

June 2022

North Westmorland News

Group website:

www.northwestmorlandchurches.org.uk



*To love Christ and
make Him known*

Inside:

Comment 1
Church News ... 2
Index..... 50
Church Services 23-26
Diary Dates.....49



**Welcome to the June 22 issue
of North Westmorland News
Please send all future copy for
JULY AND AUGUST to:**

EditorNorthWestmorlandNews@outlook.com

Latest date for copy: 7th June

Notes From Newby End Farm

By the time you read this, I hope that we will all have enjoyed the Platinum Jubilee celebrations, and I hope that it might have crossed our minds how much we have missed out on such things for the last two years.

Lots of events and activities are now coming back to life, but I do notice that in many of these, numbers are still down. Some people, of course, have good reason to be cautious, but there's probably another reason: we have just got out of the habit. This thought has been prompted by Mike Roulson's piece in the last North Westmorland News about the low uptake for Fellrunner, and how the service might become unviable if it doesn't get its old customers back – and possibly some new ones as well. Fellrunner has been a lifeline for many people for a very long time. I've been here long enough to remember its beginning, where it was started by the enthusiasm of Rev Philip Canham over on the Fellside.

This slow return of numbers has certainly happened in the case of various things I am involved with, whether it is church or singing or dancing; or whether it is Choir Camp or Taste of Morland or our events here at Newby End Farm. Those who have returned to all of these things have realised how much they have missed the activity and the social interaction. We've almost forgotten how good it is to get together and share our common interest, not to mention the general chat over a cup of tea. So I wonder whether we can all think back two years and remind ourselves how much we enjoyed and benefited from our interests and activities, our regular meetings and cups of tea. And we might also remember that when we had some sort of problem or worry, we were able to share it with a good friend and the sharing was a good way of disposing of it.

Let's all get back to the things we enjoy and care about. We could even try something new – a Book Group, perhaps, if that is new to you, or indoor bowls, or anything else that takes your fancy. You could put a note in this newsletter or on Facebook to see whether anybody else would like to join you. And since this is a church newsletter – though very much for everybody, churchgoer or not – you won't be surprised that I am encouraging you to come back to church if that is a habit that has slipped away from you. I do send out to those who ask for it a weekly update of church news. If you would like to be added to the mailing list, please ask me to do that for you.

[\(david@newbyendfarm.co.uk\)](mailto:david@newbyendfarm.co.uk)

David

Church News & Local Events



Morland Mothers' Union ---On Thursday 23rd June our MU members will be going on an outing to Hexham, when Mike Roulson will be driving the Fellrunner bus. This outing is instead of our usual meeting, and members have been contacted to book a place on the bus. There may be a few spare places--Please contact Eileen on 714457 to check. Margaret Gore (Branch Leader)

Bolton Mothers' Union have a crafty afternoon at Bolton Memorial Hall on June 20th at 2pm. The Action and Outreach Co-ordinator, Daphne Sisson, will help us to make various articles for premature babies and the Sailors Mission amongst others. Everybody is very welcome. Visitors £3 to include afternoon tea. An idea of visitor numbers would be helpful, please call 01768 361808.

Bolton WI are welcoming back Ros Downing to the Memorial Hall on June 13th at 7.15pm.

Ros will be presenting an insight into the upholstery material created by Stead McAlpin. Her majesty is a customer! Visitors are very welcome, the £3 charge includes refreshments.

Please call 01768 362862 for more details.

Both MU and WI do not hold formal meetings in July and August.

House Group The next meeting is to be held at 2p.m. on Tuesday the 7th of June at 1,Jackson Croft, Morland. All are welcome. For further details ring 01931714455.

Great Strickland Village Hall Events 2022

Friday 3rd June - Queens Platinum Jubilee Fun Day

Sunday 17th July - Village big Breakfast

Saturday 10th September - Steak Night (in aid of St Barnabas Church)

Friday 7th October - Mikron Theatre Company

Sunday 20th November - Other Lives Theatre Company (The Catch)

Follow us on Facebook @greatstrick to keep up to date on events

From our Registers



The Marriage of **Jason Smettem-Minson** and **Chloe Richardson** took place in St. Lawrence Crosby Ravensworth on Saturday 23rd April 2022.

The marriage of **Andrew McWilliams** and **Charlotte Bradburn** took place in St. Peter Askham on Saturday 7th May 2022

The marriage of **Tom Stone** and **Jenny Webster** took place in St. Peter Askham on Saturday 14th May 2022

The marriage of **Michael Braithwaite** and **Joanne Barker** took place in All Saints Bolton on Saturday 21st May 2022

The marriage of **Michael Rees** and **Claire Little** took place in St. Peter Askham on Saturday 28th May 2022

The Baptism of **Freddie Robert Smith** took place in St. Lawrence Crosby Ravensworth on Sunday 1st May 2022.

The Baptism of **Edward Christopher Bromley** took place in All Saints Bolton on Saturday 23rd April 2022.

The Baptism of **Alice Elizabeth Errington** took place in St Michael Lowther on Saturday 16th April.

The funeral of **Doris Strong** took place in St Lawrence Morland on Thursday, 28th April

The funeral of **Kenneth Braithwaite** took place in All Saints Bolton on Thursday, 4th May

The funeral of **Don Clark** took place in St Lawrence Morland on Thursday, 8th May

The funeral of **Nancy Chappelhow** took place in St Lawrence Morland on Thursday, 12th May

The funeral of **Sylvia Beatham** took place in St. Lawrence Crosby Ravensworth Church on Thursday, 13th May

The funeral of **Joyce Bell** took place in St Lawrence Morland on Thursday, 14th May

The funeral of **Jane Blackie** took place in St. Lawrence Crosby Ravensworth Church on Thursday, 16th May

Morland and Newby WI

invite you to their Open Meeting
on

Thursday June 9th at 7.30pm in

Morland Village Hall.

Trevor Avery
Curator of the Holocaust Museum,
Windermere,

will be talking about

the Windermere Boys.

Admission £3,
including refreshments.

Parish Open Gardens at Crosby Ravensworth and Maulds Meaburn

Book a fine day out in your diary for
Sunday June 26th.

We will welcome you to many Open Gardens,
peeking over the wall gardens,
Westmorland tea at
Crosby Ravensworth Village Hall,

Appleby Town Band at church, with Pimms on
sale here too, whilst you enjoy the exhibitions
and flower art on show.

Tickets for Gardens and teas on sale from mid-
day at CRVHall with teas available from
2-5pm.

(Sorry, but no dogs in the gardens or VH but
fine in church and grounds.)

A grand day out for all!

PLEASE REMEMBER!

**The next issue is a DOUBLE EDITION for
both JULY AND AUGUST.**

**Please ensure that you send everything
you want published for BOTH MONTHS
before 7th June to meet the publication
deadline.**

**ITEMS RECEIVED AFTER 7th JUNE WILL
NOT BE PUBLISHED UNTIL THE SEPTEMBER
ISSUE!**

Morland Church Flagpole

Do you miss seeing the St George's flag as you come into Morland?

The flagpole at the top of the church tower snapped through a bolt hole during Storm Desmond (2015). Rot had penetrated the wood and had made the pole weak.

We would like to replace the flagpole to commemorate Queen Elizabeth's platinum jubilee and have a flag flying again by the 2nd of June 2022.

A bespoke wooden pole has been commissioned from G&S Specialist Timber, Stainton to match the old one. The total cost of the project will be around £2000.

We are inviting people to contribute to this cost. Contributions (if wished) will be recognised in a book displayed in the church.



If you wish to make a donation to the project, please send a cheque payable to 'Morland PCC' to John Ellerton, Hollies, Morland, CA10 3AZ with a note of your name (if you wish to be acknowledged) and the reference 'flagpole'.

Alternatively please scan the QR code (below). If you donate in this way please email me at johnellerton01@btinternet.com so we can identify and acknowledge your contribution to this project.

If you have any questions please do not hesitate to email me. I am especially keen to hear from anyone able to safely transport a 6 metre pole from Stainton to Morland!

Contributions for this project will close on the 1st of June 2022. If excess funds are raised above £2000 or late contributions are received, your contribution will be used for the general upkeep of fabric of Morland Church.



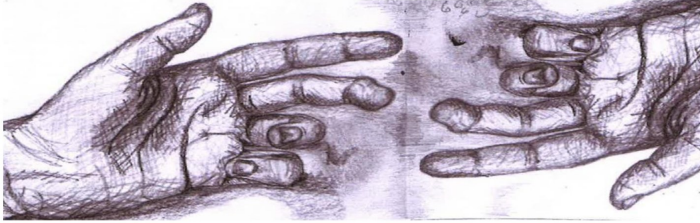


WEDDINGS

The Wedding season is upon us again! This year there will be a number of weddings across our parishes. You might want to come & cheer on the happy couples, or just lock them in until they pay up!!!

