

July/August 2022

North Westmorland News

Group website:

www.northwestmorlandchurches.org.uk



*To love Christ and
make Him known*

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**Welcome to the Summer Double
issue of North Westmorland News
Please send copy for September
to:**

EditorNorthWestmorlandNews@outlook.com

Latest date for copy: 7th August

Notes From Crosbar House

Summer is usually the time when everything in nature is in full bloom. It feels as though the whole world is alive. It is a reminder that life is the greatest gift of all. In Christian thought, life has always been deemed sacred because only God can give life. That idea of the sanctity of life does, however, have its difficulties. It creates tension in questions of war, medical ethics and wider social ethics. But, perhaps one of the most subtle and least recognised areas where the sanctity of life is under threat in our society is in the way we treat one another. There has been much recent discussion around our increased willingness to take offence and to cast off those whose opinions we dislike. We seem to think it our duty to defend our principles and opinions so strongly that we put them ahead of our duty to care for one another and to love our neighbour.

One of the saddest things in my life has been to observe rifts in communities and families because of a quickness to take offence and a determination to cast out the offender for all eternity. But it is a much wider problem than that. Whether on social media or in face-to-face dealings, we increasingly seem to restrict our social circle to people who think like us and there seems to be almost a virtue in casting off people who don't think the 'right' way. We can condemn all too readily and often, it seems to me, quite unjustly. St. John said that whoever hates another human being is a murderer. That may sound over-dramatic, but the German Christian Dietrich Bonhoeffer said, "anger is always an attack on the neighbour's life, for it aims at their destruction," we can sometimes act as judge and jury. "We are passing judgment and that is like murder."

The top two commandments are to love God with all our hearts and our neighbours as ourselves. If we place our principles above our love for our neighbours, then our principles must have gone askew somewhere. Principles can only be worth fighting for if they are for the welfare of all. We can only fight for them by demonstrating how our principles show care for every life, human and non-human. St. Luke reports Jesus' words, "love your enemies, do good to those who hate you." We should embrace, not dismiss, our opponents.

We are privileged to live in a country where we have the right to freedom of speech, Under Article 10 of the Human Rights Act 1998, "everyone has the right to freedom of expression" in the UK. The law goes on to say that this freedom "may be subject to formalities, conditions, restrictions or penalties as are necessary in a democratic society." These conditions are summarized in the Human Rights Act of 1998

If we are to find ways to live together as a community, particularly in times when political divisions are so stark, we urgently need to find ways to accommodate difference. We need to rediscover a care for each other, recognising the sanctity of life and recovering a sense that the life and wellbeing of our neighbour is a higher claim on our moral priorities than our opinions or principles. Perhaps our starting point can be the prayer of St Francis of Assisi, "O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love."

Sheila

Church News & Local Events



Morland Mothers' Union

The July meeting will be held at 7.30 on Thursday 28th July in the Village Hall. Our speaker will be Kay Hall on the subject of "Being a Christian Doctor" Hostesses for the evening are Hardre and Sandy.

Visitors are always welcome to attend our meetings. Visitors fee is £3. There will be no meeting in August.

Bolton WI.

Both MU and WI do not hold formal meetings in July and August.

House Group The next meeting will be held on Tuesday the 5th of July at 2.p.m. at 1,Jackson Croft, Morland. There is no meeting planned for August .All are welcome. For further details ring 01931714455.

Great Strickland Village Hall Events 2022

Sunday 17th July - Village big Breakfast

Saturday 10th September - Steak Night (in aid of St Barnabas Church)

Friday 7th October - Mikron Theatre Company

Sunday 20th November - Other Lives Theatre Company (The Catch)

Follow us on Facebook @greatstrick to keep up to date on events

From our Registers



The marriage of **Andrew McWilliams** and **Charlotte Bradburn** took place in St. Peter Askham on Saturday 7th May 2022

The marriage of **Tom Stone** and **Jenny Webster** took place in St. Peter Askham on Saturday 14th May 2022

The marriage of **Michael Braithwaite** and **Joanne Barker** took place in All Saints Bolton on Saturday 21st May 2022

The marriage of **Michael Rees** and **Claire Little** took place in St. Peter Askham on Saturday 28th May 2022

The Baptism of **Freddie Robert Smith** took place in St. Lawrence Crosby Ravensworth on Sunday 1st May 2022.

The Baptism of **Edward Christopher Bromley** took place in All Saints Bolton on Saturday 23rd April 2022.

The Baptism of **Alice Elizabeth Errington** took place in St Michael Lowther on Saturday 16th April.

The funeral of **Doris Strong** took place in St Lawrence Morland on Thursday, 28th April

The funeral of **Kenneth Braithwaite** took place in All Saints Bolton on Thursday, 4th May

The funeral of **Don Clark** took place in St Lawrence Morland on Thursday, 8th May

The funeral of **Nancy Chappelhow** took place in St Lawrence Morland on Thursday, 12th May

The funeral of **Sylvia Beatham** took place in St. Lawrence Crosby Ravensworth Church on Thursday, 13th May

The funeral of **Joyce Bell** took place in St Lawrence Morland on Thursday, 14th May

The funeral of **Jane Blackie** took place in St. Lawrence Crosby Ravensworth Church on Thursday, 16th May

MORLAND PARISH COUNCIL

Working for you since 1894
morlandparishcouncil.org.uk

Parish Council update - The Parish Council met for their Annual Parish Council Meeting on May 9th 2022. A donation of £200 was agreed towards jubilee celebrations, with a further £200 donation from the Town's Fund. Councillor raised concerns over river and water pollution in the Parish, and it was agreed that the Clerk should raise these with the Environment Agency and the local MP.

Neighbourhood Development Plan – We are continuing to progress on the Neighbourhood Development Plan, having received some response from Eden District Council related to the final outstanding aspects of the plan.

Meeting -The Parish Council will hold its next Ordinary Meeting on **Monday July 11th 2022**, at 7.30pm at Morland Village Hall. Members of the press and public are welcome to attend. Agendas are available at least three working days prior to meetings, online and on village noticeboards, alongside meeting minutes. Parish Clerk: Mrs Lisa Beken, clerk@morlandparishcouncil.org, 07522 939 696 Councillors: Steve Wilson (Chair), Peter Taylor (Vice-Chair), Lesley Robson, Phil Hancock, Bob Brown, Dan Fitton, Paul Vines,

SPRING TO SEA CIC – We are connected to our oceans

Spring to Sea is Community Interest Company (CIC)* set up to tackle plastic pollution in our local area. The idea and work began clearing plastic from the River Lowther in Lock Down. It has been running for 2 years working with local volunteers, liaising with landowners and farmers in the Lowther and Lyvennet Valley. The last 2 years has shown there is an urgent need for this kind of direct action with a large amount of plastic out there which will pollute for a very long time indeed if not removed. Plastic pollution is a global crisis not being addressed swiftly enough. We need to stop irreversible micro plastic pollution getting into our soils, water and air!

IF YOU HATE SEEING PLASTIC POLLUTING OUR BECKS AND COUNTRYSIDE PLEASE COME JOIN US!!!

