

February 2023

North Westmorland News

Group website:

www.northwestmorlandchurches.org.uk



*To love Christ and
make Him known*

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**Welcome to the February '23 issue
of North Westmorland News
Please send copy for the March
Issue to:**

From the Vicarage

Hello, I am the new Church of England minister for North Westmorland, an area embracing Shap, Bampton, Askham, Lowther, Brougham, Clifton and Brougham, Cliburn, Bolton, Morland and Crosby Ravensworth (with apologies to the churches and localities within that circle that I haven't mentioned – you are not forgotten!). I am also acting as Rural Dean, with responsibility for Appleby Deanery, including Appleby itself, and the wider area down to Brough, Kirkby Stephen, Orton and Tebay. I hope you will excuse me using this month's article just to introduce myself and my family.

I have come here from the south west of the County, around the top of the Duddon Estuary. I had responsibility for seven churches there, and for a year I was also the interim Methodist Minister. I have moved with my wife, Charlotte, and daughter Anna, who is on a gap year before university. We have a son, William, who lives in Hertfordshire in one of our former parishes. He works as a planter, machine operator and HGV driver for a large tree nursery.

Charlotte and I met at university, where we both studied law. Charlotte practised as a solicitor before leaving work to look after our two children. I was a barrister for 20 years, first in independent practice and then helping to set up a London litigation practice for a US law firm. In my early days, I practised in charity, company and insolvency law, but gradually moved into commercial IT, construction and technology projects, including spacecraft (not as exciting as it sounds, unfortunately). In my spare time, I enjoy fiddling with my trusty Land Rover, which has been with me for nearly 15 years now, and is back from the dead, having been written off by a careless motorist while parked during my ordination service.

I gradually reduced the amount of legal work I was doing, to give me more time for church commitments. After completing my ministerial training, I was curate of two rural parishes in Hertfordshire. Having worn many volunteer hats, I never forget that the life of any community (the church included) depends upon the time and efforts of its unpaid army of volunteers.

Charlotte retrained as a primary school teacher when our daughter started school. She was headteacher of a small school in Hertfordshire, and is now Director of Education for the Diocese of Carlisle, supporting our family of 104 church schools. I have been involved in church and community school governance, from pre-school to Key Stage 5, for about 16 years now, so I look forward to helping all the schools in my new patch, as well as getting involved in youth work.

With such a large area to cover, it is impossible for the vicar to do everything, or even to know everything that he or she ought to be doing. I am hugely blessed to have the support (and to support in my turn) a large team of ministers and other volunteers across all our churches. Please do not hesitate to get in touch, for any reason, using the contact details below. I hope over time to get to know, and to be of service, to everyone, churchgoer or not. Please stop me in the street, outside school, in the shops or in the pub and introduce yourself. You will recognise me when I am dressed in black with a funny collar, but I am the vicar in my shorts and t-shirt too.

We will be making our home in Morland Vicarage, 01931 719210 (a new number, if you still have the old one). You can get in touch via email too:

stephen@northwestmorlandchurches.org.uk

I look forward to making further contributions to the magazine that will not be all about me!

Stephen

Church News & Local Events



Morland MU

Christmas Card in Morland Church

Many thanks to everyone who made donations through our Christmas card in Morland Church.

I am pleased to let you know that £267 was collected for the Salvation Army in Penrith. They were most grateful for this sum which will be used to help those in need locally.

Margaret Gore, on behalf of Morland Mothers' Union.

VALENTINE'S DAY

St Valentine was martyred on 14th February in the 3rd Century. At a time when Roman soldiers were not allowed to marry, it is said that he performed Christian weddings against the decree of Claudius II. When sentenced to be executed for this, he supposedly fell in love with the jailer's daughter and sent her a message signed 'Your Valentine'. Was this the original Valentine Card?



House Group

The next meeting will be held on Monday, 6th February at 2 p.m. The venue has not yet been decided. Please ring 01931714455 for further details.

St Cuthbert's Church Cliburn

The PCC wishes to thank everyone who helped with the decorating of our lovely church for Christmas. Many thanks to JW Jenkinsons for donating the outside Christmas tree (Memory Tree).

Also a chance to say thank you to all who provided the cleaning and flowers to keep our church so clean and tidy during 2022. There are months available if you have spare time

Please contact Churchwarden. Wishing you all good Wishes for 2023.

CAROLS & CAROUSING

ST. PETER'S CHURCH, ASKHAM

We should like to apologise for the cancellation of this event, which was necessary because one of the singers was taken into hospital as an emergency patient the day before it was to take place.

We hope to be able to perform next Christmas instead and trust you will give your support then.

Thank you for understanding.

Affected by Cancer?

APPLEBY & DISTRICT CANCER SUPPORT GROUP

Invite you to

Come for Coffee

Open to all in Eden district



We Meet

~ Every 1st & 3rd Monday of each month
(except Bank Holidays)
~ in The Bennett Room The Hub
Chapel Street Appleby CA16 6QR
~10 am - 12 noon

Chat in confidence with others
going through tough times

Also on offer:
Light exercise

Further Info, Phone

~ Rosie on 017683 52263 or
~ Jackie on 017683 52277

NEWBY PARISH

Good News – Newby Parish now has a new defibrillator.

