

Christmas 2022

North Westmorland News

Group website:

www.northwestmorlandchurches.org.uk



*To love Christ and
make Him known*

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**Welcome to the Christmas '22 is-
sue of North Westmorland News
Please send copy for the February
Issue to:**

EditorNorthWestmorlandNews@outlook.com

Latest date for copy: 7th Jan '23.

From Crosbar House

It is the beginning of November as I write and already my TV and radio are telling me that Christmas is on its way. The advertisements are all trying to persuade me that their products are the ones to buy, hoping that I shall spend my money on their merchandise in the shops this year. That is the commercial voice of Christmas speaking.

Christmas is a time of hope for many. Our children especially, are full of hope that they will receive the presents they crave. I expect that this year most parents are hoping that the cost of living will not climb any higher as we approach the festive period.

For a Christian, Christmas holds a story that is full of hope and there will be many chances for us to rejoice together in faith and safety this year. All are welcome to join us as we gather to sing carols, light our Christingles, collect round the cribs and above all to celebrate Midnight Mass or Christmas morning Eucharist in our churches as we thank and praise God for the amazing and perfect gift in the birth of Jesus.

How can a baby be the answer to the world's problems? A baby may symbolise a fresh start, a new generation and if we look at our progress in terms of worldly wealth, medical advances or technological prowess, we might think there is reason to be more hopeful with each passing generation. But we also see a world that is peopled by a humanity that still has a terrible capacity for inhumanity and which appears hell-bent on destroying the planet which sustains us. What can a helpless baby do against such a powerful tide of fear and destruction? And if our personal experience is anything to go by, is not a baby, for all its innocence and potential, simply destined to repeat the same mistakes we have all made and will make?

Surely, if our loving Father God the omniscient, wanted to save the world with a grand plan, he could just wave his all-powerful arms and sort out all our problems for us.. Does that sound like the mission for a baby? A major problem is that our grand plans focus on the big picture at the expense of the individual. Individual needs, ancient ways, local traditions all have had to give way to the greater good of the grand plan. To achieve this, we need centralised power, vested in an individual or a single party. This inevitably tramples on freewill of the individual. God's way is very different. Throughout history, he steadfastly refused to be a tyrant and refused to withdraw the gift of freewill from his creation. He values each human life, respects each human decision, for better or worse, and uses his mighty power only when we let him. That means that his way of saving the world starts with each of us and needs us to play our part.

Thinking of hope leads me to rejoice that our prayers have been answered with the appointment of Reverend Stephen Tudway to be our Priest in charge. He, his wife Charlotte and family will be moving into Morland vicarage in early January. He will be licensed on the evening of January 5th 2023, time and venue to be arranged, and will take up his ministry with us from January 15th. onward. From then, he hopes to make his way around our churches, now including Shap and Bampton, and to meet as many of us as possible. There may be other opportunities to meet him and his family other than in church. Keep your ear to the ground for news. If you don't already receive the emails from David Jones keeping us up to date in today's very fluid situation, have your email address added to his 'blind copy' list, david@newbyendfarm.co.uk and he will include you in the distribution Have a very Happy Christmas and a new year full of hope and promise. Sheila

Church News & Local Events



Morland MU

The December meeting will be held on Thursday 15th December at 2pm in Morland Village Hall. We will enjoy the afternoon together on a Christmas theme.

More information will be sent to members by email nearer the time. Eileen and Margaret are hostesses. All welcome, visitors fee is £3.

Mothers' Union Members will be contacted regarding the January meeting as details are not available yet.

Bolton WI

Bolton W.I. are delighted to welcome Patti Dawson on Monday 12 December to Bolton Memorial Hall at 7.15pm.

Patti will be showing us some lovely floral ideas for Christmas decorations.

This is an open meeting and everybody is very welcome. £3 entrance for non-members includes refreshments. We would appreciate knowing how many are attending. Please call 017683 62862"

House Group

The next meeting will be held on Monday, 5th December at 2p.m. at 31, Jackson Croft, Morland. There is no meeting planned for January 2023. All are welcome. For further details ring 01931714455.

MORLAND PARISH COUNCIL

Working for you since 1894
morlandparishcouncil.org.uk

Find us on 
facebook.com/MorlandParish

Meeting -The Parish Council will hold its next Ordinary Meeting on **Monday January 9th 2023**, at 7.30pm at Morland Village Hall. Members of the press and public are welcome to attend. Agendas are available at least three working days prior to meetings, online and on village noticeboards, alongside meeting minutes.

Morland Beck Pollution - If you see any evidence of pollution of our waterways, caused primarily by the Morland sewage treatment plant, please contact the Environment Agency on **0800 80 70 60**

Following recent reports of pollution in the rivers of the Eden valley, and Morland Beck in particular, the Parish Council has been in contact with the environment agency, our local MP and United Utilities to ascertain what actions will be taken to alleviate the problem. It has been accepted by the Environment Agency that the sewage treatment plant in Morland is highly likely to be contributing to the problem.

In order to build their case, the Environment Agency has asked that any members of the public who witness any form of pollution entering the local waterways contact them as soon as possible. If you have any concerns about the colour or smell of the Beck, or see any other evidence of pollution, please contact the Environment Agency on **0800 80 70 60**. This number is available 24/7 and any concerns will be immediately assessed.

Highways and Maintenance – Issues regarding road maintenance, including potholes, flooding, and verges, are currently dealt with by Cumbria County Council. To report any concerns, please contact the Parish Clerk as below, who will contact the County Council on your behalf. Additionally, residents can also report issues directly, at <https://www.cumbria.gov.uk/doitonline/report.asp>

Parish Clerk: Mrs Lisa Beken, clerk@morlandparishcouncil.org, 07522 939 696

Councillors: Steve Wilson (Chair), Peter Taylor (Vice-Chair), Lesley Robson,
Phil Hancock, Bob Brown, Dan Fitton, Paul Vines,

NEWBY PARISH

Good News – Newby Parish now has a new defibrillator.

It is located at the Smithy, Newby Cottage which is by the entrance to Margaret Croft – What Three Words – freezers.suitably.amps.

Driving down Newby, at the sharp bend to Morland go straight ahead towards Newby End and it is about 50 yards on the left.

In an emergency

- 1) Ring 999
- 2) North West Ambulance Service will give you a code to open the cabinet if a defibrillator is needed.
- 3) The defibrillator will tell you what to do – it gives verbal instructions.

If you would like training please contact Joyce Berry on 01931 714828.

Affected by Cancer?