Date	Time	Venue	Couple
2nd June	1pm	Askham	Andrew Edwards Rosy Blunstone
4th June	11:30	Lowther	Michael Morley Nicola Chappelhow
4th June	12noon	Crosby R	Dan Robinson Lydia Jackson
11th June	12:30	Askham	Sam Storey Lucy Elsom
11th June	2pm	Lowther	Charles Holland Katie Jenkinson
18th June	1:30	Askham	Fabian Taylor Hannah Mitchell
25th June	1:30	Crosby R	Alistair Strong Angela McBride
14th July	1:30	Lowther	Patrick Relph Jessica Hurst
28th July		Askham	Richard Dutchak Elixabeth Wilkinson
30th July	1pm	Askham	Alex Daley Jennifer Mc Hugh
6th August	1pm	Askham	George Bamber Kathryn Oldfield
3rd Sept.	3pm	Askham	Joe Brench Daney White
8th Sept.	1pm	Askham	Steven Glencross Charlotte Dickinson
15th Oct.	2pm	Lowther	Ruari Watt Sarah Patrick
5th Nov.		Askham	Luke Fannon Emily Whitfield

**PLEASE CONTINUE TO JOIN TOGETHER HELPING
THE CARLISLE HOMELESS REFUGE**



A sincere thank you to everyone who has already given in response to this appeal. The kindness, generosity and support shown by so many people has been overwhelming.

If you haven't yet had a chance to help, you can still donate kitchen items such as :- washing up bowls, tea towels, cutlery, crockery, washing up liquid, surface cleaners, etc.

We will continue the collection until Palm Sunday, April 10th.

Please leave your contributions in the box on our drive at :-

1, Crown Inn Fields, Morland ... CA10 3EB

MANY THANKS

John and Margaret { Gore }.

HIVE GEOMETRIX EXHIBITION

Upfront Art Gallery, Nr. Penrith
CA11 9TG

Tues. 17th May – Sun. 3rd July
'Honey Bees through the Seasons' .
Paintings by Stephen Livingstone

Bee Hotel Making Workshop:
18th June

Gardeners' Question Time 19th June
See www.penrithbeekeepers.org
For tickets: Tel: 01768 894404
E mail: mr4cnr@gmail.com

**MORLAND
WALKING GROUP**

Monday 13th June

meet at the village hall at **10am**

The walk will be a circular route starting at Cliburn up round Center Parcs and through some of Whynfell Forest.

You will need a packed lunch and suitable clothing boots etc for conditions on the day. This walk is approx. 6 miles.

Tea and scones after at Lowther Castle.

Geoff Procter group coordinator
07507153046



The North Westmorland News is available via email!

Please send your name and email address to:

EditorNorthWestmorlandNews@outlook.com

Please make sure you leave enough room in your inbox for the Newsletter as if the remission 'bounces' , your address may be removed from future mailings.

Tea, Coffee & Chat

Morland and Newby Village Hall

Every Thursday in term time

9:45am—11:00 am

All welcome

Come and join the chat.

Open to all ages.

Mums/Dads/Grandparents/carers/
singles -

Bring your babies and toddlers -

Come on your own -

Housebound? Ring for a lift.

01931 714238



Please come and join us.



MORLAND UKULELE GROUP

Meet Tuesday evenings 19:00 -21:00
at Morland Village Hall
(when available)

New members always welcome,
but please ring to check as we will
occasionally meet at an alternative
venue.

Contact Mark or Rachel
on 01931 714163

Laughing is good for you

“It’s Jogging on the inside”

You are invited to

**The Lyvennet Health and
Wellbeing Lunch Club**

Supported by a grant from Cumbria County
council

Thursday June 9th

Suitable for Men and Women over 50
Enjoy a delicious freshly prepared lunch with
friends old and new
followed by an optional activity in a friendly
welcoming atmosphere.

Choice of 2 main courses and 2 desserts.

Time **12 noon until 3pm**

Cost £11-00

Booking is essential

Call Jon at The Butchers Arms on

01931 715500

Ask about dietary requirements when you
book

Appleby Deanery

Will hold a service of Solemn Eucharist at St
John's Church, Skirwith for

CORPUS CHRISTI

Thursday June 16th. at 7.30pm

Canon Peter Clement will Preside and Ven.
Morris Rodham will preach. Geoff Gordon
will be directing the music with Leigh Har-
ding playing the organ.

Everyone is very welcome to attend this ser-
vice which will be held in the Anglo-Catholic
tradition, which includes the use of incense,
and could be described as "High Church".

In the Church of England Corpus Christi is
also known as the Day of Thanksgiving for
the Institution of Holy Communion.

If you have never attended a service in the
Anglo-Catholic tradition, or have not been
inside St John's at Skirwith then this is the
ideal opportunity for you to do so.

Morland Village Fete and Jubilee Celebrations ***4th June 2022***

This year our annual village fete will be brought forward to coincide with national celebrations for the Queen's Platinum Jubilee and will be on Saturday 4th June. There will be an evening celebration in Morland Village Hall from 7.30 and therefore, to ease logistics, the fete will follow the format of last year with stalls along Water Street and High Street and an exhibition in The Studio.

We'd be grateful for donations for stalls – books, plants, bric-a-brac, toys/uniform, cakes, raffle.

As part of our jubilee celebrations the fete will start with a fancy-dress procession. It doesn't matter how you join in - an individual, family group or community group – we'd love you to join in! The more the merrier! If you don't fancy fancy-dress cheer and appreciate those who do!

Procession 12 0/c from the white bridge to the village hall
Fete 12.30 – 4.30

BBQ and entertainment in the village hall from 7.30 NB:

Tickets £5.00

Includes burger or sausage in a bun

BYO drinks

Tickets from Patti Dawson (714 614) or Julia Evans

Look out for posters coming soon!

Any queries, please do contact me. Thank you Julia Evans, 714 158

Books etc., to Lou Fitton, 556

(Accepting donations now)

Everything else; contact

Patti or Julia. Donations from mid-May

What could be more important than saving a life?

Community First Responders for Morland, Bolton, Newby, Cliburn, Kings Meaburn,
Great & Little Strickland and Surrounding Area

!!!!VOLUNTEERS URGENTLY NEEDED!!!!

Unfortunately Morland Area Community First Responders are desperately short of volunteers.

In remote communities like ours we can literally save lives by providing first aid to patients before the ambulance arrives.

In out of the way areas like ours it can sometimes take much longer for an ambulance to reach the patient and first responders get there first to provide potentially life saving help for the short time before the ambulance arrives.

You will receive excellent training from North West Ambulance Service and ongoing refresher training and excellent support from existing volunteers.

This is a very rewarding and interesting volunteering opportunity and you can volunteer for as many hours per month as is suitable for you.

If you are just starting out on your career or thinking about changing your career path this is an excellent addition to your CV.

- Minimum age 18
- Must hold a driving licence

If you are wondering whether this might be something that you could do then please don't hesitate to call **Dean on 07812 773407 or Caroline on 01931 714971** for a chat, we can answer any questions you may have as we both have years of experience as CFR volunteers.

1st Crosby Ravensworth Brownies

We are back on.

Any new girls that would like to come along for the evening are welcome.

Brownies is for girls aged 7-10. I would appreciate it if you could let me know in advance.

Why not come along, make new friends and have some fun. I look forward to seeing you there.

Jo Laverick (Guide Leader)

Message to all local event advertisers.

As printing costs for the North West-morland News have inevitably risen with the additional areas of distribution, we are trying to minimise the effects by reserving the right to reduce the size of any local (free) submissions when space is limited. In case you wish to lessen the chance of a significant reduction of your copy, a 'landscape' ad is less likely to be significantly shrunk than a 'portrait' version.

The earlier you submit your adverts, the more likely they are to be included and the closer to the front of the magazine they are likely to be.

We reserve the right to reformat free submissions to appropriately fit the available space.

Advertiser's Guide

When submitting a paid advert for inclusion in the newsletter please note:

- 1/4 page ads should be max A7 portrait in size (preferably 6.8 cm w x 9.4 cm h)
- 1/2 page ads should be max A6 landscape in size (preferably 13.8 cm w x 9.4 cm h)
- Full page ads should be max A5 portrait in size (preferably 13.8 cm w x 19cm h)
- The newsletter does not print in colour.
- We do not accept adverts over 350kb so that the newsletter is small enough to email, therefore please compress any pictures to reduce their size.
- Preferred file formats: Graphic files (.jpeg, .gif, .png), Publisher docs, Word docs.

Advertising Rates

1/4 Page ad per annum £70 per 1/2 year £38 per month £9

1/2 Page ad per annum £130 per 1/2 year £70 per month £15

Full Page ad per annum £220 per 1/2 year £120 per month £26

If you are interested in placing an advert please contact

Meg Hancock meghnc@btinternet.com 01931 714 432

Please support our advertisers:

they cover a large part of the cost of printing this magazine.

An invitation from
Cumbria Singers
to
'COME AND SING'

Well known choruses by
Handel, Bach, Haydn, Parry, Fauré

with
Andrew Padmore
(internationally renowned conductor)
at
St. Andrew's Parish Church, Penrith.
Adults £25 (Concesssions also available)
25th June 2022 10.30. -4.00.

Followed by

'COME AND LISTEN'

a FREE performance for friends and family
5.00-6.00.p.m
For information and reservations.
email: mr4cnr@gmail.com
tel: 01768 894404.

EDEN ACTIVE FIT4ALL
at Shap Memorial Hall
Wednesdays 9.45 - 11.45am
£3 per session
All Welcome

Gentle activities designed to help you
become more active in your older years
in a friendly, sociable setting.