It is located at the Smithy, Newby Cottage which is by the entrance to Margaret Croft – What Three Words – freezers.suitably.amps.

Driving down Newby, at the sharp bend to Morland go straight ahead towards Newby End and it is about 50 yards on the left.

In an emergency

- 1) Ring 999
- 2) North West Ambulance Service will give you a code to open the cabinet if a defibrillator is needed.
- 3) The defibrillator will tell you what to do – it gives verbal instructions.

If you would like training please contact Joyce Berry on 01931 714828.

What could be more important than saving a life?

Community First Responders for Morland, Bolton, Newby, Cliburn, Kings Meaburn, Great & Little Strickland and Surrounding Area

!!!!VOLUNTEERS URGENTLY NEEDED!!!!

Unfortunately Morland Area Community First Responders are desperately short of volunteers.

In remote communities like ours we can literally save lives by providing first aid to patients before the ambulance arrives.

In out of the way areas like ours it can sometimes take much longer for an ambulance to reach the patient and first responders get there first to provide potentially life saving help for the short time before the ambulance arrives.

You will receive excellent training from North West Ambulance Service and ongoing refresher training and excellent support from existing volunteers.

This is a very rewarding and interesting volunteering opportunity and you can volunteer for as many hours per month as is suitable for you.

If you are just starting out on your career or thinking about changing your career path this is an excellent addition to your CV.

- Minimum age 18
- Must hold a driving licence

If you are wondering whether this might be something that you could do then please don't hesitate to call **Dean on 07812 773407 or Caroline on 01931 714971** for a chat, we can answer any questions you may have as we both have years of experience as CFR volunteers.

Tea, Coffee & Chat

Morland and Newby Village Hall

Every Thursday in term time

9:45am—11:00 am

All welcome

Come and join the chat.

Open to all ages.

Mums/Dads/Grandparents/carers/
singles -

Bring your babies and toddlers -

Come on your own -

Housebound? Ring for a lift.

01931 714238



Please come and join us.



MORLAND UKULELE GROUP

Meet Tuesday evenings 19:00 -21:00

at Morland Village Hall

(when available)

New members always welcome,
but please ring to check as we will
occasionally meet at an alternative
venue.

Contact Mark or Rachel
on 01931 714163

Morland Area Playgroup

All parents, carers and grandpar-
ents welcome to our friendly
playgroup.

9am-11am Tuesdays (termtime
only) @Morland Village Hall

First session free! Suggested
contribution thereafter: £2 per
child, £1 for siblings and under
ones. Includes snack time and a
hot drink for adults

Visit our Facebook page for more
info @morlandplaygroup

GO ON - MAKE SOMEONE'S DAY!

Do you have any toys that are un-
wanted?

Family Support are already collecting for
Christmas 2023, and would be grateful
for any donations of new or nearly new
toys for boys and girls of all ages (no
guns or war games, please).

In December, these will be passed on to
children whose families are unable to
spare the money to buy them toys.
YOU could make a child's Christmas
really special this year by passing on an
unwanted toy.

Please email John Bass if you can
help (johnisobelbass@gmail.com)

FELLRUNNER EXCURSIONS 2023

For the people living in the North Westmorland group of parishes and surrounding areas, The Fellrunner Village Bus Group have again kindly offered to provide a 16 seat bus for community use this year, and a list of the proposed trips is given below. If you would like to make a booking, please contact Mike Roulson on 01931 714457 to enquire if seats are available. Please note that for some visits there will be an entrance charge payable as well as the bus fare.

March 4th Southport. The Victorian seaside resort with quality shops and a pier almost 1 mile in length.

April 1st. A visit to Lakeland Ltd. the retail outlet at Windermere followed by a drive through the Ambleside and Grasmere areas to Keswick where there is a Saturday market, or perhaps a walk to Friars Crag with the outstanding views across Derwentwater down the Borrowdale valley.

May 13th Beetham Nursery nr.Milnthorpe followed by a visit to Sizergh Castle, managed by the National Trust and still the home of the Strickland family. A house visit is optional but there are lovely gardens to walk round with a shop and tearoom available.

June 3rd Grange over Sands and Cartmel. A visit to the old seaside resort with its shops and a promenade to walk along. Afternoon visit to Cartmel to see the beautiful Priory and perhaps purchase the famous Sticky Toffee Pudding from the village stores.

July 8th A visit to the new Royal Horticultural Society garden at Bridgewater, Manchester. A wonderful 156 acre development on the historic Worsley New Hall estate, one of the largest gardening projects in Europe.

August 19th Kettlewell Scarecrow Festival, one of the biggest and best in the UK

Sept 2nd A visit to Stott Park Bobbin Mill south Cumbria. This extensive working mill produced millions of bobbins vital to the important Lancashire spinning and weaving industry. See the workings of a bygone age, and watch the bobbins being made.