APPLEBY & DISTRICT CANCER SUPPORT GROUP

Invite you to

Come for Coffee

Open to all in Eden district



We Meet

~ Every 1st & 3rd Monday of each month
(except Bank Holidays)
- in The Bennett Room The Hub
Chapel Street Appleby CA16 6QR
~10 am - 12 noon

Chat in confidence with others
going through tough times

Also on offer:
Light exercise

Further Info, Phone

~ **Rosie on 017683 52263** or
~ **Jackie on 017683 52277**

Morland Posada 2022

Posada is the Mexican tradition of people dressing up as Mary and Joseph and going from house to house to tell about Jesus and the Christmas story. Our parish Posada is a much simpler tradition and one in which it is easy for you to participate.

We have a knitted nativity scene which appears gradually in church, throughout Advent. At the same time the figures of Mary and Joseph will travel around the parish staying in people's homes for one night. Their journey will begin at the Family Advent Service on Sunday 27th November, 11 o'clock at St Lawrence Morland and end when the last family on the list brings them to our Crib Service on Christmas Eve at 5 o'clock.

If you would like to give Mary and Joseph lodgings for a night during Advent, please contact me and I will put you on the list. The people bringing Mary and Joseph to you will read out a simple giving prayer, then there is an equally simple receiving prayer to be read out. There is also a journey blanket with marked out blank squares - one for each day of their journey - for each host to decorate with words and/or pictures to show how Mary and Joseph spent their Posada time with you. This lovely tradition is open to all families in our parish and school. Please contact whomever you will be passing Mary and Joseph to agree hand-over arrangements.

I will also make up a few Posada bags (as we had over the past couple of years) to post to anyone out of the area who would like to participate. Packs will be delivered the week before Advent. Each pack will have a date on it. That will be the date that the pack should be opened. Each pack will contain a laminated picture of Mary and Joseph to hang-up in your home and a couple of prayers; a prayer for others, especially those in the Posada chain before and after you, and a prayer for your household. There will also be a blank paper square to decorate, telling in either words or a picture, about Mary and Joseph's Posada day with you. I will put any decorated squares returned to me up in church alongside our journey blanket.

Please email me with your name, address and telephone number and any dates you cannot do. If you have any questions please do call, email, or ask if you see me out walking!

Thank you!

Julia Evans

01931 714 158, alexjulia@btinternet.com

CAROLS & CAROUSING

A look at music for the winter season, including some lesser known carols and popular Seasonal songs.

ST. PETER'S CHURCH, ASKHAM

Saturday, 3rd December
3:00 p.m.

Refreshments will be served

**Come and see your Editor look
daft!**

No ticket price, but donations to Church
upkeep would be greatly appreciated.

St. Mary's Thrimby

18th December at 6.30 p.m.

A Christmas Miscellany

followed by mulled wine
and mince pies.

NB Please note this service
will be held
in the church.

All welcome.!

What could be more important than saving a life?

Community First Responders for Morland, Bolton, Newby, Cliburn, Kings Meaburn,
Great & Little Strickland and Surrounding Area

!!!!VOLUNTEERS URGENTLY NEEDED!!!!

Unfortunately Morland Area Community First Responders are desperately short of volunteers.

In remote communities like ours we can literally save lives by providing first aid to patients before the ambulance arrives.

In out of the way areas like ours it can sometimes take much longer for an ambulance to reach the patient and first responders get there first to provide potentially life saving help for the short time before the ambulance arrives.

You will receive excellent training from North West Ambulance Service and ongoing refresher training and excellent support from existing volunteers.

This is a very rewarding and interesting volunteering opportunity and you can volunteer for as many hours per month as is suitable for you.

If you are just starting out on your career or thinking about changing your career path this is an excellent addition to your CV.

- Minimum age 18
- Must hold a driving licence

If you are wondering whether this might be something that you could do then please don't hesitate to call **Dean on 07812 773407 or Caroline on 01931 714971** for a chat, we can answer any questions you may have as we both have years of experience as CFR volunteers.

All. Saints Church Bolton

Christmas Coffee Morning

Saturday 3rd December
2022

10:00am to 12:00noon

Bolton Memorial Hall

Christmas Stalls

Raffle

St Cuthberts Church. Cliburn

Christmas Services

Our usual Carol Service will be
held on

Wednesday 21st December at
7.00pm.

Please come and support our
church.
(This is a very child friendly service)
All Welcome.

A fun and festive evening!

Morland Occasional Singers plus special guests



Carols At the Crown



The Crown Inn Morland

Saturday 17th December 7pm

All welcome!

GO ON - MAKE SOMEONE'S DAY!

Do you have any toys that are unwanted?

Family Support are already collecting for Christmas 2022, and would be grateful for any donations of new or nearly new toys for boys and girls of all ages (no guns or war games, please).

In December, these will be passed on to children whose families are unable to spare the money to buy them toys. YOU could make a child's Christmas really special this year by passing on an unwanted toy.

Please email John Bass if you can help

Tea, Coffee & Chat

Morland and Newby Village Hall

Every Thursday in term time

9:45am—11:00 am

All welcome

Come and join the chat.

Open to all ages.

Mums/Dads/Grandparents/carers/
singles -

Bring your babies and toddlers -

Come on your own -

Housebound? Ring for a lift.

01931 714238



Please come and join us.



MORLAND UKULELE GROUP

Meet Tuesday evenings 19:00 -21:00
at Morland Village Hall
(when available)

New members always welcome,
but please ring to check as we will
occasionally meet at an alternative
venue.

Contact Mark or Rachel
on 01931 714163

NORTH WESTMORLAND ARTS

Concerts in Appleby Public Hall

29th January - 7.30pm

Wissam Boustany (flute)

Aleksander Szram (piano)

26th February - 7.30pm

Budapest Café Orchestra

traditional folk and gypsy-flavoured
music from the Balkans, Klezmer
lamentations, Hungarian Czardas

Tickets £20 at the door or online

www.appleby-concerts.org.uk

Tel: 017684 83777



LAND WANTED

Local family looking for land
for fruit orchard, growing veg
and some livestock.

Would be interested in making a
generous offer on anything
between 1/4 acre and 13 acres
within 10 mile radius of Newby.

Please contact Mollie
07877398725 or Eric Ogilvy
07715279856
or pop into 1 Newby Head.

Hospice at Home

Carlisle and North Lakeland

Local Care for Local People

Invite you to a...