We are presently working on the many beautiful Becks of the Lyvennet but also go along the verges. It is absorbing and therapeutic. I stayed sane through Lock Down along the River Lowther and her becks !

If you want to get involved or
what you are already doing

Find us on [facebook.com/MorlandParish](https://www.facebook.com/MorlandParish)

let me know
about plastic/

litter please email Catriona Glendinning: cat_glendinning@yahoo.com

*A Community Interest Company in non-political and not for profit. Spring To Sea is as yet unfunded.



Morland Scarecrow trail winners 2022

1st Prize: “Wallace and Gromit”

Number 16 by Gill Ellington

2nd Prize: “Boris Johnston ‘there was no party’”

Number 2 by Mrs E Hayes

3rd Prize: “Mr McGregor and Peter Rabbit”

Number 6 by Jackie Hayhurst and family

A special mention to the “**King and Queen**” (18) by Carol and “**Queen Elizabeth**” (20) by Isla Griffiths and family which were so close to a prize!

The trail quiz winner is **Amelia Alderton**

Thanks to all for making the scarecrow trail so much fun this year!! Some fabulous entries! Thanks again to Kate at The Studio for her beautiful map and to the Studio and Mill Yard for helping sell them.

From the Morland School PTA Committee

Morland and Newby Village Fête and Jubilee BBQ

Thank you so much to everyone who helped make our village fête and jubilee celebrations a huge success! Weren't we lucky with the weather! Special thanks to Patti Dawson for her super organizing for the day and cooking in the evening; to The Studio Team - Kate Halliday, Jessica Boatright and Jenny Brook who worked tirelessly to bring colour and cheer to the day. Also Claire Lane who organized the wonderful scarecrow trail on behalf of Morland school PTA.

Thanks too to all those who helped run stalls and clear up at the end of the day, and to our valiant BBQ team. Enormous thanks to the members of MUGs who entertained us so brilliantly at the Jubilee BBQ (Galway Girl is my favourite, thank you), and to The Hoo - also fab!

Lastly, thanks to all of you who joined in - it wouldn't have been any fun without you!

I will let you know about money raised for church and school in the next newsletter.

What could be more important than saving a life?

Community First Responders for Morland, Bolton, Newby, Cliburn, Kings Meaburn, Great & Little Strickland and Surrounding Area

!!!!VOLUNTEERS URGENTLY NEEDED!!!!

Unfortunately Morland Area Community First Responders are desperately short of volunteers.

In remote communities like ours we can literally save lives by providing first aid to patients before the ambulance arrives.

In out of the way areas like ours it can sometimes take much longer for an ambulance to reach the patient and first responders get there first to provide potentially life saving help for the short time before the ambulance arrives.

You will receive excellent training from North West Ambulance Service and ongoing refresher training and excellent support from existing volunteers.

This is a very rewarding and interesting volunteering opportunity and you can volunteer for as many hours per month as is suitable for you.

If you are just starting out on your career or thinking about changing your career path this is an excellent addition to your CV.

- Minimum age 18
- Must hold a driving licence

If you are wondering whether this might be something that you could do then please don't hesitate to call **Dean on 07812 773407** or **Caroline on 01931 714971** for a chat, we can answer any questions you may have as we both have years of experience as CFR volunteers.



WEDDINGS

The Wedding season is upon us again! This year there will be a number of weddings across our parishes. You might want to come & cheer on the happy couples, or just lock them in until they pay up!!!

Date	Time	Venue	Couple
14th July	1:30	Lowther	Patrick Relph Jessica Hurst
28th July	1:30	Askham	Richard Dutchak Elixabeth Wilkinson
30th July		Askham	Alex Daley Jennifer Mc Hugh
6th August	1pm	Askham	George Bamber Kathryn Oldfield
3rd Sept.	1pm	Askham	Joe Brench Daney White
8th Sept.	3pm	Askham	Steven Glencross Charlotte Dickinson
15th Oct.	1pm	Lowther	Ruari Watt Sarah Patrick
5th Nov.	2pm	Askham	Luke Fannon Emily Whitfield

Caroline Hackney's Edinburgh Marathon Run

A huge "thank you" to all those who supported Caroline's Edinburgh Marathon run, through kind words of encouragement and sponsorship for the Strep B Support Group charity. She completed her first (and last!!!) marathon in 4hrs 20:48'. To date, she has raised £2,300 and your contributions have been gratefully received.

Thank you, again,

Jill and Roger Hackney

Tea, Coffee & Chat

Morland and Newby Village Hall

Every Thursday in term time

9:45am—11:00 am

All welcome

Come and join the chat.

Open to all ages.

Mums/Dads/Grandparents/carers/
singles -

Bring your babies and toddlers -

Come on your own -

Housebound? Ring for a lift.

01931 714238



Please come and join us.



MORLAND UKULELE GROUP

Meet Tuesday evenings 19:00 -21:00
at Morland Village Hall
(when available)

New members always welcome,
but please ring to check as we will
occasionally meet at an alternative
venue.

Contact Mark or Rachel
on 01931 714163

CREATIVE CHAT GROUP

This group has started by meeting every other week in Morland, and we would welcome any newcomers interested in doing something creative while in the company of others.

To begin with we are meeting at The Craft Room at Jasmine Cottage, where Sabine Wood lives. At present there is no charge, but you could bring a contribution of biscuits, tea, or coffee, if you wish.

You can do anything you want – bring sewing, knitting, painting/drawing, clay modelling, crochet, lace-making, quilting, card-making – anything! So far we have had Drawing, Lace-making, and Knitting. Everybody does their own thing. Also, you don't have to chat if you don't want to! And you don't have to attend every time. It is entirely flexible. A table is provided.

If you would like to join us, please register your interest with Suzie Balfour on: morlandgarden-flat@gmail.com I need to know how many will be coming so that I can organise a different venue if necessary. We look forward to hearing from you!

BOLTON OPEN GARDENS
(1.30 – 4.30 pm)

&
SCARECROW FESTIVAL
(12.00 – 4.30 pm)

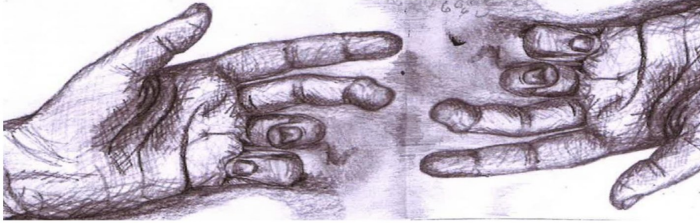
SUNDAY 10 JULY

Come and visit our village for a burger or hot dog before searching for the scarecrows. Then explore a number of open gardens and view classic vehicles in various locations. There will be plants for sale.

Tickets on sale at the memorial Hall
from 12.00 noon.

(Sorry, no dogs in the gardens)

**PLEASE CONTINUE TO JOIN TOGETHER HELPING
THE CARLISLE HOMELESS REFUGE**



A sincere thank you to everyone who has already given in response to this appeal. The kindness, generosity and support shown by so many people has been overwhelming.