October 7th Knaresborough, a market town with an ancient castle situated on the river Nidd. Perhaps visit Mother Shipton's Cave.

November 11th Hexham to visit the medieval abbey. A lovely town with a number of independent shops and a Farmers Market held on the second Saturday each month in the Market Place.

Dec. 9th Carlisle Christmas Market.....to be confirmed.

Local Grants Woodhead and Pennyfeather Charity

The objective of the charity is to help people living or working in the parish of Lowther who find that they are in need, by awarding small grants or by paying for items or services to help those people.

If you are in need, or know of anyone in need please contact the charity using this email address:

woodandpenny@gmail.com

Confidentiality is ensured.

BOLTON COMMUNITY CAFÉ Formerly known as Bolton Exchange **OPEN EVERY TUESDAY IN THE MEMORIAL HALL**

On the first Tuesday of every month we open from **1pm – 3pm** for lunch – Quiche and salad, soup and rolls (depending on season) and always delicious homemade desserts, plus coffee or tea – all for £5

On the other Tuesdays we are open from **2.30 – 4pm** serving unlimited tea or coffee, plus homemade cakes and biscuits - £1.50

There are always hand made greetings cards for sale and we are happy for people to bring along any plants, vegetables, jams or chutneys that they wish to sell or donate. We hope to have other activities occasionally – maybe music or a talk, a craft exhibition or a games table. Watch this space!

EDEN ACTIVE FIT4ALL at Shap Memorial Hall Wednesdays 1.15 - 3.15 m £3 per session All Welcome

Gentle activities designed to help you become more active in your older years in a friendly, sociable setting.

Details from the Old Courthouse, Shap

**Contact website for up to date
information re Covid-19**

www.theoldcourthouse.org

Tel: 01931 717539

Please continue donating to our local food banks in Appleby (Sands Methodist Church) and Penrith. (Salvation Army) Many more families are still finding it hard to manage through this difficult time.



Morland Area Primary School PTA



WIN up to £120.00 per month with better odds than the lottery!!

Help to raise funds to maintain and continue to improve Morland Area Primary School.

£3 a month for a ball in the draw. Possible to win 1st, 2nd or 3rd prize.

Easy to pay for with BACS or an annual cheque.

Results are announced every month through the school and newsletter

For further information email pta@morlandarea.cumbria.sch.uk or speak to Claire Lane via the school

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request



Congratulations to our 100 club winners for December 2022

1st prize Tasha Wilson (Ball 91)

2nd Zoe Graham (Ball 40)

3rd Victoria Sewell (Ball 39)

Thank you to after school club for drawing the numbers and to everyone for their ongoing support with the club. We have raised over £2,300 for school so far!!

Interested in joining: £3 a number, paid every month and better odds of winning than the lottery. For further information email: pta@morlandarea.cumbria.sch.uk or ask in school for a form.

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request



CREATIVE CHAT GROUP

This group has started by meeting every other week in Morland, and we would welcome any newcomers interested in doing something creative while in the company of others.

To begin with we are meeting at The Craft Room at Jasmine Cottage, where Sabine Wood lives. At present there is no charge, but you could bring a contribution of biscuits, tea, or coffee, if you wish.

You can do anything you want – bring sewing, knitting, painting/drawing, clay modelling, crochet, lace-making, quilting, card-making – anything! So far we have had Drawing, Lace-making, and Knitting. Everybody does their own thing. Also, you don't have to chat if you don't want to! And you don't have to attend every time. It is entirely flexible. A table is provided.

If you would like to join us, please register your interest with Suzie Balfour on: morlandgarden-flat@gmail.com I need to know how many will be coming so that I can organise a different venue if necessary. We look forward to hearing from you!

Bolton Nursery

We are open Monday to Friday, 8am to 6pm for babies and children aged 3 months - 11 years, offering flexible hours.

All 3 and 4 year olds are entitled to receive 15 hours of free early education per week. Families who meet the eligibility criteria will be entitled to 30 hours funded childcare from September 2017. The extended entitlement can be taken 30 hrs per week term time or 22.25 hours per week across 51 weeks of the year. Some 2-year-olds are also eligible for free funding.

We provide a **BREAKFAST/AFTERSCHOOL CLUB** during term time.

Our **HOLIDAY CLUB** will be open every week in the school holidays for primary school children within the Eden Valley. We provide holiday cover for SEN children up to 13 years old.

Our outside area is currently under renovation and when this is complete we will be having a fun filled open day for everyone – watch this space!!!! For more information telephone **017683 62468**.

1st Crosby Ravensworth Brownies

We are looking for a volunteer to help at Brownies.

Could you be that person?

We meet on Wednesday evenings (5:30 - 7 pm) during term time.

Please do something amazing - help us give girls in the local community opportunities for fun, challenge and adventure. Come and join us!