Details from the Old Courthouse, Shap

**Contact website for up to date
information re Covid-19**

www.theoldcourthouse.org

Tel: 01931 717539

HM Queen's Platinum Jubilee

Wed 1st June -
Celebrate our Community -
Volunteers' event
10 -12 at the
Shap Memorial Hall
Friday 3rd June 7.30pm
'The Lidos'

at Shap Memorial Hall,
50s and 60s music with quiz
Tickets:£5
Tel. 01931 716326
Bring your own drinks
and nibbles

Saturday 4th June
2.30pm
Tebay Community Choir
present a
'Platinum Jubilee Prom'
followed by light refreshments
Donations appreciated

Art Exhibition
by David Boyd
in the Exhibit 'A' Gallery at
The Old Courthouse, Shap
28th May - 19th June
Free Admission
visit www.theoldcourthouse.org for
opening times and further information

Morland Area



WIN between £15 and £40 per month with better odds than the lottery?!!

Help to raise funds to maintain and continue to improve Morland Area Primary School.

Please fill out an application form in full and hand it in to Stacey Young, Julia Evans or drop it in the '100 Club' box in Morland School reception.

Membership Application Form

I wish to become a member of the **Morland Area '100 Club'**

Name: (Names if applying for more than one person).....

Address: (in full for prize payment)

Post Code: Phone No.:

Email: How many numbers would you like to enter in the monthly draw

I agree to be bound by the rules of the club, and confirm I am over 16 years of age.

Signed: Print: Date:

I wish to pay via monthly yearly standing order (please circle which)

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request

Morland 100 club winners

1st. Prize: 75 Lynn Skelton
2nd. Prize: 22 Ruth Robinson
3rd. Prize: 1 Louise Donnelly-Stott

Thank you to the After School Club pupils at Morland School for drawing the numbers and to everyone for their ongoing support with the club. We have raised over £1,700 for school so far!!

Interested in joining: £3 a number, paid every month and better odds of winning than the lottery. For further information email: pta@morlandarea.cumbria.sch.uk or ask in school for a form.

Current Available Numbers:

35, 46, 82, 90, 93, 94, 95, 96

Full Terms & Conditions available at

Please continue donating to our local food banks in Appleby (Sands Methodist Church) and Penrith. (Salvation Army) Many more families are still finding it hard to manage through this difficult time.



Lowther Endowed School

'Stay and Play' sessions

Supervised by a member of the teaching staff
All pre-school children are welcome to attend.

Check school website



Affected by Cancer?

APPLEBY & DISTRICT CANCER SUPPORT GROUP

Invite you to

Come for Coffee

Open to all in Eden district



Chat in confidence with others
going through tough times

Also on offer:
Light exercise

We Meet

- Every 1st & 3rd Monday of each month
(except Bank Holidays)
- in The Bennett Room The Hub
Chapel Street Appleby CA16 6QR
- ~10 am - 12 noon

Further Info, Phone

- ~ **Rosie on 017683 52263** or
- ~ **Jackie on 017683 52277**



NEWBY COURT

NEWBY

Visit Britain
Four Star
Self-Catering Cottages
1, 2 and 4 Bedrooms
www.newbycourt.co.uk
01931 714521
vickers313@googlemail.com

Do you care?

If so Eden Carers may be able to help you. We are a charity providing free support throughout Eden to unpaid Carers who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). We provide statutory carers assessments: information and sign-posting; 1 to 1 support; benefit information; newsletters, support groups - including after school clubs for Young Carers; social events; training and activities.

Contact us on: 01768 890280 or
enquiries@edencarers.co.uk

Let us help you care.

GO ON - MAKE SOMEONE'S DAY!

Do you have any toys that are unwanted?

Family Support are already collecting for Christmas 2022, and would be grateful for any donations of new or nearly new toys for boys and girls of all ages (no guns or war games, please).

In December, these will be passed on to children whose families are unable to spare the money to buy them toys. YOU could make a child's Christmas really special this year by passing on an unwanted toy.

Please email John Bass if you can help
johnisobelbass@gmail.com

Chris Barden Plastering

Covering all your plastering
and rendering needs
Contact me for all your general
building requirements
No job too small
Contact me now for your free
quotation
07742330226
cjbplastering@outlook.com

Thorney Croft, Kirkby Thore,
Penrith CA10 1UP

The Strickland Arms

Great Strickland
Penrith, Cumbria
CA10 3DF

Tel. 01931 712238

Email: stricklandarmspenrith@hotmail.co.uk



Anton & Penny

Welcome you to The Strickland Arms

'The Warmest, Friendliest Pub in the Eden Valley'

We believe The Strickland Arms is a

'pub of character & distinction at the heart of the village community'

Our Pub consists of a Bar, Dining Room, Wiggo's Barn,
Terrace and Beer Garden

We have an extensive Menu with Real Ales on tap

We have 2 double en-suite B&B rooms in the pub ...

Plus:

LogYurt

En-suite with twin beds or a super king-sized
bed and 2 sets of bunks - sleeps up to 6 people

Dolly's LogByre

En-suite with twin beds or a super king-sized
bed and 2 sets of bunks - sleeps up to 6 people

Lina's LogByre

En-suite with twin beds or a super king-sized
bed and 2 sets of bunks - sleeps up to 6 people



We have traditional wooden seating and tables in our secluded beer garden & on our terraced front

We provide FREE superfast broadband WIFI ...

We welcome walkers, cyclists, families, dogs and everyone else if you are well trained and behaved ...

Our Menu is available online at www.thestricklandarms.co.uk

Covid-19 'Open Hours' from 5pm until 10pm every day of the week

We serve food from 5pm until 9pm every day of the week



DO YOU HAVE PROPERTY WE COULD BUY?

A local, 2 generation family are looking to live Ideally in 2 separate properties close by, or potential to convert an adjacent barn or to split one large property into two

Must have good sized garden or land - All properties considered

Good for you

We are chain free and can move quickly if required
No estate agent's fees, which can be 1 - 1.5% + VAT of the sales value

Good for us

We will gain much needed space, continue to live and work in an area we love and **be able to look out for each other**

For a no obligation chat, please call Kevin or Ann on 07812 129599
Or email – homefolk57@gmail.com

Cumbria County Council



Need help
with
transport?

Voluntary Social Car Scheme

SHAP - TEBAY - ORTON



The Voluntary Car Scheme

provides transport to Cumbrian residents of any age (under 18's must be accompanied by an adult) who cannot make their journey by public or private transport.

Typical journeys include getting to the shops, doctors, dentists, making public transport connections and visiting friends.

Passengers pay a contribution towards the cost of the transport. If two people or more travel then the fare is shared between them.

If you would like to make use of this service or are interested in driving for the scheme, please contact:

DENNIS ON 015396 26052



Community Transport initiatives available through Cumbria County Council

- Voluntary Car Scheme
- Rural Wheels
- Community Wheels
- Village Wheels
- Community Minibus Sharing Scheme

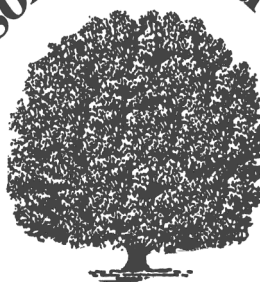
For more information contact: 0333 240 69 65 (option 5)

[facebook.com/CumbriaCC](https://www.facebook.com/CumbriaCC)

Serving the people of Cumbria

cumbria.gov.uk/voluntarycarscheme

Richardsons Funeral Directors



est. 1852

Funeral arrangements with
a professional, friendly service

24 Hours a day

Tel: 01768 891189

www.funeraldirectorspenrith.co.uk

CREATIVE CHAT GROUP

A few of us have got together hoping to start up a group for people who would like to socialise while doing something creative. Is anyone interested?

We would like to meet once a week for about 3 hours, but you would not need to come every week. All are welcome – old, young, men, women! The Studio in Morland would be happy to accommodate us. The cost will be around £2-3 per session, we hope. If there are not enough people to begin with, we might arrange a smaller venue in Morland.

CREATIVITY

You can do virtually anything you want – sewing, painting/drawing, clay modelling, crochet, lace-making, quilting – you just need to bring it along. Tables can be provided, and chairs of course. We do not intend to arrange for tuition in anything, unless the group decide to have a tuition session, but we do hope to pick up and pass on tips.

SOCIALISING

We would be able to chat and catch up with gossip or news, or just sit in companionable quiet, and maybe have some background music?

REFRESHMENTS

We would have coffee or tea and biscuits available.

If you are interested, please register your interest with Suzie Balfour on:

morlandgardenflat@gmail.com

I will let you know when we will start, but it will be after 20th April.

Please include the following information:

Your full name and contact email (and mobile if possible).

Your preferred day (we are thinking of Monday mornings - the Studio is available)

Your preferred times of day

Preferences for time of year if any

What you would be prepared to pay

Any other suggestions

We look forward to hearing from you!



Up and About
Cumbria standing
strong against falls

Take Positive Steps to Avoid Trips and Falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to aging is not inevitable, there are simple things we can do to minimize risk.