Christmas Concert

St Lawrence Church, Appleby

Saturday 3rd December 2022, 7pm

Featuring:

Appleby Town Band,

Cornucopia (Early Music Group),

Small Woodwind & Spring Ensembles

Tickets £10

To include a glass of wine

and a mince pie

(£1 for school children)

Available from:

Appleby Tourist Information Centre

Tel: 017683 51177

or on the door

For more information about the charity please visit

www.hospiceathome.co.uk or call 01768 210719

Registered Charity Number: 1095708



Hospice at Home

Carlisle and North Lakeland

Hospice at Home Christmas Tree Collection

Hospice at Home Carlisle and North Lakeland will once again be collecting real Christmas Trees in January 2023 to raise vital funds to help local patients and their families. The Christmas Tree Collection Day has historically been a huge success, with thousands of trees donated over the years and generous funds gifted too.

Volunteers and business supporters will set off early on the 12th January 2023 to collect trees from Carlisle, Penrith, Longtown, Brampton, and Wigton—locations which the Clinical Services Team of Hospice at Home visit to provide vital care and support to patients at the end stages of life. Members of the public are requested to book their tree in for collection, and all donations given towards this are gratefully received.

Cath Coates, Fundraiser for Hospice at Home, said, “The year on year success of our annual tree collection is always a remarkable testament to the support the community offers to the charity. Not only do more and more people book in their tree every year, but we have an amazing team of volunteers and business supporters who enable the event to take place, including our event sponsor Lloyd Motor Group. If anyone has a van and would like to help with the collection this year, please do contact us on 01768 210719 – we are always looking for more helpers.”

Tree collections can be booked from 15th November until the 8th January by visiting www.just-helping.org.uk/register-tree

Please visit www.hospiceathome.co.uk or the charity social media pages to find out more about Hospice at Home.

Note to Editors: The Hospice at Home service covers 1500 square miles from the Scottish Border to Stainmore and Allonby to Alston. The charity is vital and needs to raise £19,000 each week to continue to provide this service.

Anyone interested in raising funds or volunteering please contact the Hospice at Home Fundraising Office 01768 210719 or visit www.hospiceathome.co.uk.

Press contact: Cath Coates on 01768 210719, fundraising@hospiceathome.co.uk

Local Grants Woodhead and Pennyfeather Charity

The objective of the charity is to help people living or working in the parish of Lowther who find that they are in need, by awarding small grants or by paying for items or services to help those people.

If you are in need, or know of anyone in need please contact the charity using this email address:

woodandpenny@gmail.com

Confidentiality is ensured.

BOLTON COMMUNITY CAFÉ Formerly known as Bolton Exchange **OPEN EVERY TUESDAY IN THE MEMORIAL HALL**

On the first Tuesday of every month we open from **1pm – 3pm** for lunch – Quiche and salad, soup and rolls (depending on season) and always delicious homemade desserts, plus coffee or tea – all for £5

On the other Tuesdays we are open from **2.30 – 4pm** serving unlimited tea or coffee, plus homemade cakes and biscuits - £1.50

There are always hand made greetings cards for sale and we are happy for people to bring along any plants, vegetables, jams or chutneys that they wish to sell or donate. We hope to have other activities occasionally – maybe music or a talk, a craft exhibition or a games table. Watch this space!

EDEN ACTIVE FIT4ALL at Shap Memorial Hall Wednesdays 1.15 - 3.15 m £3 per session All Welcome

Gentle activities designed to help you become more active in your older years in a friendly, sociable setting.

Details from the Old Courthouse, Shap

**Contact website for up to date
information re Covid-19**

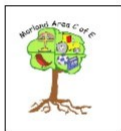
www.theoldcourthouse.org

Tel: 01931 717539

Please continue donating to our local food banks in Appleby (Sands Methodist Church) and Penrith. (Salvation Army) Many more families are still finding it hard to manage through this difficult time.



Morland Area Primary School PTA



WIN up to £120.00 per month with better odds than the lottery!!

Help to raise funds to maintain and continue to improve Morland Area Primary School.

£3 a month for a ball in the draw. Possible to win 1st, 2nd or 3rd prize.

Easy to pay for with BACS or an annual cheque.

Results are announced every month through the school and newsletter

For further information email pta@morlandarea.cumbria.sch.uk or speak to Claire Lane via the school

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request

Morland Area Playgroup

All parents, carers and grandparents welcome to our friendly playgroup.

9am-11am Tuesdays (termtime only) @Morland Village Hall

First session free! Suggested contribution thereafter: £2 per child, £1 for siblings and under ones. Includes snack time and a hot drink for adults

Visit our Facebook page for more info @morlandplaygroup

All. Saints Church Bolton

Christmas Coffee Morning

Saturday 3rd December
10:00am to 12:00noon

Bolton Memorial Hall
Christmas Stalls
Raffle
Coffee and mince pies
£1:50
All welcome

CREATIVE CHAT GROUP

This group has started by meeting every other week in Morland, and we would welcome any newcomers interested in doing something creative while in the company of others.

To begin with we are meeting at The Craft Room at Jasmine Cottage, where Sabine Wood lives. At present there is no charge, but you could bring a contribution of biscuits, tea, or coffee, if you wish.

You can do anything you want – bring sewing, knitting, painting/drawing, clay modelling, crochet, lace-making, quilting, card-making – anything! So far we have had Drawing, Lace-making, and Knitting. Everybody does their own thing. Also, you don't have to chat if you don't want to! And you don't have to attend every time. It is entirely flexible. A table is provided.

If you would like to join us, please register your interest with Suzie Balfour on: morlandgarden-flat@gmail.com I need to know how many will be coming so that I can organise a different venue if necessary. We look forward to hearing from you!

Bolton Nursery

We are open Monday to Friday, 8am to 6pm for babies and children aged 3 months - 11 years, offering flexible hours.

All 3 and 4 year olds are entitled to receive 15 hours of free early education per week. Families who meet the eligibility criteria will be entitled to 30 hours funded childcare from September 2017. The extended entitlement can be taken 30 hrs per week term time or 22.25 hours per week across 51 weeks of the year. Some 2-year-olds are also eligible for free funding.

We provide a **BREAKFAST/AFTERSCHOOL CLUB** during term time.

Our **HOLIDAY CLUB** will be open every week in the school holidays for primary school children within the Eden Valley. We provide holiday cover for SEN children up to 13 years old.

Our outside area is currently under renovation and when this is complete we will be having a fun filled open day for everyone – watch this space!!!! For more information telephone **017683 62468**.

1st Crosby Ravensworth Brownies

We are looking for a volunteer to help at Brownies.