If you haven't yet had a chance to help, you can still donate kitchen items such as :- washing up bowls, tea towels, cutlery, crockery, washing up liquid, surface cleaners, etc.

We will continue the collection until Palm Sunday, April 10th.

Please leave your contributions in the box on our drive at :-

1, Crown Inn Fields, Morland ... CA10 3EB

MANY THANKS

John and Margaret { Gore }.

HIVE GEOMETRIX EXHIBITION

Upfront Art Gallery, Nr. Penrith
CA11 9TG

Tues. 17th May – Sun. 3rd July
‘Honey Bees through the Seasons’ .
Paintings by Stephen Livingstone

Gardeners’ Question Time 19th June
See www.penrithbeekeepers.org
For tickets: Tel: 01768 894404
E mail: mr4cnr@gmail.com

**MORLAND
WALKING GROUP**

Monday 11th July

Meet at Village Hall for **10 am** with suitable clothing &c. for conditions on the day.

This is a circular walk starting at Dalemain up to Stainton and back via Dacre to Dalemain again. Bring a packed lunch. This walk will be led by David Flynn & Dot Campbell

Monday 8th August

Meet at Village Hall for **10 am** Bring a packed lunch. Parking in Shap and over the fields to Shap Abbey and back round by the concrete road. The walk will be led by Steve & Jackie Green.



The North Westmorland News is available via email!

Please send your name and email address to:

EditorNorthWestmorlandNews@outlook.com

Please make sure you leave enough room in your inbox for the Newsletter as if the remission ‘bounces’ , your address may be removed from future mailings.

1st Crosby Ravensworth Brownies

We are back on.

Any new girls that would like to come along for the evening are welcome.

Brownies is for girls aged 7-10. I would appreciate it if you could let me know in advance.

Why not come along, make new friends and have some fun. I look forward to seeing you there.

Jo Laverick (Guide Leader)

Message to all local event advertisers.

As printing costs for the North West-morland News have inevitably risen with the additional areas of distribution, we are trying to minimise the effects by reserving the right to reduce the size of any local (free) submissions when space is limited. In case you wish to lessen the chance of a significant reduction of your copy, a 'landscape' ad is less likely to be significantly shrunk than a 'portrait' version.

The earlier you submit your adverts, the more likely they are to be included and the closer to the front of the magazine they are likely to be.

We reserve the right to reformat free submissions to appropriately fit the available space.

Advertiser's Guide

When submitting a paid advert for inclusion in the newsletter please note:

- 1/4 page ads should be max A7 portrait in size (preferably 6.8 cm w x 9.4 cm h)
- 1/2 page ads should be max A6 landscape in size (preferably 13.8 cm w x 9.4 cm h)
- Full page ads should be max A5 portrait in size (preferably 13.8 cm w x 19cm h)
- The newsletter does not print in colour.
- We do not accept adverts over 350kb so that the newsletter is small enough to email, therefore please compress any pictures to reduce their size.
- Preferred file formats: Graphic files (.jpeg, .gif, .png), Publisher docs, Word docs.

Advertising Rates

1/4 Page ad per annum £70 per 1/2 year £38 per month £9

1/2 Page ad per annum £130 per 1/2 year £70 per month £15

Full Page ad per annum £220 per 1/2 year £120 per month £26

If you are interested in placing an advert please contact

Meg Hancock meghnc@btinternet.com 01931 714 432

Please support our advertisers:

they cover a large part of the cost of printing this magazine.

Local Grants Woodhead and Pennyfeather Charity

The objective of the charity is to help people living or working in the parish of Lowther who find that they are in need, by awarding small grants or by paying for items or services to help those people.

If you are in need, or know of anyone in need please contact the charity using this email address:

woodandpenny@gmail.com

Confidentiality is ensured.

EDEN ACTIVE FIT4ALL at Shap Memorial Hall Wednesdays 9.45 - 11.45am £3 per session All Welcome

Gentle activities designed to help you become more active in your older years in a friendly, sociable setting.

Details from the Old Courthouse, Shap

**Contact website for up to date
information re Covid-19**

www.theoldcourthouse.org

Tel: 01931 717539

St Michael's, Shap Great Garage/Table Sale & Open Gardens Trail Sunday 3rd July 1 - 4.30pm

Refreshments in church
Maps £2 available from Wed 29th June at
Second Chance Charity Shop, Abbey Kitchen
and Anderson News

SHAP FARMERS' & MAKERS' MARKET

9am - 2pm

Saturday 23rd July and 27th August
Food/Art/Craft stalls plus much more -
indoors and outdoors

at the Memorial Hall and The Old Courthouse

Music on the Terrace 1100 - 1300

23rd July - tbc 27th August - Appleby

Town Band

Please come and support us!

The Old Courthouse, Shap

Library Link and Exhibition opening times

Sun 2 - 5, Mon 10 - 1, Tue 2 - 5, Wed

CLOSED, Thu 2 - 5, Fri 2 - 5, Sat 10 - 12

(except on Market day)

25th June- 23rd July 'Gathering Place' A

collection of work by four Artists:

Suzanne Stuart Davies - Paintings and Textiles,
Rachel Phillimore - textiles, Sue Dunne -

Ceramics, Jennie Ashmore - Pressed Leaf Art

'Meet the Makers' 2nd July 11am - 2pm

'Leafworks' workshop with Jennie Ashmore,
10am - 4pm

30th July- 29th August 'Celebrating Fell Ponies' art exhibition, talks, workshops and special events to mark the centenary of the Fell Pony Society

Sat 30th July 7.00pm 'The Making of the Centenary Book' an evening with Sue Millard, Clive Richardson, Barbara Bell, Sarah Charlton

Sat 6th August 10am-4.30pm: Creating an Animal Portrait in Needlefelt with Jane Makes

Mon 8th August 1pm-4.30pm: Drawing a Fell pony in Charcoal with Alex Jakob-Whitworth

Thu 11th August 7.30pm: 'What to look for in judging a Fell pony' illustrated talk with Peter Boustead

Thu 18th August 1pm-4.30pm: Blacks (and Darks) without Black, how to paint a Fell pony with Alex Jakob-Whitworth

Limited places for all events, please book in advance. www.theoldcourthouse.org

Morland Area



WIN between £15 and £40 per month with better odds than the lottery?!!

Help to raise funds to maintain and continue to improve Morland Area Primary School.

Please fill out an application form in full and hand it in to Stacey Young, Julia Evans or drop it in the '100 Club' box in Morland School reception.

Membership Application Form

I wish to become a member of the **Morland Area '100 Club'**

Name: (Names if applying for more than one person).....

Address: (in full for prize payment)

Post Code: Phone No.:

Email: How many numbers would you like to enter in the monthly draw

I agree to be bound by the rules of the club, and confirm I am over 16 years of age.

Signed: Print: Date:

I wish to pay via monthly yearly standing order (please circle which)

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request

Morland 100 club winners May

1st. Prize: Ball 69: Jane Ullyar

2nd. Prize: Ball 17: Emma Williamson

3rd. Prize: Ball 66: Sam Blenkinsopp

Thank you to the 6th June 'Stars of the Week' pupils at Morland School for drawing the numbers and to everyone for their ongoing support with the club. We have raised over £1,700 for school so far!!