- **Get regular exercise** to improve strength, fitness and balance.
- **Have your eyes and hearing checked.** Vision and hearing play a vital role in balance and movement.
- **Ask your pharmacist or GP for an annual medication review.** Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.
- **Look after your feet.** Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.
- **Make sure you get enough calcium and vitamin D** to keep bones strong.
- **Check your homes for trip hazards.** Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn't mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

If you do have a fall or feel at risk of one, tell your GP

For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail sara.bradley@ageukcarlisleandeden.org.uk

FELLRUNNER EXCURSIONS 2022

For the people living in the North Westmorland group of parishes and surrounding areas, The Fellrunner Village Bus Group have again kindly offered to provide a 16 seat bus for community use this year, and a list of the proposed trips is given below. If you would like to make a booking, please contact Mike Roulson on 01931 714457 to enquire if seats are available. Please note that for some visits there will be an entrance charge payable as well as the bus fare.

All trips this year will be subject to the latest Government guidance regarding Covid 19 and may be cancelled or changed at short notice. If social distancing still has to be maintained then only 10 passengers will be able to travel on the day so prior booking is essential.

4 June... A visit to Howick Hall gardens and arboretum followed perhaps by an ice cream at Alnmouth on the north east coast.

9 July.....Brantwood nr. Coniston, the home of John Ruskin one of England's most important social and cultural figures. A house filled with paintings and personal treasures.Magnificent gardens and views over Coniston Water.

6 August....Dumfries House. Set in 2000 acres this stunning estate and 18th C house with its unrivalled collection of Chippendale furniture. Timed group entry only to the house.

3 September.....The Devil's Porridge Museum nr Gretna. "An explosive war-time experience". Learn about the people who made some of the armaments for the 2 world wars, followed by a visit to Kirkcudbright.

8 OctoberSkipton, a lovely small town in Yorkshire with a good market.

29 October....The Albert Dock complexLiverpool, take in the sights and sounds of this famous city....ferry across the Mersey perhaps !!

26 November.....Ulverston Dickensian Festival...Date still to be confirmed by the organisers.

10 December....Houghton Hall, a garden centre but much more, a destination to continue with your Christmas shopping.

The **Fellrunner** buses have been in service for over 40 years and now cover more than 50 villages in the Eden valley area. These buses run to published timetables Tuesday to Friday to enable people to have access to both Penrith and Carlisle for shopping or just to meet friends. However since Covid, when the buses were off the road, our passengers have not returned to the extent that many routes are now underused and becoming unviable.

If you are fortunate enough in your village to have access to the buses, please will you consider using them as clearly the Company cannot continue to service unprofitable routes. The timetables are available on the buses and often on parish notice boards, as well as being on the Cumbria County Council public transport web site.

Thank you for your support. Mike Roulson (Volunteer driver)

Mill Yard Café & Bistro Morland



Robert & Sarah Kite welcome you to the Mill Yard Café where you can relax on the sofas by our cosy wood burning stove in the winter, sit back and enjoy our sunny courtyard in the summer months, drinking and eating our locally sourced and homemade delicious food or just enjoying a pot of real tea or coffee and a scrumptious cake!

RJ's Pizza Night—Friday evenings (5-9pm) - create your own pizza from a wide range of toppings and eat in our new licensed lounge or take out.

(Please see website – www.millyardcafe.co.uk for any further dates which may be closed for holidays and for more information regarding menus etc.)

**Mill Yard Café, The Square, Morland, Penrith CA10 3AZ
01931 714155(info@millyardcafe.co.uk)**



Now is the perfect time to plan your garden.

The smallest of growing spaces can bring calm & a sense of wellbeing.
As a garden designer, horticulturist & GP I am excited to explore these possibilities.

*Helping people work with the plot they've got
Designing gardens that fit within their setting
Encouraging biodiversity & getting the wildlife in!*

- complete garden designs •
- Concept plans •
- Planting plans •
- Redesigning borders •

karenrobertsgardendesign@gmail.com
07856 528893
www.karenrobertsgardendesign.co.uk

- Royal Horticultural Society qualified •
- the registered member of the Society of Garden Designers •
- member of the Chartered Institute of Horticulture •

Kevin Bush PAINTER & DECORATOR

- All types of Interior & Exterior work undertaken
- City & Guilds Approved
- CSCS Registered
- Celebrating 40 Years in the Trade

Trainriggs, Shap 01931 716448
07901 555260



SEASONED FIREWOOD

DUMPY BAGS

Hardwood £86 Softwood £72
KILN DRIED HARDWOOD £93

(Prices include VAT @ 5%)
Free local delivery

WOODSURE assured quality woodfuel.
WOODSURE Ready to Burn

For every bag of Logs we sell,
we make a donation towards the
planting of new trees in Cumbria.

THOMAS EWBANK
TELEPHONE: 017683 62746

www.tjewbanklogs.co.uk
Hardwood Multibag discount available

The Members Of Askham PCC

...would love to welcome you to
come and visit our beautiful
Church, and see our lovely new
new windows. The three facing the
road are now completely finished,
but we are still waiting for the lead
to be delivered to start the next
section of the program.

Anyone wanting any infor-
mation about these win-
dows please contact Juliet
on. 01931 712 936. She will be
happy to deal with any questions
you may have.

Richard Hudson

Property maintenance

Garden services

***Double glazing
sealed unit replacement***

Over 25 years' experience

**Phone: 017683 62029 /
07546 519060**



LAKELANDBLINDS
& SHUTTERS

VERTICAL • VENETIAN • ROLLER • PLEATED • ROMAN

017683 62101 or 07956 140 335

Call us for a free consultation.

Samples brought to your home or business.

Now supplying and fitting custom made

Wooden Shutters.

www.lakelandblinds.com

lakelandblinds@btinternet.com

	Askham with Lowther	Bolton
June 5th Pentecost	11.00 Family Worship SRP Acts 2 1-21 John 14 8-17	9.15 Family Communion JHB Acts 2 1-21 John 14 8- 17
June 12th Trinity Sunday	11.00 Joint Holy Communion Great Strickland JHB Romans 5 1-5 John 16 12-15	
June 19th 1st after Trinity	11.00 Holy Communion JHB Gal 3 23-29 Luke 8 26-39	9.15 Morning Prayer SRP Isa 65 1-9 Luke 8 26- 39
June 26th 2nd after Trinity	11.00 Holy Communion SPC Gal 5 1,13-25 Luke 9 51-62	6.30 United Service AJS 1 Kings 19 15-16, 19- 21 Luke 9 51- 62

KEY:

SPC	Rev'd Sheila Clark
SRP	Rev'd Sandy Pearl;
JHB	Rt. Rev'd James Bell;
AJH	Rev'd Alun Hurd;
KMcB	Rev'd Kenneth Boyd;(Church of Scotland)
JBetts	Rev'd Jackie Betts (Methodist)
DGJ	David Jones,
AJS	Rev'd Andrew Sterling (Methodist)
JWR	Rev'd John Russell

Services labelled "Family Communion" are in a modernised format.

Children are welcome at all our services; and activities will be provided where you see this symbol.



Cliburn	Crosby Ravensworth
	11.00 Holy Communion JHB Acts 2 1-21 John 14 8-17
11.00 Joint Holy Communion Great Strickland JHB Romans 5 1-5 John 16 12-15	
11.00 Holy Communion SPC Gal 3 23-29 Luke 8 26-39	6.30 Evening Prayer DGJ Isa 65 1-9 Luke 8 26-39

St Wilfrids, Brougham,

Midweek Holy Communion

is celebrated in Morland Church
on Wednesdays at 10.00am.

*This is a quiet, said service, an
uplifting and refreshing break
from daily duties.*

Come and join us!

	Clifton and Brougham	Great Strickland
June 5th Pentecost	9.15 Holy Communion Clifton SPC Acts 2 1-21 John 14 8- 17	11.00 Holy Communion AJH Acts 2 1-21 John 14 8-17
June 12th Trinity Sunday	11.00 Joint Holy Communion Great Strickland JHB Romans 5 1-5 John 16 12-15	
June 19th 1st after Trinity		
June 26th 2nd after Trinity		


KEY:

SPC Rev'd Sheila Clark
SRP Rev'd Sandy Pearl;
JHB Rt. Rev'd James Bell;
AJH Rev'd Alun Hurd;
KMcB Rev'd Kenneth Boyd;(Church of Scotland)
JBetts Rev'd Jackie Betts (Methodist)
DGJ David Jones,
AJS Rev'd Andrew Sterling (Methodist)
JWR Rev'd John Russell

Services labelled "Family Communion" are in a modernised format.

Children are welcome at all our services; and activities will be provided where you see this symbol.



Morland	Thrimby	Kings Meaburn Chapel
11.00 Holy Communion SPC Acts 2 1- 21 John 14 8- 17	11.00 Morning Prayer Lay led Acts 2 1- 21 John 14 8- 17	
11.00 Joint Holy Communion Great Strickland JHB Romans 5 1-5 John 16 12-15		
11.00 Messy Church Village Hall Team tba 	11.00 Morning Prayer Lay led Isa 65 1-9 Luke 8 26- 39	
11.00 Holy Communion JWR Gal 5 1,13-25 Luke 9 51- 62		

St Wilfrids, Brougham,

Midweek Holy Communion

is celebrated in Morland Church
on Wednesdays at 10.00am.

*This is a quiet, said service, an
uplifting and refreshing break
from daily duties.*

Come and join us!