Could you be that person?

We meet on Wednesday evenings (5:30 - 7 pm) during term time.

Please do something amazing - help us give girls in the local community opportunities for fun, challenge and adventure. Come and join us!

Please contact:

jolaverick63@gmail.com

Tel 01931 714216



SAVE OUR BEES!

You can help the bees by buying the PBKA 2023 Calendar.

To order copies contact

01768 894404/ mr4cnr@gmail.com

£5 each or three for £10.

Also available from retailers in and around Penrith incl. Booths, Penrith Station and Upfront Gallery.

Charity number: 1170487

Local Parish & Community Websites

Askham & Helton

www.askhamandhelton.co.uk

Bolton www.boltonvillage.org.uk

Brougham www.broughamparishcouncil.com

Cliburn www.cliburnparish.org

Clifton cliftonpc@outlook.com

Crosby Ravensworth

www.crosbyravensworthparish.org.uk

Great Strickland

www.greatstricklandparishcouncil.co.uk

Morland www.morlandparishcouncil.org

ASKHAM CHURCH

St Peter's Askham is setting up a 'warm clothes' scheme.

If you have any spare warm clothes and/or blankets, please would you consider donating them for the free use of any who are enduring hardship and finding it difficult to keep warm this winter.

The church is normally open on Saturdays and Sundays from 10 am to 4 pm in the winter and anonymous donations may be left on or near the entrance table.

If you are finding this winter difficult, you are most welcome to come and see if there is anything that would help you. Please return any items that you cannot use.

Morland Area Playgroup

All parents, carers & grandparents welcome to our friendly playgroup.



9-11am Tuesdays (Term time only)
@ Morland Village Hall



First Session Free!!

Suggested contribution thereafter: £2 per child, £1 for siblings and under ones. Includes kids snack time and a hot drink for adults.

Second Wednesday of every month we play 10-12pm at Rheged soft play for just £1.50!!

Visit our Facebook page to see what we get up to @morlandplaygroup



The Old Courthouse. Shap

Opening hours:

Mon 10am-1pm, Tue 2-5pm, Thu 2-5pm, Fri 2-5pm, Sat 10am-12 om, Sun 2-5pm

Library Link—Borrow/Return Books. Make Requests

Exhibit ‘A’ Gallery

SHAP FARMERS’ & MAKERS’ MARKET

Food/Art/Craft stalls plus much more - indoors and outdoors

Music on the Terrace 11am -1pm

Sat 17th December – Appleby Town Band

NEWSLETTER DISTRIBUTOR NEEDED

After many years faithfully and regularly acting as the central distribution point for the North Westmorland News, John Gore has decided that he has done his bit. The Newsletters arrive towards the end of each month (except July and December) and need to be bundled up and taken to the various sub-distributors. We need a new central distributor. If you would like to know more about the job, please talk to David Jones (01931 714338) or to John.

Please consider taking on this vital role to help distribute our Newsletter. Your help would be appreciated more than you can imagine; would help our villages to maintain their cohesion and would provide a source of information that is greatly valued by many, those connected with the church and those who have no connection with any place of worship.



Up and About
Cumbria standing
strong against falls

Take Positive Steps to Avoid Trips and Falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to aging is not inevitable, there are simple things we can do to minimize risk.

- **Get regular exercise** to improve strength, fitness and balance.
- **Have your eyes and hearing checked.** Vision and hearing play a vital role in balance and movement.
- **Ask your pharmacist or GP for an annual medication review.** Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.
- **Look after your feet.** Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.
- **Make sure you get enough calcium and vitamin D** to keep bones strong.
- **Check your homes for trip hazards.** Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn't mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

If you do have a fall or feel at risk of one, tell your GP

For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail sara.bradley@ageukcarlisleandeden.org.uk

The Strickland Arms

Great Strickland
Penrith, Cumbria
CA10 3DF

Tel. 01931 712238

Email: stricklandarmspenrith@hotmail.co.uk



PUB QUIZ NIGHTS



8PM

**10 NOVEMBER
8 DECEMBER
12 JANUARY**

ENTRY
£1 p.p

Prizes up for grabs
Teams 2+ people

WE WELCOME ALL TO JOIN .
FAMILY AND DOG FRIENDLY.
GOOD COMPANY, GREAT BEER AND
LOTS OF FUN GUARANTEED.
SEE YOU THERE!



Do you care?

If so Eden Carers may be able to help you. We are a charity providing free support throughout Eden to unpaid Carers who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). We provide statutory carers assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups - including after school clubs for Young Carers; social events; training and activities.

Contact us on: 01768 890280 or enquiries@edencarers.co.uk

Let us help you care.

Chris Barden Plastering

Covering all your plastering and rendering needs

Contact me for all your general building requirements

No job too small

Contact me now for your free quotation

07742330226

cjbplastering@outlook.com

Thorney Croft, Kirkby Thore,

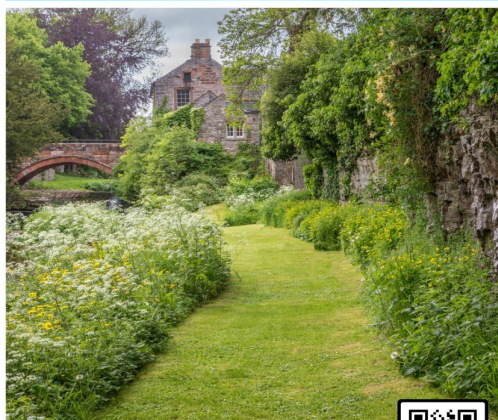
Penrith CA10 1UP

Morland House Gardens

In the heart of the Eden Valley

Member of the Historic Houses Association

Open daily 10am - 5pm



Entrance £5
U16s, HHA Members & Season Ticket holders free
Morland, Penrith, Cumbria CA10 3AZ
www.morlandhousegardens.com



SCAN ME



est. 1852

Funeral arrangements with

a professional, friendly service

24 Hours a day

Tel: 01768 891189

www.funeraldirectorspenrith.co.uk

Lowther Endowed School

'Stay and Play' sessions

Supervised by a member of the teaching staff
All pre-school children are welcome to attend.

Check school website



ST. MARY'S THRIMBY

Please note, all services at the above church are held at **11:00 am** on the **first** and **third** Sundays of the month.

Due to circumstances beyond our control, **services are being held at Ivy Cottage until further notice—however, the Christmas Miscellany will be in the CHURCH.**



The North Westmorland News is available via email!