Interested in joining: £3 a number, paid every month and better odds of winning than the lottery. For further information email: pta@morlandarea.cumbria.sch.uk or ask in school for a form.

Current Available Numbers:

35, 46, 82, 90, 93, 94, 95, 96

Full Terms & Conditions available at

www.morlandarea.cumbria.sch.uk/topic/parents

or can be emailed on request

Please continue donating to our local food banks in Appleby (Sands Methodist Church) and Penrith. (Salvation Army) Many more families are still finding it hard to manage through this difficult time.



FOOD DRIVE

Lowther Endowed School

'Stay and Play' sessions

Supervised by a member of the teaching staff
All pre-school children are welcome to attend.

Check school website



Affected by Cancer?

APPLEBY & DISTRICT CANCER SUPPORT GROUP

Invite you to

Come for Coffee

Open to all in Eden district



Chat in confidence with others
going through tough times

Also on offer:
Light exercise

We Meet

- Every 1st & 3rd Monday of each month
(except Bank Holidays)
- in The Bennett Room The Hub
Chapel Street Appleby CA16 6QR
- ~10 am - 12 noon

Further Info, Phone

- ~ **Rosie on 017683 52263** or
- ~ **Jackie on 017683 52277**

Great Strickland Village Hall

BIG Breakfast

Sunday 17th July 2022

From 10.30am - 1.00pm

Full English plus tea/coffee/
fruit juice with vegetarian
option available

All welcome

GO ON - MAKE SOMEONE'S DAY!

Do you have any toys that are unwanted?

Family Support are already collecting for Christmas 2022, and would be grateful for any donations of new or nearly new toys for boys and girls of all ages (no guns or war games, please).

In December, these will be passed on to children whose families are unable to spare the money to buy them toys. YOU could make a child's Christmas really special this year by passing on an unwanted toy.

Please email John Bass if you can help
johnisobelbass@gmail.com

Do you care?

If so Eden Carers may be able to help you. We are a charity providing free support throughout Eden to unpaid Carers who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). We provide statutory carers assessments: information and sign-posting; 1 to 1 support; benefit information; newsletters, support groups - including after school clubs for Young Carers; social events; training and activities.

Contact us on: 01768 890280 or
enquiries@edencarers.co.uk

Let us help you care.

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The Strickland Arms

Great Strickland
Penrith, Cumbria
CA10 3DF

Tel. 01931 712238

Email: stricklandarmspenrith@hotmail.co.uk



Anton & Penny

Welcome you to The Strickland Arms

'The Warmest, Friendliest Pub in the Eden Valley'

We believe The Strickland Arms is a

'pub of character & distinction at the heart of the village community'

Our Pub consists of a Bar, Dining Room, Wiggo's Barn,
Terrace and Beer Garden

We have an extensive Menu with Real Ales on tap

We have 2 double en-suite B&B rooms in the pub ...

Plus:

LogYurt

En-suite with twin beds or a super king-sized
bed and 2 sets of bunks - sleeps up to 6 people

Dolly's LogByre

En-suite with twin beds or a super king-sized
bed and 2 sets of bunks - sleeps up to 6 people

Lina's LogByre

En-suite with twin beds or a super king-sized
bed and 2 sets of bunks - sleeps up to 6 people



We have traditional wooden seating and tables in our secluded beer garden & on our terraced front

We provide FREE superfast broadband WIFI ...

We welcome walkers, cyclists, families, dogs and everyone else if you are well trained and behaved ...

Our Menu is available online at www.thestricklandarms.co.uk

Covid-19 'Open Hours' from 5pm until 10pm every day of the week

We serve food from 5pm until 9pm every day of the week



DO YOU HAVE PROPERTY WE COULD BUY?

A local, 2 generation family are looking to live Ideally in 2 separate properties close by, or potential to convert an adjacent barn or to split one large property into two

Must have good sized garden or land - All properties considered

Good for you

We are chain free and can move quickly if required
No estate agent's fees, which can be 1 - 1.5% + VAT of the sales value

Good for us

We will gain much needed space, continue to live and work in an area we love and **be able to look out for each other**

For a no obligation chat, please call Kevin or Ann on 07812 129599
Or email – homefolk57@gmail.com

Cumbria County Council



Need help
with
transport?

Voluntary Social Car Scheme

SHAP - TEBAY - ORTON



The Voluntary Car Scheme

provides transport to Cumbrian residents of any age (under 18's must be accompanied by an adult) who cannot make their journey by public or private transport.

Typical journeys include getting to the shops, doctors, dentists, making public transport connections and visiting friends.

Passengers pay a contribution towards the cost of the transport. If two people or more travel then the fare is shared between them.

If you would like to make use of this service or are interested in driving for the scheme, please contact:

DENNIS ON 015396 26052



Community Transport initiatives available through Cumbria County Council

- Voluntary Car Scheme
- Rural Wheels
- Community Wheels
- Village Wheels
- Community Minibus Sharing Scheme

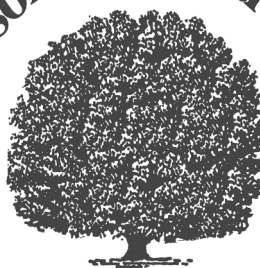
For more information contact: 0333 240 69 65 (option 5)

[facebook.com/Cumbriacc](https://www.facebook.com/Cumbriacc)

Serving the people of Cumbria

cumbria.gov.uk/voluntarycarscheme

Richardsons Funeral Directors



est. 1852

Funeral arrangements with
a professional, friendly service

24 Hours a day

Tel: 01768 891189

www.funeraldirectorspenrith.co.uk

3 Dads Walking - UK2022

Raising Suicide Awareness Across the Country One Step at a Time

Many people in our community came out to support me, Mike and Tim in 2021 when we walked over 300 miles in memory of our daughters, Sophie, Beth and Emily, who all took their own lives. We walked to raise awareness of suicide prevention and of PAPYRUS Prevention of Young Suicide.

Our walk had significantly more impact than we could ever have imagined, we raised over £800,000 and it encouraged people across the UK to talk openly about suicide and suicide prevention.

This autumn we are going to walk again. Why go for another walk?

- To continue to raise life-saving funds. We are close to raising £1,000,000 for PAPYRUS, we can't stop now.
- To provide a focus for continuing the conversation with Government about embedding suicide prevention in the school curriculum.
- To meet more people who all have their own personal devastating stories around the loss of a loved one to suicide and who want to join us in highlighting our suicide prevention message.

We will begin 3 Dads Walking UK 2022 at Stormont in Northern Ireland on September 9th. We are walking between all the parliaments in the UK and will finish at Westminster on October 10th.

We will be walking through Cumbria between the 14th to 18th September, we finish September 16th in Shap. Please come out to support us if you can.

Suicide is the biggest killer of young people under 35 in the UK. PAPYRUS believes that many young suicides are preventable. They operate HOPE-LINEUK, a confidential call, text, and email helpline for young people with thoughts of suicide or those concerned about a young person who may have thoughts of suicide. Every £5 raised can help pay for a potentially life-saving contact to HOPELINEUK from a young person wanting to stay safe from their thoughts of suicide.