Heart of Westmorland



Bereavement Support Group

meets at

The Hub Cafe in Appleby
on the 1st Monday each month
2-4pm



This is an informal group and anyone who has suffered the loss of someone close to them either recently or some time ago, is invited.

We do not follow a programme and will not offer counselling— simply the opportunity to talk about what is on your mind and share your feelings with others who may have felt the same. Grief affects everyone in different ways and a support group doesn't appeal to everyone, but if you feel the need to chat over a cup of tea and a biscuit, please come along.

For further information, please contact

Rev'd Sandy Pearl – 01931 714564

Kevin Robinson – 07801068121



What's on @ The Studio Morland

Thursdays: 5:30-6:30pm / 7:30-8:30pm
Physio Pilates for All with Andy

6:30-7:30pm:
Physio Pilates for Men with Andy

Fridays: 10 - 11am: Physio Pilates with Andy Speight
11am - 12pm: Physio Pilates with Andy Speight (BOOK: 07596957027)

Dementia Friends - Info Session

Saturday 14th May 2022 (10:30-11:30am)



Join trainer Cameron Stewart at The Studio Morland to become a Dementia Friend. This session is free to attend.
Let's make our villages dementia friendly!



 thestudiomorland	thestudiomorland.co.uk thestudiomorland@gmail.com 01931 714444	The Studio Morland Morland, Penrith CA10 3AZ
 studiomorland		

REPAIRS * FASCIAS&SOFFITS

*

FAILED UNITS

APPLEBY

WINDOWS AND DOORS

Suppliers and installers of quality
uPVC products.

Call for a FREE quotation
017683 62343

Applebywindowsanddoors@gmail.com

Bolton Nursery

We are open Monday to Friday, 8am to 6pm for babies and children aged 3 months - 11 years, offering flexible hours.

All 3 and 4 year olds are entitled to receive 15 hours of free early education per week. Families who meet the eligibility criteria will be entitled to 30 hours funded childcare from September 2017. The extended entitlement can be taken 30 hrs per week term time or 22.25 hours per week across 51 weeks of the year. Some 2-year-olds are also eligible for free funding.

We provide a **BREAKFAST/AFTERSCHOOL CLUB** during term time.

Our **HOLIDAY CLUB** will be open every week in the school holidays for primary school children within the Eden Valley. We provide holiday cover for SEN children up to 13 years old.

Our outside area is currently under renovation and when this is complete we will be having a fun filled open day for everyone – watch this space!!!
For more information telephone **017683 62468**.

More Church Ladies With Typewriters!

(These sentences actually appeared in church bulletins or were announced at church services:)

Scouts are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

The sermon this morning: 'Jesus Walks on the Water.

'The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house.

Bring your husbands.

Don't let worry kill you off - let the Church help.

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.



Lady Muck
Of the Eden Valley

Chimney and domestic oven cleaning services.

www.LadyMuckEdenValley.co.uk

For prices and booking please contact Tanya on

07444 240337 / 01768898752

email: LadyMuckEdenValley@gmail.com



We provide a wide variety of services for those over 50 including:

Information and Advice

Financial: help with benefit entitlement checks and completing forms.

Social Care: matching the care that clients need with available services.

Housing: information on housing, aids, and adaptations.

Local Services: advice on local support, groups, activities and concessions.

*Drop-in sessions held on the 3rd Wednesday of the month between 11am and midday at Eden Sight Support, The Resource Centre, Sandgate, Penrith, CA11 7TP.

Home Support

We offer a quality, competitively priced home support service with a person-centred approach, helping people maintain their independence in their own homes. We can help with weekly chores, support personal wellbeing and promote social inclusion.

Social Opportunities

A wide range of social opportunities are available, from walking to craft sessions, afternoon teas and much more.

Shops

We have 6 shops in the region that sell a wide range of new and pre-owned items.

Volunteering Opportunities

Volunteering opportunities are available across all departments, and we would love to hear from you if you would like to join our team!

Contact for details

Tel: 01228 536673

Email: admin@ageukcarlisleandeden.org.uk.

Website: www.ageuk.org.uk/carlisleandeden/

HEARTWOOD ENTERPRISES

Everything to do with trees...

All practical tree work & woodland management

Timber – milling of local hardwood & softwood

Firewood – logs supplied to suit your needs

Tom Dutson *Chartered Forester*

www.heartwoodenterprises.co.uk

Tel: 01931 716195

Mobile: 077 69 67 65 36

PAINTER & DECORATOR TILER HANDYMAN SERVICES

Contact:

Dave Pickersgill

015396 24810

07931277115



Morland Area Playgroup

All parents, carers & grandparents welcome to our friendly playgroup.



9-11am **TUESDAYS** (Term time only)

@ Morland Village Hall



First Session Free!!

Suggested contribution thereafter: £2 per child, £1 for siblings and under ones. Includes kids snack time and a hot drink for adults.

Second Wednesday of every month we play 10-12pm at Rheged soft play for just £1.50!!

Visit our Facebook page to see what we get up to @morlandplaygroup



**Physiotherapy led
PILATES**

Wellbeing + Posture + Confidence

Pilates aims to strengthen the body in an even way, with particular emphasis on core strength to improve general fitness and wellbeing.

*at The Studio Morland,
The Square, Morland, Penrith CA10 3AZ*

Thursdays: 5.30
6.30pm 'mens class'
Fridays: 10.00am & 11.00am

(Class via Zoom Tuesdays 6.00pm)

Classes are suitable for beginners and mixed ability

Contact: Andrew Speight (Chartered Physiotherapist) and APPI registered Pilates Instructor on:
07596 957027

Or email: sp8physiopilates@gmail.com



PARKIN & JACKSON Monumental Masons

Manufacture, lettering and
installation of new
memorials
Additional inscriptions
Renovations
Cleaning and repainting

Free Estimates

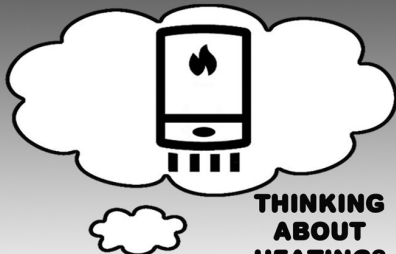
Visit our showroom at
14 Appleby Road
Kendal, Cumbria LA9 6ES

Tel: 01539 722838

info@parkinandjackson.co.uk
www.parkinandjackson.co.uk

SNUG HEATING

PLUMBING & HEATING
SERVICES



**THINKING
ABOUT
HEATING?**

**BOILERS STOVES RANGE COOKERS
PLUMBING BATHROOMS
WWW.SNUG-HEATING.CO.UK**

**01768 868492
07906217276**



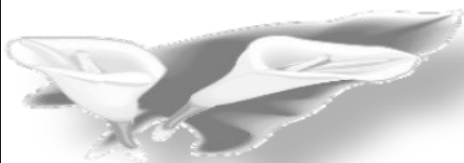
A stunning grade 1 listed Pele Tower, Askham Hall has a Michelin star restaurant (new for 2020), 19 luxurious bedrooms and a party barn.

Our 12 acre gardens and Kitchen Garden Café are open to the public.

We grow and rear much of our own produce, at Askham Hall itself and on the Lowther Estate.

Sister establishment of the George and Dragon in nearby Clifton, a popular gastropub with rooms, as well as the 17th Century Queen's Head Askham.

Askham Hall, Askham, Penrith, Cumbria.
CA10 2PF. 01931 712 350
www.askhamhall.co.uk



Glyn Jones Funeral Directors

*A Complete, Professional, Caring,
Sympathetic Service,
All Areas Covered,
Private Chapel of Rest*

*12 Battisbarrow,
Appleby-in-Westmorland,
Cumbria. CA16 6XS
Tel: 017683 51569*

Hugh Jones

Glyn Jones



DRICHARDSON
SURFACING CONTRACTORS

**FREE
ESTIMATES**

**TARMACADAM
CONTRACTORS**

*Covering all types of
Surfacing & Groundworks.
Local family business
trading for over 50 years.*

T: 01931 712 093 E: info@drichardsonsurfacing.co.uk

**Domestic Driveways
Agricultural & Commercial**

Email or give us a call to discuss your requirements,
arrange a free site visit and a competitively priced estimate.

All jobs considered, no matter how large or small.

Cumbria County Council approved contractors

*School Farm
Great Strickland, Penrith
Cumbria, CA10 3DF*

www.drichardsonsurfacing.co.uk



www.fellanddalescatering.co.uk

**Catering for Weddings, Birthday Parties
& Outdoor Events**

**Hog Roasts using where
possible our own Pigs**

**Show Catering, Barbecues
and Funeral Teas**

Catering Trailer available

**Lots of Menu Ideas using Homemade
& Locally Sourced Foods**

**Call Hilary 017683 41417/ 07557117037
Visit our Website for further information**



Groundworks 07968101211

All types of groundworks undertaken including:-

Site Clearance
Foundations
Post knock
Draining/ditching
Septic tanks
Concrete breaker

Digger and dumper available
Ring 07968101211 or
017683 42059

Find me on facebook



EDEN PROPERTY & GARDEN SERVICES

For a prompt and professional service, please call

Free quotes **07585 802940**

Fencing/Decking

Bespoke Garden Sheds

Playhouses and Furniture

Interior and Exterior

Painting and Decorating

Plastering - Tiling - Joinery

General House Maintenance

Handyman Services

Plumbing - Bathroom Installations



edenpropertyandgardenservices@hotmail.co.uk

HELP NEEDED!