Please send your name and email address to:

EditorNorthWestmorlandNews@outlook.com

Please make sure you leave enough room in your inbox for the Newsletter as if the remission 'bounces' , your address may be removed from future mailings.

1st Crosby Ravensworth Brownies

Brownies is for girls aged 7 - 10 years old.

It offers exciting opportunities to take on new challenges and learn new skills, make brilliant friends and discover the world around them.

Why not come along and see what all the fun is about?

Contact: Jo Laverick (Guide Leader)

Email: jolaverick63@gmail.com

Tel 01931 714216

Message to all local event advertisers.

As printing costs for the North West-morland News have inevitably risen with the additional areas of distribution, we are trying to minimise the effects by reserving the right to reduce the size of any local (free) submissions when space is limited. In case you wish to lessen the chance of a significant reduction of your copy, a 'landscape' ad is less likely to be significantly shrunk than a 'portrait' version.

The earlier you submit your adverts, the more likely they are to be included and the closer to the front of the magazine they are likely to be.

We reserve the right to reformat free submissions to appropriately fit the available space.

Advertiser's Guide

When submitting a paid advert for inclusion in the newsletter please note:

- 1/4 page ads should be max A7 portrait in size (preferably 6.8 cm w x 9.4 cm h)
- 1/2 page ads should be max A6 landscape in size (preferably 13.8 cm w x 9.4 cm h)
- Full page ads should be max A5 portrait in size (preferably 13.8 cm w x 19cm h)
- The newsletter does not print in colour.
- We do not accept adverts over 350kb so that the newsletter is small enough to email, therefore please compress any pictures to reduce their size.
- Preferred file formats: Graphic files (.jpeg, .gif, .png), Publisher docs, Word docs.

Advertising Rates

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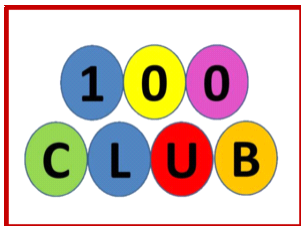
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Congratulations to our 100 club winners for October 2022

1st prize (Ball 86) Anne Bowness

2nd (Ball 74) Lynne Skelton

3rd (Ball 13) Shelia Clark

Thank you to Class 1 for drawing the numbers and to everyone for their ongoing support with the club. We have raised over £2,000 for school so far!!

Interested in joining: £3 a number, paid every month and better odds of winning than the lottery. For further information email: pta@morlandarea.cumbria.sch.uk or ask in school for a form.

Current available numbers:

21,22, 44, 45, 46, 82, 90, 93, 94, 95, 96

Full Terms & Conditions available at

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23RD OCTOBER 2022.

HARVEST FESTIVAL RAFFLE.

WINNERS WERE

IN NO PARTICULAR ORDER.

137 AIDEN ROBSON -----GIFT OF SOAPS .

170 SHEILA THOMPSON .---HARVEY BRISTOL CREAM .

253. MARIAN WHITWHAM .--- BOTTLE OF WINE .

295. MR HOWARD ----- BOTTLE OF WINE.

309. LYN COLE. ---- DINNER FOR TWO donated by the

PUNCH BOWL INN, ASKHAM.

301. AIDEN ROBSON. ----- WHISKY.

223. FREDA SCOTT. ---£30 VOUCHER donated by the

BEE HIVE INN, EAMONT BRIDGE.

ASKHAM REC would like to thank everyone who supported St Peter's Church, Harvest Festival Service .Which was held in the Village Hall this Year. We thought it would be nice to try and get back to the ways of years ago, when we all got together to celebrate this Harvest Time of year and all was safely gathered in. (long before the Covid 19 lowered its ugly head .) We had a really nice service which was followed by a hot bowl of soup with roll and butter. Then we shared a choice of several desserts, that were donated by people who had very kindly brought them to be shared during the lunch. We finished with tea coffee and biscuits.

Now I would like to say a very special thank you to all who helped in organising ,getting all the needed equipment from church, up to the village Hall, Mr and Mrs Banks and Mrs Lyn Cole .The ladies in the cafe who gave up their Sunday to help with the meal, both in serving and making the lovely soup, well done ladies, thank you so much for your hard work.

We thank also go to the Rev. Sheila Clark who had a very busy day starting in Church with the Baptism of Ayla Ellen Eve Robinson. We welcome this little girl into the body of the church. Well done Ayla.

Then taking the lovely service in the Village Hall with the help of Sarah talking about the growing of sheaves of corn with the children and the congregation, who helped to put the leaves onto the corn stems.

We think we all agree that it was well worth the effort of having the service in THE VILLAGE HALL.

Morland Mothers Union Open Meeting

Our Open meeting on Thursday 27th October in the village hall was certainly a successful one. We were lucky to have Andy Airey, of “3 Dads Walking Fame” to speak to our members and guests. Margaret Gore welcomed members and guests. Over 60 people were present, including our own members as well as other MU members from Bolton, Asby and Shap. There were also some WI members, a group of friends from Penrith Methodist Church and others from Morland and nearby villages.

Andy, who was then introduced by Margaret, gave a moving and inspiring talk about how his life had changed since losing his daughter, Sophie, to suicide almost 4 years ago. To help cope with his grief, he began by running marathons and getting involved with other fundraising events. His main motive was to raise awareness of suicide in young people and also raise money for Papyrus, Prevention of young Suicide. This is the charity which helped Andy and his family after their loss.

Eventually, by chance Andy met up with Mike and Tim who had also lost their daughters to suicide. They soon planned their first walk of over 300 miles between their homes, in 2021. This is when they became the “3 Dads Walking”. They were featured on BBC Breakfast and Look North, giving them celebrity status! All the money they raised went to Papyrus.

Walking and talking helped Andy, Tim and Mike with their grief, so another walk of 600 miles was planned for 2022. This time they walked between all the UK Parliaments, raising even more money for Papyrus. During the walk, the total amount passed the £1 million mark. In fact, on the last day they were given a Just Giving award for Fundraising Team of the Year. A few days before Andy’s talk, the 3 Dads had been at the Pride of Britain Awards where they received a Special Recognition Award. Coverage of their walks was again featured on television, their current aim being to get suicide prevention included in the National Curriculum.

Despite the subject matter being both serious and sad, Andy managed to tell his moving story in such a way that his audience were gripped from beginning to end. A number of slides illustrated the talk and Andy also played the soundtrack of a folk song called “3 Dads Walking” written specially for them by The Young Uns. This had a catchy tune and very apt lyrics. After the talk, Andy answered a few questions from the audience, and the vote of thanks was given by Ann Baxter.