For more information visit www.3dadswalking.uk

Thank you
Andy Airey
Morland



Up and About
Cumbria standing
strong against falls

Take Positive Steps to Avoid Trips and Falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to aging is not inevitable, there are simple things we can do to minimize risk.

- **Get regular exercise** to improve strength, fitness and balance.
- **Have your eyes and hearing checked.** Vision and hearing play a vital role in balance and movement.
- **Ask your pharmacist or GP for an annual medication review.** Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.
- **Look after your feet.** Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.
- **Make sure you get enough calcium and vitamin D** to keep bones strong.
- **Check your homes for trip hazards.** Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn't mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

If you do have a fall or feel at risk of one, tell your GP

For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail sara.bradley@ageukcarlisleandeden.org.uk

FELLRUNNER EXCURSIONS 2022

For the people living in the North Westmorland group of parishes and surrounding areas, The Fellrunner Village Bus Group have again kindly offered to provide a 16 seat bus for community use this year, and a list of the proposed trips is given below. If you would like to make a booking, please contact Mike Roulson on 01931 714457 to enquire if seats are available. Please note that for some visits there will be an entrance charge payable as well as the bus fare.

All trips this year will be subject to the latest Government guidance regarding Covid 19 and may be cancelled or changed at short notice. If social distancing still has to be maintained then only 10 passengers will be able to travel on the day so prior booking is essential.

9 July.....Brantwood nr. Coniston, the home of John Ruskin one of England's most important social and cultural figures. A house filled with paintings and personal treasures. Magnificent gardens and views over Coniston Water.

6 August....Dumfries House. Set in 2000 acres this stunning estate and 18th C house with its unrivalled collection of Chippendale furniture. Timed group entry only to the house.

3 September.....The Devil's Porridge Museum nr Gretna. "An explosive war-time experience". Learn about the people who made some of the armaments for the 2 world wars, followed by a visit to Kirkcudbright.

8 OctoberSkipton, a lovely small town in Yorkshire with a good market.

29 October....The Albert Dock complex, Liverpool. Take in the sights and sounds of this famous city....ferry across the Mersey perhaps !!

26 November.....Ulverston Dickensian Festival...This date has now been confirmed by the organisers.

10 December....Houghton Hall, a garden centre but much more, a destination to continue with your Christmas shopping.

CROSBY RAVENSWORTH SHOW'S 150th YEAR

The 150th Crosby Ravensworth Show planned for 25th August 2022 has been talked about for a number of years with ideas being filed from previous meetings to be filtered through as the event came closer.

Crosby Ravensworth show was first started in 1856 as a flower show, this was the first village show in Westmorland. By 1875 the show had grown to be a full blown "Floral and Horticultural Society" with vegetables and flowers displayed in large marquees. In later years poultry classes were introduced along with root and corn crops. After the war years the show was revived in 1948 when horses, cattle, sheep and horticulture were the main classes. The year 2002 saw the vintage section introduced which has been very popular.

.Following the successful covid cautious 2021 show, with no industrial classes, attendees agreed to hold a similar event in 2022 but with the addition of a small marquee for industrial and horticultural classes. A spokesman said a handful of volunteers have come forward to plan the show, it's highly likely that the community are unaware that 2022 is the year to celebrate the 150th show, where prize winners will be awarded the special rosettes and prize tickets. Covid 19 has, however, thrown the enthusiasm out of sync with momentum being lost and less volunteers turning up to the planning meetings. At a recent meeting it was agreed to hold a scaled back version of what had been originally planned, with commemorative rosettes and prize tickets to mark the occasion

Sadly with no show secretary, we are seeking out volunteers to help on show day and asking the committee members to take on more responsibility for certain section of the show. Offers of help have come forward but volunteers have made it clear this is only a temporary solution.

Meetings were held on 4th May and 8th June to discuss the situation, but although very well supported with entries, our show has struggled for committee members and helpers. As it stands at present we do not have a secretary. If anyone fancies a low paid job, this would be very helpful!

The next meeting will be in Crosby Ravensworth Village Hall on 5th July at 7:30. All are most welcome to discuss the Commemorative Show and any further ideas.

**For further information or offers of help, please
contact the Chairman, Brian Bowness on 01931 715239**

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The Members Of Askham PCC

...would love to welcome you to
come and visit our beautiful
Church, and see our lovely new
new windows. The three facing the
road are now completely finished,
but we are still waiting for the lead
to be delivered to start the next
section of the program.

Anyone wanting any infor-
mation about these win-
dows please contact Juliet
on. 01931 712 936. She will be
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you may have.

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Open meeting

The Windermere Boys

A talk by Trevor Avery BEM

Director of the Lake District Holocaust Project

The story of the 300 child Holocaust survivors welcomed into their community by the people of Lakeland in 1945.

Trevor has featured in many national TV and radio programmes. He was an advisor on the 2020 Warner Bros drama The Windermere Children, the Robert Rinder BAFTA award winning Who Do You Think You Are in 2019, and the Windermere Boys documentary on BBC Radio Four.

Thursday 9th June at 7.30pm

Morland Village Hall CA10 3AS

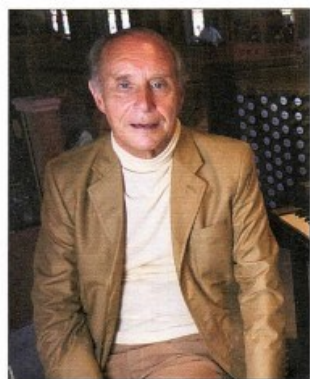
Everyone welcome

Entry £3 to include refreshments

St Lawrence's Church
Appleby



Celebrity Organ Recital



David Price

(Pattaya, Thailand)

Saturday, July 2nd at 7.00pm

Tickets: £8.00 (*adults*) **£4.00** (*students*) **£20.00** (*family*)
(includes canapés and drinks)

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Heart of Westmorland



Bereavement Support Group

meets at

The Hub Cafe in Appleby
on the 1st Monday each month
2-4pm



This is an informal group and anyone who has suffered the loss of someone close to them either recently or some time ago, is invited.

We do not follow a programme and will not offer counselling— simply the opportunity to talk about what is on your mind and share your feelings with others who may have felt the same. Grief affects everyone in different ways and a support group doesn't appeal to everyone, but if you feel the need to chat over a cup of tea and a biscuit, please come along.

