 10pm every day of the week**  
**We serve food from 5pm until 9pm every day of the week**

## Concert at Newby End Farm,

**Easter Monday afternoon,  
April 18<sup>th</sup> at 3.00 pm.**

**Meera Maharaj** (flute) with  
**Susanna Solrud** (soprano),  
**Sophie Rocks** (harp) and  
**James Girling** (guitar)

'An international quartet of Royal Northern College of Music alumni perform a unique, folk-inspired programme centred around Stravinsky's Four Songs for this instrumentation. Works span Norway to Brazil, featuring new commissions and arrangements written specially for them.'



Please keep donating to our local food banks in Appleby (Sands Methodist Church) and Penrith. (Salvation Army) Many more families are still finding it hard to manage through this difficult time.

**Cumbria County Council**

**Need help with transport?**

**Voluntary Social Car Scheme**

**SHAP - TEBAY - ORTON**

**The Voluntary Car Scheme** provides transport to Cumbrian residents of any age (under 16's must be accompanied by an adult) who cannot make their journey by public or private transport.

Typical journeys include getting to the shops, doctors, dentists, making public transport connections and visiting friends.

Passengers pay a contribution towards the cost of the transport. If two people or more travel then the fare is shared between them.

If you would like to make use of this service or are interested in driving for the scheme, please contact:

**DENNIS ON 015396 26052**

**Transport Options Available through Cumbria County Council**

- Voluntary Car Scheme
- Rural Wheels
- Community Wheels
- Village Wheels
- Community Buses
- Sharing Scheme

For more information contact: 0333 240 69 65 (option 5)

**f facebook.com/Cumbriacc**

**Serving the people of Cumbria**

**cumbria.gov.uk/voluntarycarscheme**

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## Morland Area



WIN between £15 and £40 per month with better odds than the lottery?!!

Help to raise funds to maintain and continue to improve Morland Area Primary School.

Please fill out an application form in full and hand it in to Stacey Young, Julia Evans or drop it in the '100 Club' box in Morland School reception.

### Membership Application Form

I wish to become a member of the **Morland Area '100 Club'**

Name: (Names if applying for more than one person) .....

Address: (in full for prize payment: .....

Post Code: ..... Phone No.: .....

Email: ..... How many numbers would you like to enter in the monthly draw .....

I agree to be bound by the rules of the club, and confirm I am over 16 years of age.

Signed: ..... Print: ..... Date: .....

I wish to pay via ☐ monthly ☐ yearly ☐ standing order (please circle which)

Full Terms & Conditions available at [www.morlandarea.cumbria.sch.uk/topic/parents](http://www.morlandarea.cumbria.sch.uk/topic/parents) or can be emailed on request

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## Morland 100 club winners Feb

1st. Prize: Emma Lockerbie (5)

2nd. Prize: Alison Westwell (25)

3rd. Prize: Emma Lockerbie (6)

Thank you to the stars of the week pupils at Morland School for drawing the numbers and to everyone for their ongoing support with the club. We have raised over £1,700 for school so far!!

Interested in joining: £3 a number, paid every month and better odds of winning than the lottery. For further information email: [pta@morlandarea.cumbria.sch.uk](mailto:pta@morlandarea.cumbria.sch.uk) or ask in school for a form.

Current Available Numbers:

35, 46, 82, 90, 93, 94, 95, 96

Full Terms & Conditions available at [www.morlandarea.cumbria.sch.uk/topic/parents](http://www.morlandarea.cumbria.sch.uk/topic/parents) or can be emailed on request



## Take Positive Steps to Avoid Trips and Falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to aging is not inevitable, there are simple things we can do to minimize risk.

- **Get regular exercise** to improve strength, fitness and balance.
- **Have your eyes and hearing checked.** Vision and hearing play a vital role in balance and movement.]
- **Ask your pharmacist or GP for an annual medication review.** Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.
- **Look after your feet.** Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.
- **Make sure you get enough calcium and vitamin D** to keep bones strong.
- **Check your homes for trip hazards.** Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn't mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

**If you do have a fall or feel at risk of one, tell your GP**

For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail [sara.bradley@ageukcarlisleandeden.org.uk](mailto:sara.bradley@ageukcarlisleandeden.org.uk)



## FELLRUNNER EXCURSIONS 2022

For the people living in the North Westmorland group of parishes and surrounding areas, The Fellrunner Village Bus Group have again kindly offered to provide a 16 seat bus for community use this year, and a list of the proposed trips is given below. If you would like to make a booking, please contact Mike Roulson on 01931 714457 to enquire if seats are available. Please note that for some visits there will be an entrance charge payable as well as the bus fare.