Please contact:

jolaverick63@gmail.com

Tel 01931 714216



SAVE OUR BEES!

You can help the bees by buying the PBKA 2023 Calendar.

To order copies contact

01768 894404/ mr4cnr@gmail.com

£5 each or three for £10.

Also available from retailers in and around Penrith incl. Booths, Penrith Station and Upfront Gallery.

Charity number: 1170487

Local Parish & Community Websites

Askham & Helton

www.askhamandhelton.co.uk

Bolton www.boltonvillage.org.uk

Brougham www.broughamparishcouncil.com

Cliburn www.cliburnparish.org

Clifton cliftonpc@outlook.com

Crosby Ravensworth

www.crosbyravensworthparish.org.uk

Great Strickland

www.greatstricklandparishcouncil.co.uk

Morland www.morlandparishcouncil.org

ASKHAM CHURCH

St Peter's Askham is setting up a 'warm clothes' scheme.

If you have any spare warm clothes and/or blankets, please would you consider donating them for the free use of any who are enduring hardship and finding it difficult to keep warm this winter.

The church is normally open on Saturdays and Sundays from 10 am to 4 pm in the winter and anonymous donations may be left on or near the entrance table.

If you are finding this winter difficult, you are most welcome to come and see if there is anything that would help you. Please return any items that you cannot use.

Morland Area Playgroup

All parents, carers & grandparents welcome to our friendly playgroup.



9-11am Tuesdays (Term time only)
@ Morland Village Hall



First Session Free!!

Suggested contribution thereafter: £2 per child, £1 for siblings and under ones. Includes kids snack time and a hot drink for adults.

Second Wednesday of every month we play 10-12pm at Rheged soft play for just £1.50!!

Visit our Facebook page to see what we get up to @morlandplaygroup



The Old Courthouse. Shap

Opening hours:

Mon 10am-1pm, Tue 2-5pm, Thu 2-5pm, Fri 2-5pm, Sat 10am-12 om, Sun 2-5pm

Library Link—Borrow/Return Books. Make Requests

Exhibit ‘A’ Gallery

SHAP FARMERS’ & MAKERS’ MARKET

Food/Art/Craft stalls plus much more - indoors and outdoors

NEWSLETTER DISTRIBUTOR NEEDED

After many years faithfully and regularly acting as the central distribution point for the North Westmorland News, John Gore has decided that he has done his bit. The Newsletters arrive towards the end of each month (except July and December) and need to be bundled up and taken to the various sub-distributors. We need a new central distributor. If you would like to know more about the job, please talk to David Jones (01931 714338) or to John.

Please consider taking on this vital role to help distribute our Newsletter. Your help would be appreciated more than you can imagine; would help our villages to maintain their cohesion and would provide a source of information that is greatly valued by many, those connected with the church and those who have no connection with any place of worship.



Up and About
Cumbria standing
strong against falls

Take Positive Steps to Avoid Trips and Falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to aging is not inevitable, there are simple things we can do to minimize risk.

- **Get regular exercise** to improve strength, fitness and balance.
- **Have your eyes and hearing checked.** Vision and hearing play a vital role in balance and movement.
- **Ask your pharmacist or GP for an annual medication review.** Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.
- **Look after your feet.** Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.
- **Make sure you get enough calcium and vitamin D** to keep bones strong.
- **Check your homes for trip hazards.** Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn't mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

If you do have a fall or feel at risk of one, tell your GP

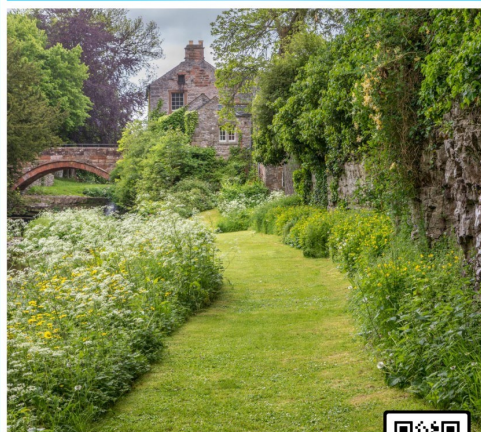
For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail sara.bradley@ageukcarlisleandeden.org.uk

Morland House Gardens

In the heart of the Eden Valley

Member of the Historic Houses Association

Open daily 10am - 5pm



Entrance £5

U16s, HHA Members & Season Ticket holders free

Morland, Penrith, Cumbria CA10 3AZ

www.morlandhousegardens.com



SCAN ME

Fancy training as a gardener?

**Morland House Gardens
are looking for a new trainee
to work 2 days a week
in the garden.**

Enthusiasm for plants,
a willingness to get stuck in
and a keenness to learn are
all that is required!

For further details go to our website
www.morlandhousegardens.com, or contact
Josephine on 07754113114 or 01768 896421,
or pop into the garden on a Monday
to have a chat.

Morland House Gardens, Morland.