Many members worked hard to make the Open meeting a great occasion. A raffle was organised and refreshments included homemade cakes with tea or coffee. Also very popular and much appreciated was ice cream which Claire Bland from Abbott Hall Farm brought along. There was no charge for this but donations went to Papyrus.

When all the proceeds from the meeting had been put together, we were able to give Andy a cheque to the value of £570 for Papyrus.

We would like to thank everyone for coming and giving so generously to this very worthy cause.

For information :-

PAPYRUS HOPELINEUK is a confidential support and advice service for :-

- Children and young people under the age of 35 who are experiencing thoughts of suicide.
- Anyone concerned that a young person could be thinking about suicide.

Call: 0800 068 4141
Opening hours

Text: 07860 039 967 Email: pat@papyrus-uk.org
9am to midnight every day of the year.

Margaret Gore (Branch Leader)

FELLRUNNER EXCURSIONS

Thank you to all the loyal passengers who have supported the monthly excursions throughout 2022.

Some of the trips have been more popular than others and therefore with reduced numbers we have had to run at a loss to the Company. The Fellrunner Bus Co. is a Charity, run entirely by volunteers, but to be sustainable we need to maintain our passenger numbers and cover the cost of these excursions.

The monthly trips are run to give people in our group of parishes the opportunity to socialise and enjoy a day out without the need to drive. Coffee and lunch stops are essential!... All are welcome.

The list of excursions for 2023 will be available early next year and we look forward to your continued support.

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St Lawrence, CR



Dec 4th Holy Communion 11.00am with
Bishop James Bell

Thursday Dec 15th Parish Community and
School Carol Service 6pm followed by
mulled cider reception

Dec 18th Carols [entirely by candlelight]
6.30pm at our lay led Celtic Evening Prayer
Christmas Day December 25th 10.30am [NB
earlier time] Holy Communion with Bishop
James Bell

January 15th 2023 Evening prayer 6.30pm
with David Jones and Revd Stephen Tudway,
our new incumbent

January 22nd Holy Communion 11.00am
with Bishop James Bell

	Askham with Lowther	Bolton
December 4th 2nd Sunday Of Advent	11:00 Family Worship Lay Led Is. 11 1-10 Matt 3 1-12	9:15 Family Communion JHB Is. 11 1-10 Matt 3 1-12
December 11th 2nd Sunday Of Advent	11:00 Joint Holy Communion Great Strickland SPC Is 35 1-10 Matt 11 2-11	
December 18th 2nd Sunday Of Advent	11:00 Carol Service SPC TBA	5:00 Carol Service JHB
Carol Services	3rd December 3:00 Concert 18th December 11:00 9 Lessons & Carols	18th December 5:00 JHB
December 24th 2nd Sunday Of Advent	5:00 Crib Service SPC tba 	5:00 Crib Service JHB 11:30 Midnight Mass JHB 
December 25th Christmas Day	11:00 Holy Communion SPC tba	

KEY:

SPC	Rev'd Sheila Clark
SRP	Rev'd Sandy Pearl;
JHB	Rt. Rev'd James Bell;
DGJ	David Jones,
AJS	Rev'd Andrew Sterling (Methodist)
JWR	Rev'd Jon Russell
SWT	Rev'd Stephen Tudway

Services labelled "Family Communion" are in a modernised format.

Children are welcome at all our services; and activities will be provided where you see this symbol.



Cliburn	Crosby Ravensworth
	11:00 Holy Communion JHB Is. 11 1-10 Matt 3 1-12
11:00 Joint Holy Communion Great Strickland SPC Is 35 1 - 10 Matt 11 2 - 11	
11:00 Holy Communion JHB Is 7 10-16 Matt 1 18-25	6:30 Celtic Evening Prayer Lay Led by Candlelight Is 7 10-16 Matt 1 18-25
21st December 7:00 SPC	15th December 6:00 Community & School Carol Service
11:30 Midnight Mass JHB tba	
	10:30 Holy Communion JHB tba

Midweek Holy Communion

is celebrated in Morland Church
on Wednesdays at 10.00am.

*This is a quiet, said service, an
uplifting and refreshing break
from daily duties.*

Come and join us!

	Clifton & Brougham	Great Strickland
December 4th 2nd Sunday Of Advent	9:15 Holy Communion Clifton SPC Is 11 1-10 Matt 3 1-12	11:00 Holy Communion JWR Is 11 1-10 Matt 3 1-12
December 11th 2nd Sunday Of Advent	11:00 Joint Holy Communion Great Strickland SPC Is 35 1-10 Matt 11 2-11	
December 18th 2nd Sunday Of Advent		
Carol Services	11th December Clifton 3:00 SPC	21st December 7:00 DGJ
December 24th Christmas Eve	9:30 pm Midnight Mass Clifton DGJ tba	11:00 Midnight Mass JWR tba
December 25th Christmas Day		


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Morland	Thrimby
11:00 Holy Communion SPC Is 11 1-10 Matt 3 1-12	11:00 Morning Prayer Lay Led Is 11 1-10 Matt 3 1-12
11:00 Joint Holy Communion Great Strickland SPC Is 35 1-10 Matt 11 2-11	
17th December Village Carols 18th December 5:00 9LC 20th December 11:15 Christingle SPC & DGJ	
5:00 Crib Service DGJ 	
10:30 Holy Communion JWR tba	

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on Wednesdays at 10.00am.

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from daily duties.*

Come and join us!

	Askham with Lowther	Bolton
January 1st Second Sunday Of Christmas	11:00 Joint Holy Communion (Morland) JHB Heb 2 10-18 Matt 2 13-23	
January 8th Epiphany	11:00 Holy Communion JHB Eph 3 1-12 Matt 2 1-12	9:15 Family Communion JHB Eph 3 1-12 Matt 2 1-12
January 15th 2nd Sunday of Epiphany	11:00 Morning Worship SRP Is 49 1-7 John 1 29-42	9:15 Family Communion SWT 1 Cor 1 1-9 John 1 29-42
January 22nd 3rd Sunday of Epiphany	11:00 Holy Communion SPC 1 Cor 1 10-18 Matt 4 12-23	6:30 Taize SWT Is 9 1-4 Matt 4 12-23
January 29th 4th Sunday of Epiphany	11:00 Joint Service (Askham) SWT 1 Cor 1 18-31 John 2 1-11	

KEY:

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Cliburn	Crosby Ravensworth
11:00 Joint Holy Communion (Morland) JHB Heb 2 10-18 Matt 2 13-23	
11:00 Holy Communion SWT 1 Cor 11-9 John 1 29-42	6:30 Evening Prayer SWT 1 Cor 11-9 John 1 29-42
	11:00 Holy Communion JHB 1 Cor 1 10-18 Matt 4 12-23
11:00 Joint Service (Askham) SWT 1 Cor 1 18-31 John 2 1-11	

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on Wednesdays at 10.00am.