All trips this year will be subject to the latest Government guidance regarding Covid 19 and may be cancelled or changed at short notice. If social distancing still has to be maintained then only 10 passengers will be able to travel on the day so prior booking is essential.

**2 April**.....Imperial War Museum and Media City, Salford Quays Manchester.

**30 April**....Helmsley, explore the lovely old market town in the North York Moors, optional visit to the castle or a walled garden nearby.

**4 June**... A visit to Howick Hall gardens and arboretum followed perhaps by an ice cream at Alnmouth on the north east coast.

**9 July**.....Brantwood nr. Coniston, the home of John Ruskin one of England's most important social and cultural figures. A house filled with paintings and personal treasures. Magnificent gardens and views over Coniston Water.

**6 August**....Dumfries House. Set in 2000 acres this stunning estate and 18<sup>th</sup> C house with its unrivalled collection of Chippendale furniture. Timed group entry only to the house.

**3 September**.....The Devil's Porridge Museum nr Gretna. "An explosive war-time experience". Learn about the people who made some of the armaments for the 2 world wars, followed by a visit to Kirkcudbright.

**8 October** .....Skipton, a lovely small town in Yorkshire with a good market.

**29 October**....The Albert Dock complex Liverpool, take in the sights and sounds of this famous city....ferry across the Mersey perhaps !!

**26 November**.....Ulverston Dickensian Festival...Date still to be confirmed by the organisers.

**10 December**....Houghton Hall, a garden centre but much more, a destination to continue with your Christmas shopping.

The **Fellrunner** buses have been in service for over 40 years and now cover more than 50 villages in the Eden valley area. These buses run to published timetables Tuesday to Friday to enable people to have access to both Penrith and Carlisle for shopping or just to meet friends. However since Covid, when the buses were off the road, our passengers have not returned to the extent that many routes are now underused and becoming unviable.

If you are fortunate enough in your village to have access to the buses, please will you consider using them as clearly the Company cannot continue to service unprofitable routes. The timetables are available on the buses and often on parish notice boards, as well as being on the Cumbria County Council public transport web site.

Thank you for your support. Mike Roulson (Volunteer driver)

## Mill Yard Café & Bistro Morland



*Robert & Sarah Kite welcome you to the Mill Yard Café where you can relax on the sofas by our cosy wood burning stove in the winter, sit back and enjoy our sunny courtyard in the summer months, drinking and eating our locally sourced and homemade delicious food or just enjoying a pot of real tea or coffee and a scrumptious cake!*

**RJ's Pizza Night**—Friday evenings (5-9pm) - create your own pizza from a wide range of toppings and eat in our new licensed lounge or take out.

(Please see website – [www.millyardcafe.co.uk](http://www.millyardcafe.co.uk) for any further dates which may be closed for holidays and for more information regarding menus etc.)

**Mill Yard Café, The Square, Morland, Penrith CA10 3AZ**  
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## Marathon Run

Our daughter, Caroline, who was born shortly after we moved to Morland in 1980, is running the 2022 Edinburgh Marathon in May.

She is taking part to raise funds for Group B Strep Support.  
Her "story" can be found within the following address and she would welcome your reading it.

[www.justgiving.com/Caroline-Nettleton](http://www.justgiving.com/Caroline-Nettleton)

Thank you, on her behalf, for your time and interest.

Jill and Roger Hackney  
Morland

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	Askham with Lowther	Bolton
April 3rd Passion Sunday	11.00 Family Worship SRP	9.15 Family Communion JHB
April 10th Palm Sunday	11:00 Joint Holy Communion with Donkey Askham SPC	
April 14th Maundy Thursday	7:30 Joint Holy Communion Great Strickland JHB	
April 15th Good Friday	2:00 p.m. SRP	10:30 JHB
April 17th Easter Day	11:00 Holy Communion SPC	9:15 Holy Communion JHB
April 24th Low Sunday	11:00 Holy Communion JHB	6:30 United Service AS