The snowdrops are making their first appearance along the Beck Walk to be followed by a carpet of aconites, and we warmly invite you to enjoy a visit in this very special garden. We are very proud that the gardens have been chosen to feature in the Historic House Houses Association 2023 guide for containing 'a beautiful example of a Victorian rock garden' – with a picture of the newly planted herbaceous border.

Many of you will know that there is a charge for visiting the gardens, to help cover the considerable cost of their maintenance, but readers of this magazine are warmly invited to apply for a FREE season ticket for 2023 which gives unlimited access to the gardens during the changing seasons. This ticket will also give a 10% discount off the 2024 season ticket. Please apply to Julia Evans by email: julia.evans@morlandhouse.net or by phone on 01931 234 714 who will be delighted to sign you up. Parking is available in front of Morland House (entrance drive signed opposite the Crown Pub in the village square). Garden trail (take a leaflet) & Plant Stall. Millyard Café is open Tuesdays to Sundays. Dogs are welcome but on leads please in the formal gardens and on the lawns. Come and enjoy!

Do you care?

If so Eden Carers may be able to help you. We are a charity providing free support throughout Eden to unpaid Carers who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). We provide statutory carers assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups - including after school clubs for Young Carers; social events; training and activities.

Contact us on: 01768 890280 or
enquiries@edencarers.co.uk

Let us help you care.

NORTH WESTMORLAND ARTS

Concerts in Appleby Public Hall

26th February - 7.30pm

Budapest Café Orchestra

traditional folk and gypsy-flavoured
music from the Balkans, Klezmer
lamentations, Hungarian Czardas

2nd April – 7.30pm

Bradley Creswick and Friends

Violinist, Bassist/Guitarist, Pianist
playing a range of genres including
Astor Piazzolla

Tickets £20 at the door or online

www.appleby-concerts.org.uk

Tel: 017684 83777



THOUGHTS FOR FEBRUARY

“February is the border between winter
and spring.”

— Terri Guillemets,

“Darkness cannot drive out darkness; only
light can do that. Hate cannot drive out
hate; only love can do that.”

— Martin Luther King, Jr.

“In February there is everything to hope
for and nothing to regret.”

— Patience Strong

“In the coldest February, as in every other
month in every other year, the best thing to
hold on to in this world is each other.”

— Linda Ellerbee

“The best and most beautiful things in the
world cannot be seen or even touched –
they must be felt with the heart.”

— Helen Keller

“If January is the month of change, Febru-
ary is the month of lasting change. January
is for dreamers... February is for doers.”

— Marc Parent

“There is always in February some one
day, at least, when one smells the yet dis-
tant, but surely coming, summer.”

— Gertrude Jekyll

“You may never know what results come
of your actions, but if you do nothing,
there will be no results.”

— Mahatma Gandhi

“Our greatest glory is not in never falling,
but in rising every time we fall.”

— Confucius

“The greatest danger for most of us is not
that our aim is too high and we miss it, but
that it is too low and we reach it.”

— Michelangelo

Lowther Endowed School

'Stay and Play' sessions

Supervised by a member of the teaching staff

All pre-school children are welcome to attend.

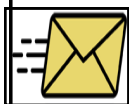
Check school website



ST. MARY'S THRIMBY

Please note, all services at the above church are held at **11:00 am** on the **first** and **third** Sundays of the month.

Due to circumstances beyond our control, **services are being held at Ivy Cottage until further notice—however, the Christmas Miscellany will be in the CHURCH.**



The North Westmorland News is available via email!

Please send your name and email address to:

EditorNorthWestmorlandNews@outlook.com

Please make sure you leave enough room in your inbox for the Newsletter as if the remission 'bounces' , your address may be removed from future mailings.

1st Crosby Ravensworth Brownies

Brownies is for girls aged 7 - 10 years old.

It offers exciting opportunities to take on new challenges and learn new skills, make brilliant friends and discover the world around them.

Why not come along and see what all the fun is about?

Contact: Jo Laverick (Guide Leader)

Email: jolaverick63@gmail.com

Tel 01931 714216

Message to all local event advertisers.

As printing costs for the North West-morland News have inevitably risen with the additional areas of distribution, we are trying to minimise the effects by reserving the right to reduce the size of any local (free) submissions when space is limited. In case you wish to lessen the chance of a significant reduction of your copy, a 'landscape' ad is less likely to be significantly shrunk than a 'portrait' version.

The earlier you submit your adverts, the more likely they are to be included and the closer to the front of the magazine they are likely to be.

We reserve the right to reformat free submissions to appropriately fit the available space.

Advertiser's Guide

When submitting a paid advert for inclusion in the newsletter please note:

- 1/4 page ads should be max A7 portrait in size (preferably 6.8 cm w x 9.4 cm h)
- 1/2 page ads should be max A6 landscape in size (preferably 13.8 cm w x 9.4 cm h)
- Full page ads should be max A5 portrait in size (preferably 13.8 cm w x 19cm h)
- The newsletter does not print in colour.
- We do not accept adverts over 350kb so that the newsletter is small enough to email, therefore please compress any pictures to reduce their size.
- Preferred file formats: Graphic files (.jpeg, .gif, .png), Publisher docs, Word docs.