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uplifting and refreshing break
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Come and join us!

	Clifton & Brougham	Great Strickland
January 1st Second Sunday Of Christmas	11:00 Joint Holy Communion (Morland) JHB Heb 2 10-18 Matt 2 13-23	
January 8th Epiphany	9:15 Holy Communion Clifton SPC Eph 3 1-12 Matt 2 1-12	11:00 Holy Communion JWR Eph 3 1-12 Matt 2 1-12
January 15th 2nd Sunday of Epiphany		
January 22nd 3rd Sunday of Epiphany		11:00 Informal Service Lay Led SWT Is 9 1-4 Matt 4 12-23
January 29th 4th Sunday of Epiphany	11:00 Joint Service (Askham) SWT 1 Cor 1 18-31 John 2 1-11	


KEY:

SPC	Rev'd Sheila Clark
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Morland	Thrimby
<p>11:00 Joint Holy Communion (Morland)</p> <p>JHB</p> <p>Heb 2 10-18 Matt 2 13-23</p>	
<p>11:00 Holy Communion</p> <p>SPC</p> <p>Eph 3 1-12</p> <p>Matt 2 1-12</p>	<p>11:00 Morning Prayer</p> <p>Lay Led - Ivy Cottage</p> <p>Eph 3 1-12</p> <p>Matt 2 1-12</p>
<p>11:00 Messy Church</p> <p>Village Hall</p> <p>tba</p> 	<p>11:00 Morning Prayer</p> <p>Lay Led - Ivy Cottage</p> <p>Eph 3 1-12</p> <p>Matt 2 1-12</p>
<p>11:00 Morning Worship</p> <p>DGJ</p> <p>Is 9 1-4</p> <p>Matt 4 12-23</p>	
<p>11:00 Joint Service (Askham)</p> <p>SWT</p> <p>1 Cor 1 18-31 John 2 1-11</p>	

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Come and join us!



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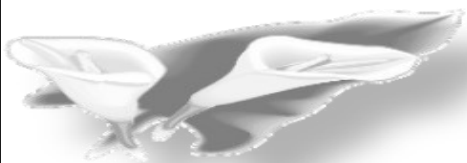


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CHRISTMAS WORD SEARCH

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G C A T G O L D Z Z B H V H M
T F V S A I X S X S E E V Y A
R G I T F R T R I P T P J E N
G N O A R N H E Q R H H O U G
J P U B A X R J T E L E S W E
E A R L N D E O O S E R E Q R
S O A E K D E I M E H D P F M
U J N L I J W C Y N E S H W X
S W G Q N U I E R T M V H V N
J A E Y C L S T A S J U P R Z
L I L X E A E M G N X P I H Q
U V S C N C M A X N Q Z B Q U
J D S P S F E R J H E R O D X
I E U Z E L N Y C M I Z Y Q U

THREEWISEMEN

BETHLEHEM

FRANKINCENSE

PRESENTS

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REJOICE

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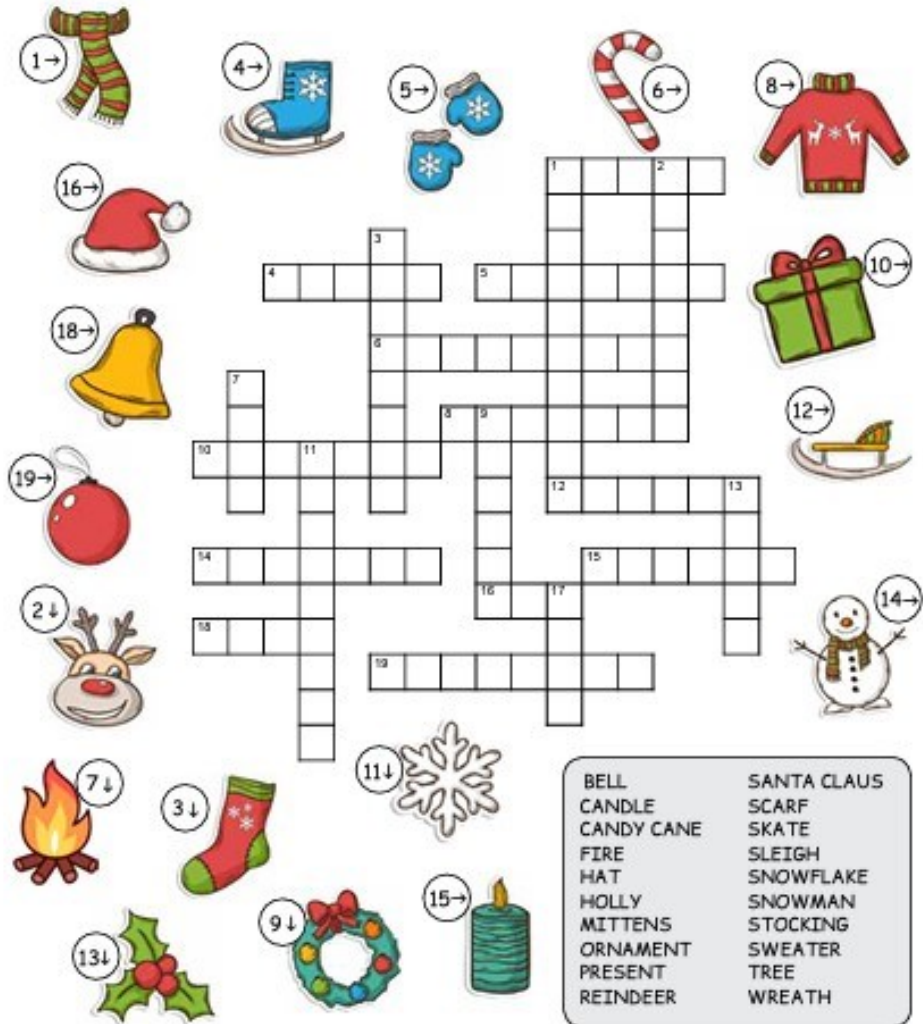
GOLD