**ABBREVIATIONS:** : “ SPC” Revd Sheila Clark, Curate; “SRP” Revd Sandy Pearl;;Deacon “JHB” Rt. Revd James Bell;; “AJH” Revd Alun Hurd“ KMcB” Revd Kenneth Boyd;;(Church of Scotland) “DGJ” David Jones, Reader; “ AJS Revd Andrew Sterling (Methodist )  
“Family Communion is in Contemporary form

Children are welcome at all our services; and activities may be provided where you see this symbol



Cliburn	Crosby Ravensworth
	11.00 Morning Prayer Lay led
11:00 Joint Holy Communion with Donkey Askham SPC	
7:30 Joint Holy Communion Great Strickland JHB	
	Church open for quiet contemplation
	11:00 Holy Communion JHB
11:00 Holy Communion SPC	

**St Wilfrids, Brougham**, remains closed for March and April due to heating problems. Hopefully there will be a service in May.

### Midweek Holy Communion

is celebrated in Morland Church  
on Wednesdays at 10.00am.  
*This is a quiet, said service, an  
uplifting and refreshing break  
from daily duties.*  
**Come and join us!**

	Clifton and Brougham	Great Strickland
April 3rd <b>Passion Sunday</b>	9.15 Holy Communion Clifton SPC	11.00 Holy Communion AJH
April 10th <b>Palm Sunday</b>	11:00 Joint Holy Communion with Donkey Askham SPC	
April 14th <b>Maundy Thursday</b>	7:30 Joint Holy Communion Great Strickland JHB	
April 15th <b>Good Friday</b>	2:00 p.m. At the Foot of the Cross Clifton SPC	
April 17th <b>Easter Day</b>	7:00 a.m. Dawn Praise Millenium Stone DGJ 9:15 Holy Communion Clifton SPC	
April 24th <b>Low Sunday</b>		11:00 Morning Worship SRP

**ABBREVIATIONS:** : “ SPC” Revd Sheila Clark; “SRP” Revd Sandy Pearl; “JHB” Rt. Revd James Bell;; “AJH” Revd Alun Hurd; “ KMcB” Revd Kenneth Boyd;;(Church of Scotland); “JBetts is Revd Jackie Betts (Methodist); “DGJ” David Jones, “ AJS Revd Andrew Sterling (Methodist )

“Family Communion is in Contemporary form  
Children are welcome at all our services; and activities June be provided where you see this symbol



Morland	Thrimby	Kings Meaburn Chapel
11.00 Holy Communion SPC	11.00 Morning Prayer Lay Led	10:30 LA
11:00 Joint Holy Communion with Donkey Askham SPC		10:30 A Sterling HC 6:30 Cnxn Svce at TBC
7:30 Joint Holy Communion Great Strickland JHB		
2:00 At the Foot of the Cross AJH		
11:00 Holy Communion JWR		10:30 J Betts
Morning Worship Lay Led		2.00 C Dickinson CA

**St Wilfrids, Brougham**, remains closed for March and April due to heating problems. Hopefully there will be a service in May.

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from daily duties.*  
***Come and join us!***



## Annual Parochial Church Meetings

Our Annual Meetings are your chance to hear what the church has been up to and to express your views and ideas for the year ahead as well as to elect our PCCs.

Parish	Date	Time	Venue
Askham/Lowther	07.04.2022	12.15 pm	St Peter's Church
Bolton	25/04/2022	7.00 pm	All Saints' Church
Crosby Ravensworth	24.04.2022	12noon	St. Lawrence Crosby Ravensworth (after Morning Prayer)
Gt Strickland	04.04.2022	7.30 pm	Gt Strickland Village Hall

These are all the details I have at time of going to press. Other parishes will, I believe, have their APCM during April, dates and times to be announced in Church and advertised accordingly. My apologies for not being able to announce this information here.



## Holy Week & Easter



**Palm Sunday, 10th April:** Askham Service with Donkey Procession. Suitable for families. Meet for procession at Village Hall (10.30). Service in Church from 11:00.

**Thursday 14 April:** Maundy Thursday Eucharist, St Barnabas Great Strickland, 7:30pm

**Good Friday, 15 April:** Vigils at the Cross, St Peter Askham, St Lawrence Crosby Ravensworth, St. Cuthbert, Clifton, St Lawrence Morland, all at 2pm

**Easter Sunday, 17 April:**

7:00am Dawn Praise, Millenium Stone, Eamont Bridge.