Advertising Rates

1/4 Page ad per annum £70 per 1/2 year £38 per month £9

1/2 Page ad per annum £130 per 1/2 year £70 per month £15

Full Page ad per annum £220 per 1/2 year £120 per month £26

If you are interested in placing an advert please contact

Meg Hancock meghnc@btinternet.com 01931 714 432

Please support our advertisers:

they cover a large part of the cost of printing this magazine.

LOWTHER ENDOWED SCHOOL.

Christmas Service Tuesday 20th December 2022.

St Peter's Church hosted the school children, teachers and parents, on the last day of Term. The children were really good and started off with 'What Christmas means to me,' followed by a reading 'Jesus was born,' beautifully read by Oliver. Then 'Away in a Manger' was sung by the Congregation and Pupils.

We then went on to another reading, 'King Herod,' after which the congregation and pupils sang 'Silent Night,' which was really lovely to listen to.

There was also a reading about the Wise Men and the cast of 'The Sleepy Shepherd' performed a song. Berrie & Penny sang the first verse beautifully, then the other children and the congregation joined in.

Next was the Blessing and talk done by Ruth Evans NISCU, ending with a prayer.

the Head Teacher Mrs Carla Weild asked the whole of the congregation to join in with the final carol, 'The Twelve Days Of Christmas,' which was sung in canon with each part of the church taking a different section, finally joining together with gusto.

St Peter's PCC would like to thank Mrs Weild, the teachers and children for choosing

our Church this year. it was lovely to see the school children once again in church after

the covid 19 years, when the church felt so empty. Thank you once again to the whole school for this big effort and such a splendid service.

The Eden Workshop at

The Appleby Hub



Craft Workshops & Courses at Appleby in the The Eden Valley. Located in a vibrant community hub in a bustling market town. Easy access from M6 & A66

Craft Workshops & Courses at Appleby in the The Eden Valley. Located in a vibrant community hub in a bustling market town. Easy access from M6 & A66

www.theedenworkshop.co.uk

MORLAND PARISH COUNCIL

Working for you since 1894
morlandparishcouncil.org.uk

Find us on 
facebook.com/MorlandParish

Meeting -The Parish Council will hold its next Ordinary Meeting on **Monday March 13th 2023**, at 7.30pm at Morland Village Hall. Members of the press and public are welcome to attend. Agendas are available at least three working days prior to meetings, online and on village noticeboards, alongside meeting minutes.

Play Area - The Parish Council is continuing efforts to improve the play area, replacing the goalpost and authorising repairs to equipment. It has been brought to the Parish Council's attention that garden waste has been dumped on the playing field recently, which is not acceptable, and creates a potential hazard to users.

Morland Beck Pollution - If you see any evidence of pollution of our waterways, caused primarily by the Morland sewage treatment plant, please contact the Environment Agency on **0800 80 70 60**

Following recent reports of pollution in the rivers of the Eden valley, and Morland Beck in particular, the Parish Council has been in contact with the environment agency, our local MP and United Utilities to ascertain what actions will be taken to alleviate the problem. It has been accepted by the Environment Agency that the sewage treatment plant in Morland is highly likely to be contributing to the problem.

In order to build their case, the Environment Agency has asked that any members of the public who witness any form of pollution entering the local waterways contact them as soon as possible. If you have any concerns about the colour or smell of the Beck, or see any other evidence of pollution, please contact the Environment Agency on **0800 80 70 60**. This number is available 24/7 and any concerns will be immediately assessed.

Highways and Maintenance – Issues regarding road maintenance, including potholes, flooding, and verges, are currently dealt with by Cumbria County Council. To report any concerns, please contact the Parish Clerk as below, who will contact the County Council on your behalf. Additionally, residents can also report issues directly, at <https://www.cumbria.gov.uk/doitonline/report.asp>

Parish Clerk: Mrs Lisa Beken, clerk@morlandparishcouncil.org, 07522 939 696

Councillors: Steve Wilson (Chair), Peter Taylor (Vice-Chair), Lesley Robson,
Phil Hancock, Bob Brown, Dan Fitton, Paul Vines, |

	Askham with Lowther	Bampton
February 5th 3rd before Lent (Candlemas)	11.00 Family Worship SRP Is 58 1-9a (9b-12) Matt 5 13-20	10.00 Holy Communion SWT Heb 2 14-18 Luke 2 22-40
February 12th 2nd before Lent	11.00 Holy Communion SPC Rom 8 18-25 Matt 6 25-34	10.00 Café Church DN Gen 1.1-2.3 Matt 6 25-34
February 19th Next before Lent	11.00 Holy Communion JHB 2 Peter 1 16-21 Matt 17 1-9	10.00 Morning Worship DGJ Ex 24 12-18 Matt 17 1-9
February 22nd Ash Wednesday	Two Joint Services: East 10.00 am Morland SWT West 7.30 pm Bampton SWT Joel 2 1-2, 12-17 OR Is 58 1-12 Matt 6 1-6, 16-21 OR John 8 1-11	
February 26th 1st Sunday of Lent	11.00 Holy Communion JHB Gen 2 15-17; 3 1-7 Matt 41- 11	10.00 Holy Communion by extension DN Gen 2 15-17; 3 1-7 Matt 41-