I would like to ask if anyone local would like to help me out for a couple of mornings the week over the Jubilee weekend , I have my two grandsons (2 and 1/2 , and 4 months, staying for the week while their parents are away,)

Please contact
Sarah Harden

brocavum@btinternet.com

Miscreations Theatre - 'Dreaming Giant' Sculpture

Miscreations Theatre will be in Orton 13th - 18th June with their Wilding Theatre Project. They will delight local school children with workshops and performances whilst gently educating them about their local natural habitat and how the preservation of the planet and all its inhabitants: animal, insect, plant and human can contribute to a rich and rewarding community for us all.

Alongside this you will see a Dreaming Giant Sculpture growing and transforming in the playing field. This giant sculpture will become a place to revisit at different times of the year to see how it has become 'wilded'!

Miscreations Theatre are excited to engage with the local community and answer any questions you might have, so if you would like to then please pop down to say hello on the Monday 13th or Tuesday 14th and Saturday 18th morning when they are not delivering workshops to children. If you would like to find out any more information please visit their website:

www.miscreationstheatre.co.uk

Bowber Head Hay Meadows and Heritage Exhibition ; Sat 2nd July to Sunday 10th July

Walk on self-guided walks through fabulous upland hay meadows and visit the exhibition in the barn of hay time heritage photographs, wildflower photographic images, films and memorabilia. This is a superb opportunity to find out more about our farming heritage and wildflowers. The site will be open every day throughout the week from 10:00am – 4:00pm with bookable guided walks, bee ID walks and family activities. Bowber Head Farm is located just outside Ravenstonedale and is Cumbria Wildlife Trust newest reserve. <https://www.cumbriawildlifetrust.org.uk/nature-reserves/bowber-head-farm>

Marvellous meadows- Children's Wildlife Safari; Sunday 3rd July,

A meadow safari for children on Cumbria Wildlife Trusts newest reserve from 1pm- 3:30pm. Hunt for wildflowers and minibeasts in a glorious hay meadow with a sprinkling of sensory games, activities and stream dipping. Bookable event.

National Hay Meadows Day; Sat 2nd July,

Drop in for self-guided and guided walks from 10:00am – 4:00pm at Piper Hole Farm, Ravenstonedale managed by farmer 'Frank Hunter'. Tea and cake! These are some of Cumbria's finest upland hay meadows . These traditional hay meadows boast a breath taking display of wildflowers at this time of the year. <https://www.piperholegoatfarm.co.uk/>

For further information about these events please visit our events page on our website: www.thewestmorlanddales.org.uk or email Nicola Estill from the Westmorland Dales Landscape Partnership Scheme: nicola-estill@fld.org.uk



IGK

GROUNDWORKS

NO JOB TOO SMALL

Over 30 years experience
in all aspects of groundworks.

Small to large jobs undertaken
including drives, patios,
fencing, hard landscaping
drainage and foundations.

**COMPETITIVE
RELIABLE
GROUNDWORK SOLUTIONS**

Contact Ian on 07751 661293



Bespoke Catering **Bereavement refreshments**

Individual tea/lunch boxes available in line
with Covid 19 regulations

Weddings, Family parties, Corporate hot
and cold menu's

Gift Vouchers available
Afternoon Teas, Grazing Boxes,

**Kathleen Twentyman, Applegarth,
Great Strickland, Penrith. T: 01931
712272**

Mobile : 07711 663633
Email: info@applegarthfoods.com
www.applegarthfoods.com



Award winning local Architect
creating beautiful buildings and
bespoke alterations across the
Eden Valley and North of England

Please contact Bob O'Neil:

01539 738899 / 07702 704739

www.oneil-associates.co.uk



Bespoke Catering **Bereavement refreshments**

Individual tea/lunch boxes available in line
with Covid 19 regulations

Weddings, Family parties, Corporate hot
and cold menu's

Gift Vouchers available
Afternoon Teas, Grazing Boxes,

**Kathleen Twentyman, Applegarth,
Great Strickland, Penrith. T: 01931
712272**

Mobile : 07711 663633
Email: info@applegarthfoods.com
www.applegarthfoods.com



Great Nails Don't Happen By Chance
They Happen By Appointment

Gel Polish
Nail Enhancements
Pedicure

For information and to book an appointment
please contact Mel on 07983472249

Email: melheritage6@yahoo.co.uk



Melanie Heritage Nail Technician

theguild
of Nail Technicians



WALKERS

Family Funeral Directors

— Est 1945 —

Tynefield House
Penrith
CA11 8HY
01768 892211

Chapel Street
Appleby
CA16 6QR
017683 30321

www.walkersfunerals.co.uk

Private Chapel of Rest—Funeral Plans—Memorials
Caring, Personal and Professional 24hr Service

Eileen Messenger, Alan & Susan Smyth, Gary Strong, Damon Stead-



We are proud to offer
Golden Charter Pre-Paid Funeral Plans

Golden Charter 
Funeral Plans

The Eden Workshop at

The Appleby Hub



Craft Workshops & Courses at Appleby in the The Eden Valley. Located in a vibrant community hub in a bustling market town. Easy access from M6 & A66

Craft Workshops & Courses at Appleby in the The Eden Valley. Located in a vibrant community hub in a bustling market town. Easy access from M6 & A66

www.theedenworkshop.co.uk

HARDWOOD LOGS FOR SALE

Well seasoned

RW & SC Porter
Tel: 017683 61766
or 07716 795433

All messages answered

Local Parish & Community Websites

Askham & Helton —

www.askhamandhelton.co.uk

Bolton — www.boltonvillage.org.uk

Brougham — www.broughamparishcouncil.com

Cliburn — www.cliburnparish.org

Clifton —

Crosby Ravensworth —

www.crosbyravensworthparish.org.uk

Great Strickland —

www.greatstricklandparishcouncil.co.uk

Morland — www.morlandparishcouncil.org

STEVEN (Woody) HODGSON

www.swhtreeservices.co.uk

tree surgery

stump grinding

mini digger

garden clearance

hedge trimming

mulch/woodchip supplied

woody@swhtreeservices.co.uk

tel: 015396 24522

mob: 07756 930285

THE LAKES MOBILE MASSAGE

By Sara Clayton

Based in Morland covering The Eden Area,
Fully Qualified, Offering Massage In Your
Own Home.

Swedish Massage, Deep Tissue Massage,
Indian Head Massage, Hopi Ear Therapy

TO BOOK CALL OR MESSAGE ME
ON 07478988868

[HTTPS://THELAKESMOBILEMASSA
GETHERAPIST.SQUARE.SITE/](https://thelakesmobilemassagetherapist.square.site/)



LAKESMOBILEMASSAGE



**City &
Guilts**

Following Covid-19 guidelines to keep you safe.

Neat Feet by Mary-Anne

**If you are finding it hard to cut your toes nails or have hard skin.
Why not give me a call me for a treatment in your home?**

Regarding COVID-19: I will come with my own mask, gloves, apron and foot protection. Also with a single use mask for clients own use during treatment, as we all need to remain safe.

I hope to be able to meet you soon.

Mary-Anne

Qualifications:

Diploma in Chiropractic. WMSch

COVID-19 Infection Prevention and Control: Guild Training International

017683 53765 or 077 69 68 57 54



PROCTER BUILDING SERVICES

- Time served tradesmen, Over 30 years experience.
- Fully Insured, CSCS Registered.
- We cover all aspects of the Building trade & Maintenance work.
- Chimneys, Roofing, Gutter work, Stonework, Blockwork, Brickwork, Plastering & Rendering.
- Extensions, Renovations, Restorations & Insurance work.
- Drone Surveys available.

Contact Mark Procter

07799576663 or answer phone 01931714033

Email:-procterbuilding@mail.com.

www.procterbuilding.co.uk



Mike Addison FBDO CL
OPTICIAN

Mike Addison Optician now at
SHAP HEALTH CENTRE

- Over 60's & under 16's receive FREE SIGHT TEST
- NHS and Private patients welcome
- Fully comprehensive eye examinations including Diabetics and Glaucoma sufferers
- Professional, friendly service by qualified local Opticians
- Excellent range of spectacles from economy to designer for children and adults

The Shire Hall
The Sands
Appleby CA16 6XN

Shap Health Centre
Peggy Nut Croft
Shap CA10 3LW

info@mikeaddisonoptician.com

CALL 017683 53199
to make an appointment

Your advert could go here

Contact our advertising manager for details of rates, sizing and maximum megabytes

Meg Hancock at

01931 714 432

(meghnc@btinternet.com)



Professional and friendly foot health advice and treatment in the comfort of your home.

Covering most of the Eden Valley.

Callus, corn, cracked heels, diabetic foot care, fungal foot and nail infection, ingrown toenails and verrucae, elderly feet care.

To make an appointment please
contact :

Miss Aggie Koza
MCFHP MAFHP

21 Bellevue Rd
Appleby in Westmorland

CA16 6TY
Tel: 01768 398457
Mob: 07910 028955

MIDTOWN CATTERY

Loving care,
spacious, modern &
heated cat
accommodation.