9:15am Holy Communion at Bolton

9:15am Holy Communion at Clifton

11:00am Holy Communion at Morland.

## CREATIVE CHAT GROUP

A few of us have got together hoping to start up a group for people who would like to socialise while doing something creative. Is anyone interested?

We would like to meet once a week for about 3 hours, but you would not need to come every week. All are welcome – old, young, men, women! The Studio in Morland would be happy to accommodate us. The cost will be around £2-3 per session, we hope. If there are not enough people to begin with, we might arrange a smaller venue in Morland.

## CREATIVITY

You can do virtually anything you want – sewing, painting/drawing, clay modelling, crochet, lace-making, quilting – you just need to bring it along. Tables can be provided, and chairs of course. We do not intend to arrange for tuition in anything, unless the group decide to have a tuition session, but we do hope to pick up and pass on tips.

## SOCIALISING

We would be able to chat and catch up with gossip or news, or just sit in companionable quiet, and maybe have some background music?

## REFRESHMENTS

We would have coffee or tea and biscuits available.

If you are interested, please register your interest with Suzie Balfour on: morlandgardenflat@gmail.com

I will let you know when we will start, but it will be after 20th April.

Please include the following information:

Your full name and contact email (and mobile if possible).

Your preferred day (we are thinking of Monday mornings - the Studio is available)

Your preferred times of day

Preferences for time of year if any

What you would be prepared to pay

Any other suggestions

We look forward to hearing from you!



### Family Wild Play Days

Wed 13th April

10am – 4:00pm

Tebay Recreation Field, Tebay.

Join us and Stomping Ground Forest School for a day of Wild Play in Tebay on Wednesday 13<sup>th</sup> April. Drop in for an hour or stay all day. Lots of activities to join in with. Building dens, crafts, campfire cooking and natural artworks. Playing games, picnics in the meadow, and testing your balance on slacklines or chilling in the hammocks. It all goes on -SAVE THE DATE!

### Westmorland Dales Landscape Forum 2022

Saturday 23rd April 2022,

10.00am – 4:00pm

Our landscape forum this year will be taking place in Ravenstonedale. If you would like to find out more about our local heritage please book and come along. It will comprise a series of talks in the morning, lunch, and options for walks in the afternoon in and around Ravenstonedale. The day is being planned to give an update on what we're doing to reveal the hidden heritage of the Westmorland Dales, and give an insight in particular into the Ravenstonedale area. Our key note speaker will be landscape archaeologist David Johnson, talking about dry stone walls, but we'll also be hearing about the area's geology, history, meadows, rivers and much more. A full programme will be published nearer the time but booking is now open and places are limited.

To find out more about events coming up and to book please see our website:

***Our vision is to unlock and reveal the hidden heritage of the Westmorland Dales, enabling more people to connect with, enjoy and benefit from this inspirational landscape.***

The Westmorland Dales Landscape Partnership Scheme, thanks to National Lottery players, has been supported by a grant from the National Lottery Heritage Fund.

Friends of the Lake District, Murley Moss, Oxenholme Road, Kendal, LA9 7SS  
Tel: 01539 720788

## THE ARTS SOCIETY, APPLEBY

### The Arts Society - Wednesday 13 April

more information from [taswestmorland.org.uk](http://taswestmorland.org.uk)

#### **Revolt into Style: the Punk Aesthetic in Fashion, Art and Music – John Francis**

This short lived, rebellious, anarchic and creative movement took hold in the economically depressed late 1970s. This lecture will explore the aesthetics of revolt, looking at Vivienne Westwood, Surrealism and Dadaism, showing that punk has a fascinating heritage. This lecture reveals the facts behind the mythology.

### The Arts Society - Wednesday 11 May

more information from [taswestmorland.org.uk](http://taswestmorland.org.uk)

#### **The Riches of Islamic Art and Architecture - Professor James Allan**

Now retired, James was curator of the Islamic collection and Keeper of Eastern Art at the Ashmolean Museum, Oxford University, where he taught Islamic art and architecture. The lecture will explore Islamic art and design and consider the elements of Arabic script, styles of calligraphy and the role of Arabic calligraphy in design.



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## Heart of Westmorland



### **Bereavement Support Group** meets at **The Hub Cafe in Appleby** **on the 1<sup>st</sup> Monday each month** **2-4pm**



This is an informal group and anyone who has suffered the loss of someone close to them either recently or some time ago, is invited.