KEY to Ministers:

AJS Rev'd Andrew Sterling (Meth.)
DGJ David Jones
DN Diane Nicholson
EA Elaine Allison
JHB Rt. Rev'd James Bell

JWR Rev'd Jon Russell
SJR Rev Stephen Radford (Meth.)
SPC Rev'd Sheila Clark
SRP Rev'd Sandy Pearl
SWT Rev'd Stephen Tudway

Bolton	Cliburn	Clifton & Brougham
9.15 Family Communion JHB Heb 2 14-18		9.15 Holy Communion Clifton SPC 3.00 Holy Communion Ninekirks SWT Heb 2 14-18 Luke 2 22 -40
9.15 Holy Communion JHB 2 Peter 1 16-21 Matt 17 1-9	11.00 Holy Communion SPC 2 Peter 1 16-21 Matt 17 1-9	
<p align="center">Two Joint Services: East 10.00 am Morland SWT West 7.30 pm Bampton SWT Joel 2 1-2, 12-17 OR Is 58 1-12 Matt 6 1-6, 16-21 OR John 8 1-11</p>		
9.15 Morning Worship Lay led Gen 2 15-17; 3 1-7 Matt 41-11		

Midweek Holy Communion

is celebrated in Morland Church
on Wednesdays at 10.00am.

*This is a quiet, said service, an
uplifting and refreshing break
from daily duties.*

Come and join us!

Services labelled "Family
Communion" are in a mod-
ernised format.

Children are welcome at all
our services; and activities
will be provided where you
see this symbol.



	Crosby Ravensworth	Great Strickland
February 5th 3rd before Lent (Candlemas)	11.00 Holy Communion JHB Heb 2 14-18 Luke 2 22-40	11.00 Holy Communion JWR Heb 2 14-18 Luke 2 22-40
February 12th 2nd before Lent	4.00 Holy Communion SWT Rom 8 18-25 Matt 6 25-34	
February 19th Next before Lent	6.30 Evening Prayer DGJ Ex 24 12-18 Matt 17 1-9	
February 22nd Ash Wednesday	Two Joint Services: East 10.00 am Morland SWT West 7.30 pm Bampton SWT Joel 2 1-2, 12-17 OR Is 58 1-12 Matt 6 1-6, 16-21 OR	
February 26th 1st Sunday of Lent	11.00 Morning Prayer Lay led Gen 2 15-17; 3 1-7 Matt 41-11	11.00 Morning Worship SRP Gen 2 15-17; 3 1-7 Matt 41-11


KEY:

SPC	Rev'd Sheila Clark
SRP	Rev'd Sandy Pearl;
JHB	Rt. Rev'd James Bell;
DGJ	David Jones,
AJS	Rev'd Andrew Sterling (Methodist)
JWR	Rev'd Jon Russell
SWT	Rev'd Stephen Tudway

Services labelled "Family Communion" are in a modernised format.

Children are welcome at all our services; and activities will be provided where you see this symbol.



Morland	Shap	Thrimby
11.00 Holy Communion SPC Heb 2 14-18 Luke 2 22 -40	10.30 Covenant SJR tba	11.00 Morning Prayer Lay led Is 58 1-9a (9b-12) Matt 5 13-20
11.00 Morning Worship DGJ Gen 1.1-2.3 Matt 6 25- 34	10.30 Holy Communion SWT Rom 8 18-25 Matt 6 25 -34	
11.00 Messy Church Team + SWT tba 	10.30 Family Service EA Ex 24 12-18 Matt 17 1- 9	11.00 Morning Prayer Lay led Ex 24 12-18 Matt 17 1- 9
<p style="text-align: center;">Two Joint Services:</p> <p style="text-align: center;">East 10.00 am Morland SWT</p> <p style="text-align: center;">West 7.30 pm Bampton SWT</p> <p style="text-align: center;">Joel 2 1-2, 12-17 OR Is 58 1-12 Matt 6 1-6, 16-21 OR John 8 1-11</p>		
11.00 Holy Communion SWT Gen 2 15-17; 3 1-7 Matt 41-11	10.30 Holy Communion SPC Gen 2 15-17; 3 1-7 Matt 41-11	

Midweek Holy Communion

is celebrated in Morland Church
on Wednesdays at 10.00am.

*This is a quiet, said service, an
uplifting and refreshing break
from daily duties.*

Come and join us!