JESUS

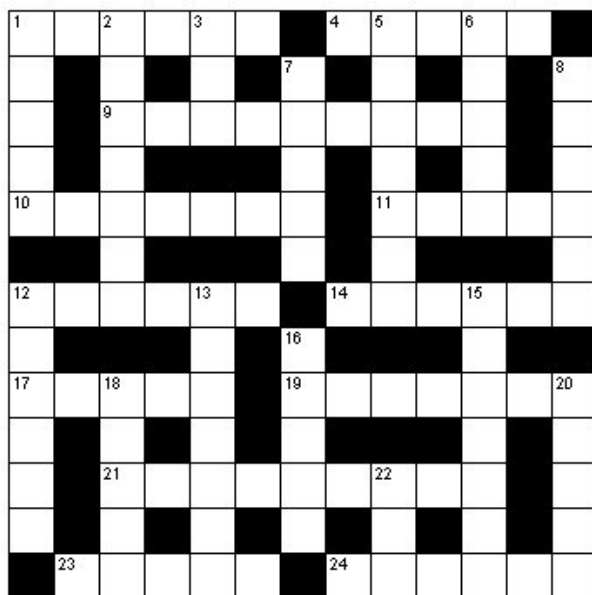
MARY

Christmas Vocabulary

DIRECTIONS: Fill in the puzzle grid with the name of each Christmas item following the number and direction indicated. Use the word bank if you get stuck.



Cryptic 01 Puzzle Choice



Across

1. Bank employee, who can say (6)
4. Balance found in muesli bran (5)
9. Crumbling old places fell down (9)
10. Not as old as that confused Reno guy (7)
11. Plenty of land in tarmac resort (5)
12. Opposed to poetry (6)
14. Purloins duck between beginning and end of shifts (6)
17. Last letter in some game (5)
19. Tolerates some token duress (7)
21. Alter code when moved (9)
23. One of the Earps, sounds interrogative at first (5)
24. Shuffle a paper then come into view (6)

Down

1. Sum up tall youth, essentially (5)
2. Let cure become a lesson (7)
3. Find a fish in a wee lake (3)
5. Begins tantrum in a moment (7)
6. Palindrome instrument (5)
7. Found in large scale drama crowd (5)
8. Hesitates to use spa turbulence (6)
12. Committee on a ship (6)
13. Evidence of injury, allow for redness (7)
15. Shorten a river crossing (7)
16. Serenity, sounds like part of something greater (5)
18. Nobleman with ponytail is before his time (5)
20. Grasp earnest weapon, essentially (5)
22. High point found in octopus (3)

November Issue

Crossword Solution

Thanks to Reader’s Digest
For allowing use of these
Crosswords.

M	A	L	T	E	S	E	F	A	L	C	O	N	
U	M	A				L		R				U	
M	A	X	I	M	U	M		D	I	C	E	D	
B			T	I				O		H		I	
L		B	O	X	E	R	B	R	I	E	F	S	
E	V	A		E		I		S	E			T	
		M	A	R	K	S	P	I	T	Z			
O		B	D			K		D		I	M	P	
P	O	O	D	L	E	S	K	I	R	T		U	
E		O		I				O	O			T	
N	O	S	E	S			A	R	M	Y	A	N	T
U				Z			E				L	Y	E
P	O	I	N	T	E	R	S	I	S	T	E	R	

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KAKURO PUZZLE

How to solve:

Each number on the grid represents a total that has to be made up by adding the numbers adjacent to it. You can only use single digits and no digit can be repeated in the same calculation. If properly completed, you should be able to fill the grid.

Example:
Number 4 is shown on the grid. The only numbers you can use to add to a total of 4 are 3 + 1 or 1 + 3 (you can’t use 2 + 2 as you can’t repeat digits). Lightly pencil the digits 1 and 3 in each of the boxes next to each 4. Then work in the same way to find the solution.

		20	3	23		12	16
	12				16		
5					24		
41							
3			13			11	
	17		24				
				10			16
			23				
	16			11			
14	5			17			
42							
10			22				

Dates For The Winter Diary

DECEMBER 2022

1st	Remi Harris & Tom Moore	39
3rd	Carols & Carousing	6
&	Bolton Christmas Coffee Morning	7
&	Hospice @ Home Concert	9
4th-19th	Dalemain Christmas Lunches	34
8th	Strickland Arms Quiz Night	17
17th	Carols at the Crown	7
18th	A Christmas Miscellany	6
21st	St Cuthbert's Carol Service	7

JANUARY 2023

12th	Strickland Arms Quiz Night	17
29th	North Westmorland Arts	8

THE LAST WUFF!

What an exciting time I've been having! I have a new baby cousin! Boss, Mummy and I went to visit my Aunt Barbara and she had a small furry thing in her house. At first I wasn't sure what it was. Boss said it was an overgrown guinea pig, but Mummy said it was a naughty word. Then I realised I had misheard her. She is my cousin and she is a Shed Zoo. She doesn't smell like a dog, but Mummy tells me she will grow up to be one. We went in the garden and played which was good fun and I said "WOOF!" a lot, but she didn't understand me.

Then yesterday, Aunt Barbara came to visit Mummy and Boss and she brought my cousin with her. Her name is Saffy and we were playing in the garden again, running and jumping up and down the little walls Boss put in for me to play with. I was just sniffing at some plants and I heard a splash! Saffy had jumped over one of the walls and into the pond! She had a nice swim up and down and then scrambled out over the planting area and went to tell Mummy and Aunt Barbara about her adventure. Mummy got a towel and Boss got a hairdryer and they dried her off. I don't think she liked that very much. Then we all laughed and Saffy and I played a bit more before she went home.

I didn't think I liked her at first, because she kept taking my toys out to play with, but after we had played together for a bit and she fell in the pond, I liked her much better. I hope she comes to play again soon.

THE LAST WORD.....

A final note in case any of you are worried—Saffron is perfectly fine after her adventure, thank goodness, and we hope she might look before she leaps in future.

I'd like to say a really big 'Thank You' to Margaret Towson of Back to Life in Penrith, who has gone to work on my trapped nerve and taken the majority of the pain away so I can now type! I still have two numb fingers, but am off painkillers thanks to her hard work.

Finally, Flick and I would like to wish all of you the Happiest of Christmases and a very Merry New Year. Good luck and God bless you all.

EditorNorthWestmorlandNews@outlook.com

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Editor		

The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

As soon as one Newsletter goes to press, we start on the next, so please send material for the next issue

7th January '23 at the very latest.

Material by email please to EditorNorthWestmorlandNews@outlook.com