We do not follow a programme and will not offer counselling— simply the opportunity to talk about what is on your mind and share your feelings with others who may have felt the same. Grief affects everyone in different ways and a support group doesn't appeal to everyone, but if you feel the need to chat over a cup of tea and a biscuit, please come along.

**For further information, please contact**  
Rev'd Sandy Pearl – 01931 714564  
Kevin Robinson – 07801068121



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## Morland Area Playgroup

All parents, carers & grandparents welcome to our friendly playgroup.



9-11am **TUESDAYS** (Term time only)  
@ Morland Village Hall



First Session Free!!

Suggested contribution thereafter: £2 per child, £1 for siblings and under ones. Includes kids snack time and a hot drink for adults.

Visit our Facebook page to see what we get up to @morlandplaygroup





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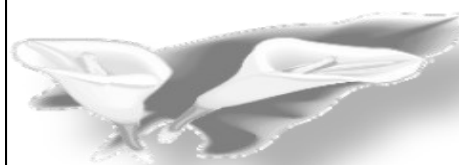
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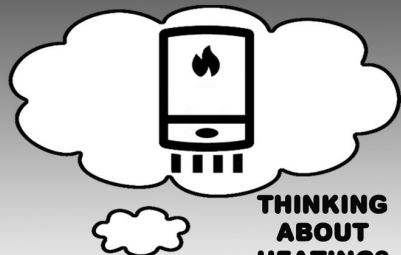
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*Glyn Jones*

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## Crown Inn Singers

**Have returned to the pub as a trial  
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## FOR SALE

'As new' Slazenger table tennis table for sale - foldable and on wheels. I bought it for my son but it has only been used about 4 times! It has been stored in my very dry garage and is in excellent condition and would cost between £250 and £300 new. Net and bats/balls also included. I would be prepared to accept offers in the region of £90 and the buyer would need to arrange collection.

It would be suitable for home, church hall, village hall, school sports hall, youth club, etc.

Selling because it seems a shame to let it sit in my garage!  
If you have any queries I can be contacted on 01768 840239.



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## Dates For The Diary!

Sat. 2nd April	Fellrunner Excursion	Imperial War Museum	p. 9
Sat. 2nd April	Morland Church	Handel's Messiah	p. iv
Sun. 3rd April	North Westmorland Arts	Appleby Public Hall	p. 2
Sun. 10th April	Palm Sunday		p.17
Mon. 11th April	Morland Walking Group	Sedburgh	p. iv
Sun. 17th April	Easter Sunday		p.17
Mon. 18th April	Newby End Farmhouse	Concert	p. 6
Sat. 30 April	Fellrunner Excursion	Helmsley	p. 9

### Local Parish & Community Websites

Askham & Helton — [www.askhamandhelton.co.uk](http://www.askhamandhelton.co.uk)  
 Bolton — [www.boltonvillage.org.uk](http://www.boltonvillage.org.uk)  
 Brougham — [www.broughamparishcouncil.com](http://www.broughamparishcouncil.com)  
 Cliburn — [www.cliburnparish.org](http://www.cliburnparish.org)  
 Clifton —  
 Crosby Ravensworth — [www.crosbyravensworthparish.org.uk](http://www.crosbyravensworthparish.org.uk)  
 Great Strickland — [www.greatstricklandparishcouncil.co.uk](http://www.greatstricklandparishcouncil.co.uk)  
 Morland — [w.morlandparishcouncil.org](http://w.morlandparishcouncil.org)

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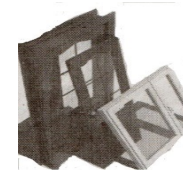
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\*Drop-in sessions held on the 3rd Wednesday of the month between 11am and midday at Eden Sight Support, The Resource Centre, Sandgate, Penrith, CA11 7TP.

### Home Support

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3 taster sessions are offered, and if you decide to continue, the cost is £38 per term. Everyone is welcome including adults, who are welcome to attend the 7.45pm session to improve their stroke and stamina.

Volunteers to help on the pool side are welcomed and training is provided.