For more information
and bookings please call:

Julie Fisher:
01931715246

Imagine your Eden

Let us build the garden of your dreams

It's as easy as 1,2,3

1 *Design* - We visit your garden, make a detailed survey and discuss your ideas and needs

2 *Plan* - we create a 3D design of your garden.

3 *Build* - We build your garden to your specifications

We also provide :

- ◆ *Garden clearance*
- ◆ *full or partial makeovers*
- ◆ *Patios*
- ◆ *pergolas*
- ◆ *ponds*
- ◆ *gates and fencing*
- ◆ *decking*
- ◆ *Turfing*
- ◆ *raised beds*
- ◆ *Borders*
- ◆ *planting schemes*



© tony myler photography

Tel : 017683 51898
Mob: 07850 359230


Gardens of Eden
Appleby

Follow us on facebook [gardensofedenappleby](https://www.facebook.com/gardensofedenappleby)

AJ&D Chapelhow (Cliburn) Ltd

A family run business established in 1961

*"A huge thank you for being
so fabulous to deal with
both in the office and the
men who came to fit the
doors and windows
which are utterly perfect!"*

Locally manufactured quality timber
windows & doors.

Free quotation and measuring service

Showroom open by appointment

Call us on: **01931 585101**

enquiries@ajdchapelhow.co.uk

www.ajdchapelhow.co.uk

Cumbria Adult Learning



New you in 22

Look out for our new Spring brochure!

All our courses are on our
website, however if
you'd like to chat to
one of us, please feel free to
give us a call on the number
below.

**Contact Number: 07468
709606**

**Email: edenadultlearn-
ing@cumbria.gov.uk**

**Website: adultlearn-
ing.cumbria.gov.uk**



June's Gardening Service

Garden maintenance for all Season's:

- ◆ Grass Cutting & Strimming
- ◆ Hedge & Shrub Trimming
- ◆ Weeding & Digging

No Job too Large or Small

Private & Commercial

Tenders Given

Fully Insured

Friendly & Reliable Service

Long Established Business

TEL: 07789 543734 OR 01768 885677

Deb's

Garden Machinery & Power tool Repairs

Service, Repairs & Sharpening of all your
garden machinery:

- Ride-on Mowers
- Lawn Mowers
- Strimmers
- Chainsaws
- Hedge Cutters

Repairs to all construction power tools:

- Drills
- Wood saws
- Stone saws
- Cement Mixers

Plus many more types of machinery

Collection & Delivery Available
Fully Insured

Call Deb's on 07795516465

Need a local friendly plasterer?

TM Plastering and Tiling

For all your plastering and tiling needs
Plastering and stud wall construction
Patching and restoration
Floor and wall tiling for kitchens and
Bathrooms.

***Free estimates
07850 359230
017683 51898***

DOES YOUR BUSINESS NEED DIGITAL SUPPORT?

**WEB DESIGN. SOCIAL MEDIA MANAGEMENT.
GRAPHIC DESIGN. COPY WRITING. BRANDING.
SEO. ANALYTICS. LOGO CREATION.**



JW CREATIVE
Jasmine Wheelhouse
me@jasminew.co.uk
07865 165 333



Judith's Cakes

While we're all staying at home more – why not have an afternoon tea delivered to your door?

Beautiful cake stands and china available to display your tea

Homemade cakes made to order

Puddings and sweets for all occasions.

Tel. 01931 716765
Mob. 07813742867

Email. judithscakes@gmail.com



Can you swim a width? Do you want to have fun and improve your swimming technique? We meet weekly at Appleby Swimming pool during term time. On a Thursday evening starting at 6.30 – 7.00; 7.00 – 7.45 and 7.45 – 8.45, depending on your ability.

3 taster sessions are offered, and if you decide to continue, the cost is £38 per term. Everyone is welcome including adults, who are welcome to attend the 7.45pm session to improve their stroke and stamina.

Volunteers to help on the pool side are welcomed and training is provided.

For more information come to Appleby Swimming pool on a Thursday evening or email us on, applebysclub@hotmail.co.uk telephone Liz Morgan 015396 23068

SIMON HAZELDINE

07486 002848

KITCHEN AND BATHROOM FITTING

Tiling and Flooring

Minor electrics and Plumbing

Interior and Exterior Painting

Refurbishment and general household repairs

Pressure Washing (Paths, Drives, Patios etc.)

If your requirements are not listed please ring and ask.

No VAT – No job too small
2 Prospect Terrace, Kirkby Thore,
Penrith CA10 1UG

Specialist wills, tax & probate solicitor

One of the few true specialists with over 30 yrs experience & additional specialist qualifications - large city firm experience without the high prices - has saved millions of £
Inheritance Tax –

**Lynn Emery LLB(Hons) Solicitor
(TEP)**

01697 478303 | 07901
229218 | lynn@lynnemery.co.uk

Name: _____

May Word Search



MAY	FLOWERS	MAY DAY
MAYPOIE	GARDENING	RIIMRI FRFF
SPRING	NIGHTINGALE	BUTTERFLY
MOTHERS DAY	TAURUS	SUNSHINE
CINCO DE MAYO	MEMORIAL DAY	BLOSSOM

© Monsterwordsearch.com



A Brevity of Levity

Some people eat snails -
They don't like fast food.

What do you do if you're
attacked by clowns?
Go for the juggler.

I couldn't work out why the
cricket ball kept getting
bigger.
Then it hit me.

What do you get if you pour
root beer into a square cup?
Beer.

A group of crows was ar-
rested for hanging out to-
gether.

The charge was attempted
murder.

Why is it always windy in a
sports arena?
Too many fans.

What is worse than raining
cats and dogs?
Hailing taxis.

When do ducks wake up?
The quack of dawn.

All Saints, Bolton is in desperate need of either a
PCC secretary or a treasurer.

We are losing our current treasurer soon.

Our secretary is willing to take over this role but only
if someone else will take on the secretarial role

Someone please help!

NEW TESTAMENT BOOKS

T I T U S P O S Y J S H N J W
 X C O L O S S I A N S M A O P
 T P T O I I L T E W G B C H R
 O H R W V X M D P N A S O N A
 N E E E M P A J E R L F R B C
 F B R S P E R T T J A J I M T
 E R O B S H K W E B T A N A S
 H E M Q B A E L R K I M T T P
 H W A T G F L S G F A E H T S
 C S N Q I Z C O I G N S I H L
 J O S B Y M A L N A S N A E U
 R U V C O J O V U I N P N W K
 Q R D K G M S T U S A S S R E
 S D L E D A V C H X U N L Z O
 H X E R T E W P B Y K M S N Y

THESSALONIANS

CORINTHIANS

COLOSSIANS

EPHESIANS

HEBREWS

MATTHEW

JAMES

TIMOTHY

JUDE

TITUS

LUKE

MARK

GALATIANS

ROMANS

PETER

JOHN

ACTS

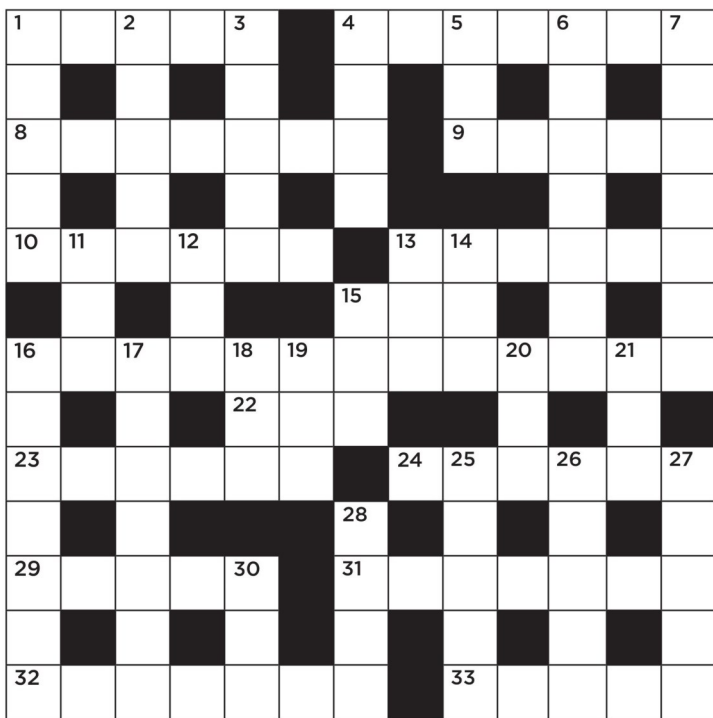
ACROSS

1. Thick cookie
4. Brief documentary film
8. 1986 Ally Sheedy movie
9. Additional
10. CT's favorite spice
13. Cheat
15. Not me, but ...
16. Goldfish are said to have this
22. Bond creator Fleming
23. Deficiency
24. Type of energy
29. Imbibe
31. A T-shirt, for example

32. Myopic
33. Play a trick on a roommate

DOWN

1. Breakfast meat
2. Leggy wading bird
3. Two-spot
4. Location
5. "See ya!"
6. Devoured
7. Swap
11. University of North Texas, for short
12. Banged Stooge
13. Speak sweetly
14. Attila the ____
15. Yang partner
16. Video game parlors
17. Filling in
18. Author Anaïs
19. Price place
20. ____ Paulo
21. Onassis who wed Jackie
25. Elm, cherry, and maple, for example
26. Flick
27. Military academy student
28. Secondhand
30. Caboodle sidekick?