For further information, please contact

Rev'd Sandy Pearl – 01931 714564

Kevin Robinson – 07801068121

	Askham with Lowther	Bolton
July 3rd Thomas the Apostle	11.00 Family Worship Lay led Is.66:10-14 Luke 10:1-11, 16-20.	9.15 Family Communion JHB Gal. 6:7-16 Luke 10:1-11, 16-20.
July 10th 4th after Trinity	11.00 Joint Holy Communion (Morland) JHB Col.1:1-14 Luke 10:25-37	
July 17th 5th after Trinity	11.00 Morning Worship SRP Gen.18:1-10a Luke 10:38-42	6.30 Taize service SRP Gen.18:1-10a Luke 10:38-42
July 24th 6th after Trinity	11.00 Holy Communion SPC Col.2:6-15 Luke 11:1-13	9.15 Family Communion JHB Col.2:6-15 Luke 11:1-13
July 31st 7th after Trinity	11.00 Joint Holy Communion (Askham) SPC Col.3:1-11 Luke 12:13-21	

KEY:

SPC	Rev'd Sheila Clark
SRP	Rev'd Sandy Pearl;
JHB	Rt. Rev'd James Bell;
AJH	Rev'd Alun Hurd;
KMcB	Rev'd Kenneth Boyd;(Church of Scotland)
JBetts	Rev'd Jackie Betts (Methodist)
DGJ	David Jones,
AJS	Rev'd Andrew Sterling (Methodist)
JWR	Rev'd Jon Russell

Services labelled "Family Communion" are in a modernised format.

Children are welcome at all our services; and activities will be provided where you see this symbol.



Cliburn	Crosby Ravensworth
	11.00 Holy Communion AJH Gal. 6:7-16 Luke 10:1-11, 16-20.
11.00 Joint Holy Communion (Morland) JHB Col.1:1-14 Luke 10:25-37	
11.00 Holy Communion SPC Col.1:15-28 Luke 10:38-42	
	11.00 Holy Communion JHB Col.2:6-15 Luke 11:1-13
11.00 Joint Holy Communion (Askham) SPC Col.3:1-11 Luke 12:13-21	

St Wilfrids, Brougham,

Midweek Holy Communion

is celebrated in Morland Church
on Wednesdays at 10.00am.
*This is a quiet, said service, an
uplifting and refreshing break
from daily duties.*
Come and join us!

	Clifton & Brougham	Great Strickland
July 3rd Thomas the Apostle	9.15 Holy Communion Clifton SPC Gal. 6:7-16 Luke 10:1-11, 16-20.	11.00 Holy Communion JWR Gal. 6:7-16 Luke 10:1-11, 16-20.
July 10th 4th after Trinity	11.00 Joint Holy Communion (Morland) JHB Col.1:1-14 Luke 10:25-37	
July 17th 5th after Trinity	3pm BCP Evensong Ninekirks Lay led Alex B Gen.18:1-10a Luke 10:38-4	
July 24th 6th after Trinity		
July 31st 7th after Trinity	11.00 Joint Holy Communion (Askham) SPC Col.3:1-11 Luke 12:13-21	11.00 Informal Service Lay led Eccles.1:2,12-14; 2:18-23 Luke 12:13-21

KEY:

SPC	Rev'd Sheila Clark
SRP	Rev'd Sandy Pearl;
JHB	Rt. Rev'd James Bell;
AJH	Rev'd Alun Hurd;
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Morland	Thrimby	Kings Meaburn Chapel (Readings)
11.00 Holy Communion SPC Gal. 6:7-16 Luke 10:1-11, 16-20.	11.00 Morning Prayer Lay led Is.66:10-14 Luke 10:1-11, 16-20.	2 Kings 5:1-14 and Psalm 30, Isaiah 66:10 -14 and Psalm 66:1-9, Galatians 6:(1-6), 7-16, Luke 10:1-11, 16-20
11.00 Joint Holy Communion (Morland) JHB Col.1:1-14 Luke 10:25-37		Amos 7:7-17 and Psalm 82, Deuteronomy 30:9 -14 and Psalm 25:1-10 Colossians 1:1-14, Luke 10:25-37
11.00 Messy Church Village Hall Gen.18:1-10a Luke 10:38-42	11.00 Morning Prayer Lay led Gen.18:1-10a Luke 10:38-42	Amos 8:1-12 and Psalm 52, Genesis 18:1-10a and Psalm 15, Colos- sians 1:15-28, Luke 10:38-42
11.00 Morning Worship DGJ Gen.18:20-32 Luke 11:1-13		Hosea 1:2-10 and Psalm 85, Genesis 18:20-32 and Psalm 138, Colossians 2:6-15, (16-19), Luke 11:1-13
11.00 Joint Holy Communion (Askham) SPC Col.3:1-11 Luke 12:13-21		Hosea 11:1-11 and Psalm 107:1-9, 43, Ec- clesiastes 1:2, 12-14; 2:18-23 and Psalm 49:1 -12, Colossians 3:1-11, Luke 12:13-21

St Wilfrids, Brougham

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Come and join us!

	Askham	Bolton
August 7th 8th after Trinity	11.00 Family Worship SRP Gen.15:1-6 Luke 12:32-4	9.15 Family Communion JHB Heb.11:1-3, 8-16 Luke 12:32-40
August 14th 9th after Trinity	11.00 Joint Holy Communion (Bolton) JHB Heb.11.29-12.2 Luke 12:49-56	
August 21st 10th after Trinity	11.00 Holy Communion JHB Heb.12:18-29 Luke 13:10-17	9.15 Morning Prayer Lay Led Is.58:9b-14 Luke 13:10-17
August 28th 11th after Trinity	11.00 Holy Communion SPC Heb.13:1-8,15-16 Luke 14:1,7-14	9.15 Family Communion JHB Heb.13:1-8,15-16 Luke 14:1,7-14

KEY:

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JHB	Rt. Rev'd James Bell;
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Cliburn	Crosby Ravensworth
	11.00 Holy Communion JHB Heb.11:1-3, 8-16 Luke 12:32-40
11.00 Joint Holy Communion (Bolton) JHB Heb.11.29-12.2 Luke 12:49-56	
11.00 Holy Communion SPC Heb.12:18-29 Luke 13:10-17	6.30 Evening Prayer DGJ Is.58:9b-14 Luke 13:10-17
	11.00 Holy Communion AJH Heb.13:1-8,15-16 Luke 14:1,7-14

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	Clifton and Brougham	Great Strickland
August 7th 8th after Trinity	9.15 Holy Communion Clifton SPC Heb. 11:1-3, 8-16 Luke 12:32-40	11.00 Holy Communion AJH Heb.11:1-3, 8-16 Luke 12:32-40
August 14th 9th after Trinity	11.00 Joint Holy Communion (Bolton) JHB	
August 21st 10th after Trinity	3pm BCP Evensong Ninekirks Lay led (Sarah H) Is.58:9b-14 Luke 13:10-17	
August 28th 11th after Trinity		11.00 Morning Worship SRP Eccles.10:12-18 Luke 14:1,7-14

KEY:

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Morland	Thrimby	Kings Meaburn Chapel (Readings)
10.45 Holy Communion (Choir Camp) SPC Heb.11:1-3, 8-16 Luke 12:32-40	11.00 Morning Prayer er Lay led Gen.15:1-6 Luke 12:32-40	Isaiah 1:1, 10-20 and Psalm 50:1-8, 22-23, Genesis 15:1-6 and Psalm 33:12-22, He- brews 11:1-3, 8-16, Luke 12:32-40
11.00 Joint Holy Communion (Bolton) JHB JHB Heb.11.29-12.2 Luke 12:49-56		Isaiah 5:1-7 and Psalm 80:1-2, 8-19, Jeremiah 23:23-29 and Psalm 82 Hebrews 11:29-12:2, Luke 12:49-56
11.00 Messy Church Village Hall Is.58:9b-14 Luke 13:10-17		Jeremiah 1:4-10 and Psalm 71:1-6, Isaiah 58:9b-14 and Psalm 103:1-8 Hebrews 12:18- 29, Luke 13:10-17
11.00 Holy Communion JHB Heb.13:1-8,15-16 Luke 14:1,7-14	9.30 Morning Prayer Lay led Eccles.10:12-18 Luke 14:1,7-14	Jeremiah 2:4-13 and Psalm 81:1, 10-16, Prov- erbs 25:6-7 and Psalm 112 Hebrews 13:1-8, 15 -16, Luke 14:1, 7-14

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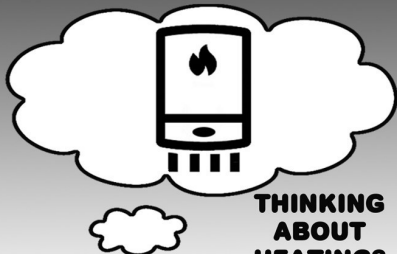
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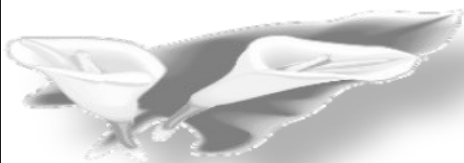
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I hope to be able to meet you soon.

Mary-Anne

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Can you swim a width? Do you want to have fun and improve your swimming technique? We meet weekly at Appleby Swimming pool during term time. On a Thursday evening starting at 6.30 – 7.00; 7.00 – 7.45 and 7.45 – 8.45, depending on your ability.

3 taster sessions are offered, and if you decide to continue, the cost is £38 per term. Everyone is welcome including adults, who are welcome to attend the 7.45pm session to improve their stroke and stamina.

Volunteers to help on the pool side are welcomed and training is provided.

For more information come to Appleby Swimming pool on a Thursday evening or email us on, applebysclub@hotmail.co.uk telephone Liz Morgan 015396 23068

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Bowber Head Hay Meadows and Heritage Exhibition ; Sat 2nd July to Sunday 10th July

Walk on self-guided walks through fabulous upland hay meadows and visit the exhibition in the barn of hay time heritage photographs, wildflower photographic images, films and memorabilia. This is a superb opportunity to find out more about our farming heritage and wildflowers. The site will be open every day throughout the week from 10:00am – 4:00pm with bookable guided walks, bee ID walks and family activities. Bowber Head Farm is located just outside Ravenstonedale and is Cumbria Wildlife Trust newest reserve.

<https://www.cumbriawildlifetrust.org.uk/nature-reserves/bowber-head-farm>

Marvellous meadows- Children's Wildlife Safari; Sunday 3rd July,

A meadow safari for children on Cumbria Wildlife Trusts newest reserve from 1pm- 3:30pm. Hunt for wildflowers and minibeasts in a glorious hay meadow with a sprinkling of sensory games, activities and stream dipping. Bookable event.

National Hay Meadows Day; Sat 2nd July,

Drop in for self-guided and guided walks from 10:00am – 4:00pm at Piper Hole Farm, Ravenstonedale managed by farmer 'Frank Hunter'. Tea and cake! These are some of Cumbria's finest upland hay meadows . These traditional hay meadows boast a breath taking display of wildflowers at this time of the year. <https://www.piperholegoatfarm.co.uk/>

For further information about these events please visit our events page on our website: www.thewestmorlanddales.org.uk or email Nicola Estill from the Westmorland Dales Landscape Partnership Scheme: nicola-estill@fld.org.uk

All Saints, Bolton is in desperate need of either a PCC secretary or a treasurer.

We are losing our current treasurer soon.

Our secretary is willing to take over this role but only if someone else will take on the secretarial role

Someone please help!

ACROSS

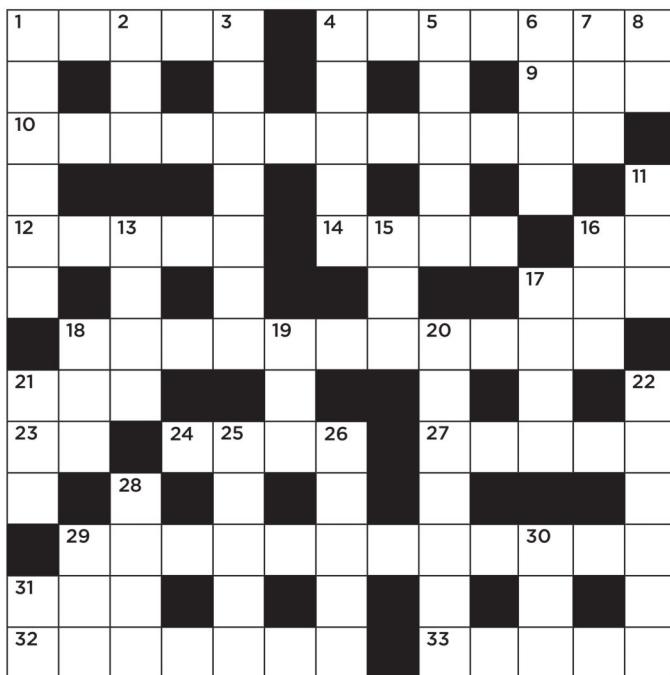
1. Fork point
4. Heartthrob doctor of TV and old movies
9. Anderson Cooper's network
10. Adventurous archaeologist
12. Implant
14. Not ___ many words
16. 2017 horror hit
17. English rock band of "Evil Woman" fame
18. Doctor in a 1960s Cold War satire
21. Scrooge expletive
23. Former love
24. In the thick of

27. Dark drinks
29. Teenage sitcom doctor
31. Paddle
32. Doctor who loved Lara
33. Fallon or Stewart, for example

DOWN

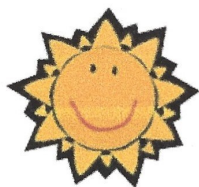
1. "Abominable" doctor played by Vincent Price
2. Ancient
3. Nana
4. Military clothing color
5. Motor City gridlers
6. King toppers
7. These pros help you heal
8. 14th letter
11. School org.

13. This as well as that
15. Originally called
16. ___-de-France
17. Doctor who hates Austin Powers
18. Boots Randolph instrument
19. Rapa ___ (aka Easter Island)
20. Rapper and *NCIS: Los Angeles* actor
21. Panhandle
22. Fish-eating hawk
25. _____ Carta
26. San _____
28. Tabloid fave Spelling
29. Lah-de-_____
30. America's uncle
31. TV talk show doctor



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Unfortunately, due to lack of space, I can't show the answers to the crossword in the last issue. Hopefully, there will be room in the next issue for the solutions for both of these crosswords to be shown! Apologies. Ed.