For more information come to Appleby Swimming pool on a Thursday evening or email us on, applebysclub@hotmail.co.uk telephone Liz Morgan 015396 23068



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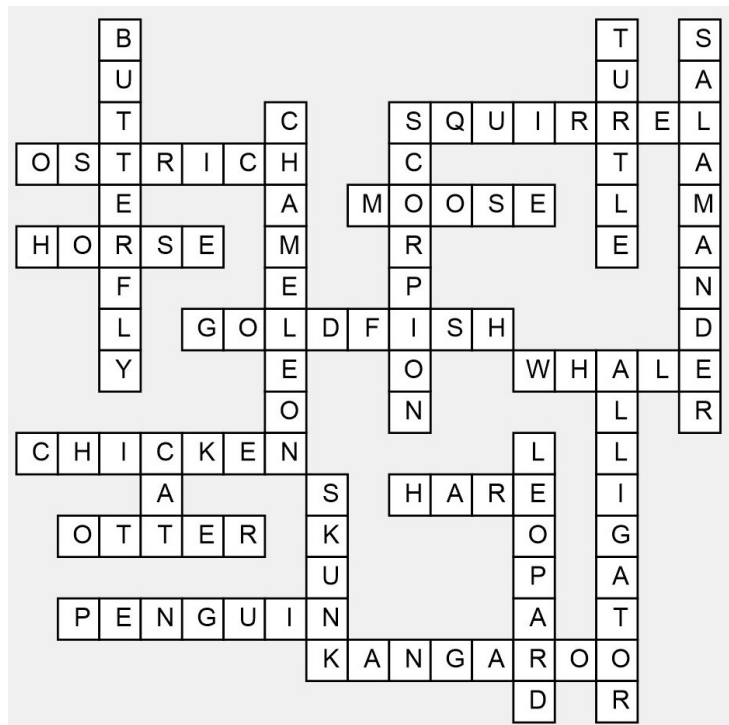
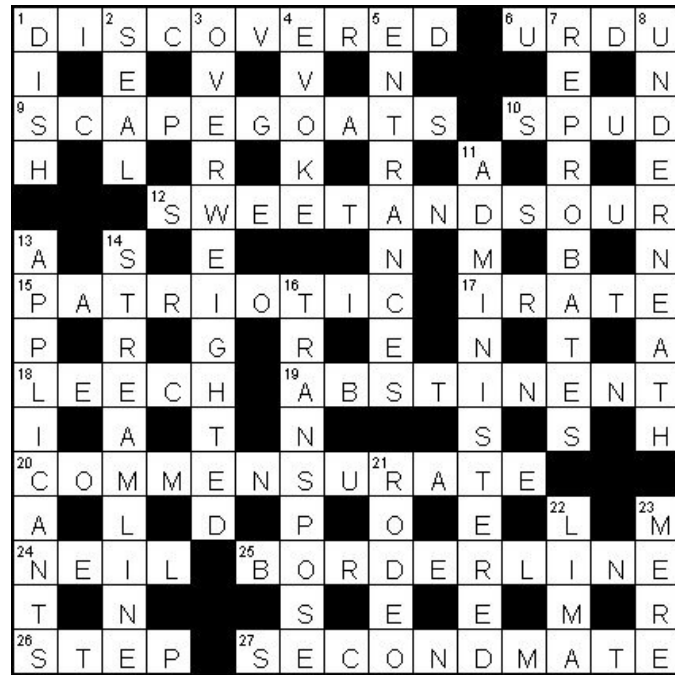
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## THE LAST WORD...

.... And as March gets going and April looms in the distance, this issue goes to press with so many bits and pieces that despite Stormalong John's absence, there is no room for new puzzles. I hope some of you enjoyed having a go at those in last month's publication, and I have some more ready for future issues, space permitting.

I'd like to thank so many of you for your kind words at my first fumbling effort at editing. It was surprising and heartening how many of the 'hidden team' gave me words of encouragement, despite the blips and boobos I made. There is a very warm and generous lot of people working hard to get this Newsletter out to you, and their voluntary endeavours are very much appreciated.

I can hear birds chirping outside my window - they decided to awaken me at 8:00 this morning – and the bulbs poking out and blooming show a promise of springtime that is extremely welcome. Despite all the turmoil, worry and sadness in the world, the bright hope of life they represent gladdens the heart. May this be a happy and prosperous time for all of you, and may peace break out in the troubled places of the world.

[EditorNorthWestmorlandNews@outlook.com](mailto:EditorNorthWestmorlandNews@outlook.com)