ABOUT A CENTURY SINCE.....

The weather was mostly fine and warm, after a long cold spring. There were “few swallows this year”, according to ‘The Herald’. Here is more of the news of a century ago in our area, paraphrased in places to make it more interesting to the modern reader! (Me taking liberties: Ed.)

Mr Frederick Clarke was Lord Lonsdale's Head Gardener until his retirement to Penrith at 9 Brunswick Square. 7 1/2 years later, he died at the age of 81, having been married for 50 years. His wife had died in December, 1921. Mr Clarke fell ill soon after having two operations (a major undertaking in those days: Ed.), and was found at Lowther, with his second wife, on Saturday 23rd June. One of his three daughters was Lord Lonsdale's private secretary.

The Rev. A.J. Heelis, Rector of Brougham, resigned, being too ill to run the parish. St Andrew's, Penrith covered Ninekirks for him and Clifton's priest covered St Wilfrid's Chapel. The next Rector of Brougham would be the Rev. C. H. Eckersley, now at Temple Sowerby. ‘Silverpen’, the Editor of The Herald at the time, said they should abolish the tiny parish and give Ninekirks to Temple Sowerby, and St. Wilfrid's to Clifton. Thankfully, his opinion was not heeded!

Crosby, Ravensworth Girl Guides Concert and Dance was held on Friday, 26th May, in the Maulds Meaburn Institute, and made £17 (which would be c. £1,360 in 2022: Ed.)

There were speed trials in Lowther Park for the Westmorland Motor Cycle Club on Saturday 27th May, which was an annual event. The half-mile course was run in fine weather in Mitchell Holme, from Low Gardens Bridge to the ex-Yeomanry Camp Officers' Mess. There were no mishaps (although in other years, there were several accidents: Ed.).

Miss E. Pallister, a teacher at Crosby, Ravensworth School, passed the Royal Horticultural Society exam for certification as a Teacher of Gardening.

Teacher: What does your Mother say to your Father when he gives her the housekeeping money?

Pupil: Usually “Is that all?” Miss.

Many thanks to Jeremy Godwin for researching and submitting the facts

Dates For The June Diary!

1st	Shap Jubilee Event	11
	Deadline for Donations for the Morland Flagpole	5
3rd	Great Strickland Jubilee Fun Day	2
4th	Morland Village Fête	9
	Tebay Community Choir	11
	Fellrunner trip to Howick Hall	19
7th	House Group Meeting	2
	Deadline for Newsletter submissions for JULY & AUGUST	
9th	Morland & Newby WI Open Meeting	4
	Lyvennet Health & Wellbeing Lunch Club	8
13th	Morland Walking Group	7
	Dreaming Giant Sculpture Opens	35
16th	Corpus Christi Service	8
18th	Dreaming Giant Sculpture Ends	35
20th	Bolton MU Crafty Afternoon	2
23rd	Morland MU Outing to Hexham	2
25th	Cumbria Singers 'Come and Sing!'	11
26th	Crosby Ravensworth & Maulds Meaburn Open Gardens Event	4

THE LAST WORD...

If you are actually reading this, chances are you have noticed some extra, rather frivolous, bits and pieces creeping into the Newsletter. My intention is to try to include items that might entertain you, the reader, or might bring a smile to your face.

It would be really appreciated if any of you felt able to let me know what you think about the addition of puzzles, historical information &c, and whether you would like stories, poems or other things included. In particular, knowing what types of things you would like to see would be very helpful.

Obviously, church news and advertising take precedence, but barring an uprising shouting 'NO MORE!' I shall continue filling gaps with bits and pieces which I hope will be entertaining.

EditorNorthWestmorlandNews@outlook.com

INDEX

AJ & D Chapelhow	42	Kevin Bush Painter	21
About a Century Since.....	48	Lady Muck	29
Advertisers' Guide	10	Lakeland Blinds	22
Age UK	30	Lakes Mobile Massage	38
Aggie Koza Foot Health	40	Lowther Endowed School	13
Appleby Cancer Support	13	Lyn Emery Solicitor	44
Appleby Doors & Windows	28	Lyvennet Health & Wellbeing Lunch Club	8
Appleby Swimming Club	44	Melanie Heritage	36
Applegarth Foods	36	Midtown Cattery	40
Askham Hall	32	Mike Addison Optician	40
Askham PCC Invitation	22	Mill Yard Café & Bistro	20
Bolton Nursery	28	Morland Area News	8
Carlisle Homeless Refuge	7	Morland Church Appeal	5
Chris Barden Plastering	14	Morland Playgroup	31
Church News, Including MU & WI	2	Morland Ukelele Group	7
Church Services	23—26	Morland Walking Group	7
Community First Responders	9	Neat Feet	39
Corpus Christi Service	8	Newby Court	14
Creative Chat Group	17	O'Neil Associates	36
D. Richardson Surfacing Contractors	33	Parish Open Gardens	4
Dave Pickersgill Decorator & Handyman	31	Parkin & Jackson	32
Deb's Garden Machinery & Tool Repairs	42	Procter Building Services	39
Diary Dates	49	Property to Buy	16
Eden Adult Learning	42	Richard Dinsdale Groundworks	34
Eden Carers	14	Richard Hudson Property Maintenance	22
Eden Property & Garden Services	34	Richardsons Funeral Directors	16
Eden Workshops Appleby Hub	37	R W Porter Logs	38
Fell & Dales Catering	34	Shap Events	11
Fellrunner Excursions	19	Simon Hazeldine	44
From Our Registers	3	Snug Heating	32
Gardens of Eden	41	SP8 Plastering	32
Glyn Jones Funeral Directors	33	Steve (Woody) Hodgson	38
Heart of Westmorland Bereavement	27	Strickland Arms	15
Heartwood Enterprises	31	Studio Morland	28
Heritage Fund	35	Thomas Ewbank Firewood	22
IGK Groundworks	36	TM Plastering & Tiling	43
Judith's Cakes	44	Voluntary Social Car Scheme	16
June's Gardens	42	Walkers Funeral Directors	37
JW Creative	43	Weddings Listing	6
Karen Roberts Gardens	21		

LOCAL DIRECTORY

RECTOR	VACANT	01931 714 620
CURATE	Revd Sheila Clark	01931 714 238
DEACON	Revd Sandy Pearl	01931 714 564
READER	David Jones	01931 714 338
BOLTON MEMORIAL HALL		
Bookings	Deborah Brockbank	07825458288
BOLTON PARISH COUNCIL		
Chairman	Peter Griffiths	017683 61944
Clerk	Shelagh Leyland	017683 62327
CLIBURN VILLAGE HALL		
Bookings	Margaret Burne	01931 714218
CLIFTON PARISH COUNCIL		
Clerk		
CROSBY RAVENSWORTH		
Ward Councillor	Joan Raine (joan.raine@eden.gov.uk)	01931 715351
CROSBY RAVENSWORTH VILLAGE HALL		
Bookings	Freda Smith	01931 715381
GREAT STRICKLAND PARISH COUNCIL	Usually meets last Monday in month	
Clerk/Village Hall Bookings	Ruth Tupling	01931 712 571
MAULDS MEABURN POST OFFICE	Open from 2-4pm on Thursdays until further notice.	
MAULDS MEABURN VILLAGE INSTITUTE	adelermurdoch@gmail.com	
Bookings secretary	Asele Murdoch	07860 282802
MORLAND PARISH COUNCIL		
Clerk	Lisa Beken	
MORLAND COMMUNITY FIRST RESPONDERS	clerk@morlandparishcouncil.org	
MORLAND & NEWBY VILLAGE HALL	Caroline Sterling (cster52822@aol.com)	01931 714 971
Secretary	Julia Evans (alexjulia@btinternet.com)	01931 714 158
Chair & Treasurer	Jane & Ian Barnes (ickb1960@gmail.com)	
MORLAND WARD COUNCILLOR	Michael Tonkin (mike.tonkin@eden.gov.uk)	01931 714 094
NEWBY PARISH MEETING		
Clerk	Meg Hancock (meghnc@btinternet.com)	01931 714 432
KINGS MEABURN POST OFFICE	Tuesday 12.30pm-5.30pm,	01931 714 256
(at the White Horse Inn)	Wednesday 12 noon-5.30pm,	
	Friday 8.30am-1pm	
KINGS MEABURN VILLAGE HALL		
Bookings	Alison Goldfinch (kenandali@ntlworld.com)	07807454079
BROWNIES		
Guider	Jo Laverick (jolaverick63@gmail.com)	01931 714216
SLEAGILL PARISH MEETING		
Clerk	Lucy Tonkin (sleagillparish@zoho.com)	01931 714 094
NORTH WESTMORLAND NEWS		
Editor	Alex Paris (EditorNorthWestmorlandNews@outlook.com)	
Advertising Manager	Meg Hancock (meghnc@btinternet.com)	01931 714 432

The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

As soon as one Newsletter goes to press, we start on the next, so please send material for the next issue

7th June at the very latest.

Material by email please to EditorNorthWestmorlandNews@outlook.com