WELCOME SUMMER

C X A G N B H R C I Y J D L M K R A P E M E H T
A A T E P A R T I E S V F R U G A D H B T I J N
M L R H J W K K E Y S E I L F E R I F B L E U K
P B M N T K E O Y F P O U Q I W X R I H F S M O
I L D V I C E C R E A M R X S D W Y R G L Y P Z
N A P B O V C G P D S H E R H F S S E G I V R H
G R P H U L A H O O P S I J I J J A W K P H O L
M O D N A O F L O P G Q J R N S K N O T F U P V
W L F X P Y J Z L A A W E S G B L D R C L P E D
E L H F J G O H X I Q J W E K R L A K G O M H N
O E B S P C A U G U S T Q I C R X L S U P Z T M
V R G U H T D E R T H J K V L O H S B T S D R G
D C H N R V J T N C H A R O M H R L E E D E A F
P O P S I C L E S T T Y U M O Y L K K C I N H G
E A X C C W E T Y K C S G N A E M I E F A H A Q
S S T R N O N N E G H W O E V X B P A R A D E S
H T U E A D J U L Y R I B J R K E Y M M G H E V
A E S E T D F F Q W T M E R E T A Y U I H S O P
A R S N A D F G H A J M K L L Z C X C V S B N S
M Q W E L R T U C T I I O P K A H S D A A F G C
H J K L I Z X A C V B N N M N Q R W L E L N U I
R T Y E E U V I O P A G S D I F G G H J P A J N
Z X N C V B N F D H J T R H R J N K L E S G W C
I U E R K S E N O C W O N S P U P C I H G E W I
J W H C O O K O U T S W E E S D L K I J F M D P

AUGUST
BEACH
BIKES
CAMPING
CARNIVAL
COOKOUTS
FIREFLIES
FIREWORKS
FISHING
FLIPFLOPS

FUN
HULA HOOPS
ICE CREAM
JULY
JUMPROPE
JUNE
MOVIES
PARADES
PARTIES
PICNICS
POOL

POPSICLES
ROLLERCOASTER
SANDALS
SPLASH
SPRINKLER
SNOWCONES
SUNGLASSES
SUNSCREEN
SWIMMING
THEME PARK
VACATION

Summer Find and Colour

Find the following items and colour them in!

- | | |
|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
|  1 swimsuit with spots on it |  6 crabs |
|  2 pineapples |  7 sun hats |
|  3 sea gulls |  8 starfish |
|  4 boats |  9 beach balls |
|  5 beach umbrellas |  10 suns |

What else can you find??



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ABOUT A CENTURY SINCE.....

From "The Herald" in 1922

The weather in July, 1922 was wet for the first half, then fine and warm.

Mr Isaac Wilkinson, County Accountant of Cumberland County Council, died at home in Stanwix on Monday 3rd July. He had been born and bred in **Maulds Meaburn**, and began work as a clerk in Arnison's solicitors, **Penrith**. He moved to Carlisle in 1880 as a clerk in the Finance Department. A widower, he had three sons (one Missing in the War) and one daughter. He was quiet and unsociable and reached the peak of his career in 1911.

Bolton School's Trip was on Friday 7th July, in motor charabancs hired from Armstrong & Siddle, Penrith. They went to Keswick, Cockermouth, Maryport, Allonby, Silloth, Carlisle, Penrith and then returned to Bolton at 11:30 p.m. The weather was fine, and the trip was financed by a Rummage Sale, Supper and Whist Drive, all held in June.

Crosby Ravensworth W.D.'s monthly meeting in mid-July was at Flass, to hear a report on the London HQ meeting.

The Westmorland County Council's County Surveyor was sent to see if Bysteads Ford and Newby Head's Ford in **Morland** needed to have separate bridges.

The Rural District Council gave a vote of condolence to Cllr. R.J. Todd of **Crosby Ravensworth**, now a widower. His wife, Elizabeth Hane, died on 2nd July at Crosby Ravensworth Hall, aged 54.

According to Bradshaw, there were no buses in the area in 1922, There were 4 trains daily on the LNWR between Clifton and Lowther, with a single train on Sundays. For journeying to London, there were five trains daily from Clifton and Lowther, but none on Sundays. Alternatively, travelling to Darlington, there were trains from Clifton and Cliburn 5 times daily, with a single service on Sundays. If travelling to Penrith, there were five services from Cliburn and Clifton daily, but none on Sundays. The fares were still high at 1½d. per mile (approx. 90p per mile now), having been raised at the start of World War I. Freight was becoming cheaper, as the rates were cut at the start of July, 1922. (*The train journey from Penrith to London is around 304 miles, so at those rates would have cost the equivalent of £273.60 each way, as opposed to current fares of £84.60 off-peak or £194.60 for anytime travel. Ed.*)

Many thanks to Jeremy Godwin for researching and submitting the facts

Dates For The July/August Diary!

JULY

2nd	David Price Organ Recital	40
&	Meet the Makers	11
3rd	Last Day Upfront Gallery Exhibition	9
&	St Michael's Shap Open Gardens Trail	11
5th	Crosby Ravensworth Show Meeting	20
9th	Fellrunner Trip to Brantwood near Consiton	19
&	"The Windermere Boys" Talk	23
10th	Bolton Open Gardens & Scarecrow Festival	8
11th	Morland Parish Council Open meeting	4
&	Morland Walking Group	9
17th	Great Strickland Big Breakfast	14
23rd	Shap Farmers' Market	11
&	End of Shap's "Gathering Place" Exhibition	11
28th	Morland MU Meeting	2
30th	Start of "Celebrating Fell Ponies" Exhibition	11
&	The Making of the Centenary Book	11

AUGUST

6th	Fellrunner Trip to Dumfries House	19
&	Creating an Animal Portrait in Needlefelt	11
8th	Morland Walking Group	9
&	Drawing a Fell Pony in Charcoal	
11th	What to Look for when Judging a Fell Pony	11
18th	How to Paint a Fell Pony	11
20th	Social Evening at Shap with Fell Pony Enthusiasts	
27th	Shap Farmers' Market	11

THE LAST WORD...

Well, that was quite a marathon! The factor I have been most aware of this month has been space - or rather, the lack of it! Cramming two months' worth of activities into a slightly larger than normal issue has been somewhat challenging, and I apologise if in places the size of the font is smaller than usual. I hope you have your magnifying glasses ready!

The nicest part of the issue has been the number of reports I have been sent of events that have happened around our villages. It is good to read about all the things that are going on that make our communities so rich and vibrant. A sure sign that villages are beginning to emerge from the enforced restrictions imposed by Covid over the last few years.

Unfortunately, if we are to continue to revive our traditions, we need people to come to the fore to help to run events, administer clubs and societies, and generally make things happen. There is a malaise striking many areas akin to apathy, which makes folk reluctant to commit to joining or helping out. Oddly enough, voluntary work is often far more fulfilling than people realise. It gives a sense of belonging and involvement, and the satisfaction felt when something you have been part of succeeds is immeasurable. So go on, join something, help with something, visit an event - you'll get far more out of it than you put in!

EditorNorthWestmorlandNews@outlook.com

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The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

As soon as one Newsletter goes to press, we start on the next, so please send material for the next issue

7th August at the very latest.

Material by email please to EditorNorthWestmorlandNews@outlook.com