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Bingo	23 rd February
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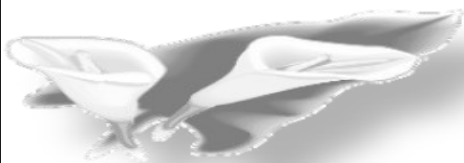


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We are losing our current treasurer soon.

Our secretary is willing to take over this role but only if someone else will take on the secretarial role

Someone please help!

ABOUT A CENTURY SINCE.....

From "The Herald" Jan/Feb 1923

Average weather, but stormy in mid-February.....

Bolton Church Hall opened on the evening of January 4th, which was thanks to an idea from and organisation by the vicar.

Clifton's Station Master Mr Driver's Light Sussex hen laid an egg 8 inches in circumference with a second egg of normal size.

The LDC were to widen the Newby Head road narrows on land donated by Mr Compton.

Seagill Footbridge in Reagill will be getting a handrail for safety and the road outside Bolton School will be getting a 'Danger' sign erected.

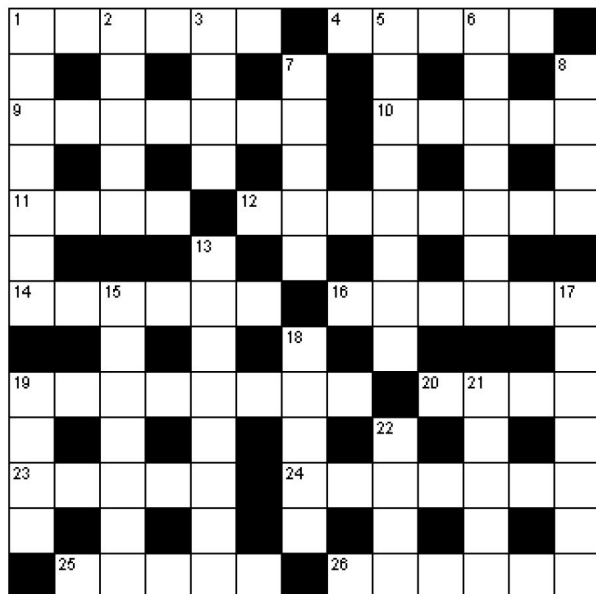
In late January, Bolton W.L. had its 1st A.G.M.

Two Cliburn teenage girls, the Misses Janie Egglestree and Sarah Wills collected house-to-house for the National Children's Home and Orphanage in early February, and raised £1. 11s. Od. (£124.00 in today's money).

Morland and Newby School is collecting for a school piano, and ran a Whist Drive and Dance there on Friday 9th February, raising £14. 10s. Od (current value c. £1,160).

Many thanks to Jeremy Godwin for researching and submitting the facts

Cryptic 02



Across

1. Find a prophet or a clever person (6)
4. Extra dark but found detection device (5)
9. Slipped on wet spot to form a dance (7)
10. Some echo reverberation job (5)
11. Look for a short man, urgently (4)
12. Writhing serpents make gifts (8)
14. A few winks and family for protection (6)
16. Romance hideaway made from a tree (6)
19. Container conduits make music (8)
20. Part of a hat, so correct the deletion (4)
23. Looks like a party could be a hit (5)
24. Mixed up singer, so no rap (7)
25. Acquire knowledge with poker end of the day (5)
26. Some future market comment (6)

Down

1. Can go to confusing shape (7)
2. Fruit and thick skin? (5)
3. Garbled tale is delayed (4)
5. Romance story involves someone from the past (8)
6. Decorated and redo at random (7)
7. Not together but a role (5)
8. Sounds like a swarm of letters (4)
13. Ended fiendish confusion (8)
15. Leaf insect, a spectacular ceremony (7)
17. Communicate and catch employment (7)
18. Refugee seafarer finds birds (5)
19. Put up with a large carnivore (4)
21. Headdress found in militia ranks (5)
22. Keep eels, found there's a point to it (4)

S T U D I O L B A T H R O O M
 C A N H O L L O W W A L L A T
 P O T I E C L D A E T S D E B
 E A L W I N D O W S I L L B C
 T S N O I T A D N U O F D E H
 S D E R N G U T T E R I I D I
 R R O H C N A L L A W R S R M
 O F F I C E A R C A D E A O N
 O C R E T T I D A R A E S O E
 D O C T A E B L E G L S T M Y
 E R L A D R D E I R E C O T H
 A R T I S R I N S N T A V A K
 O I T A P U L L E D G P E C I
 N D S I T T I N G A R E A T O
 T O W O D N I W R E M R O D H
 D R A I N P I P E E T F L O O
 N E H C T I K R O A F A N A T
 T R O O L F I S H U T T E R C

DORMER WINDOW
 DRAINPIPE
 FIRE ESCAPE
 FLOOR
 FOUNDATIONS
 GARAGE
 GUTTER
 HAT RACK
 HOLLOW WALL
 KITCHEN
 OFFICE
 PATIO
 SHUTTER
 SITTING AREA
 STOVE
 STUDIO
 TURRET
 WALL ANCHOR
 WELL
 WINDOWSILL

ARCADE
 BATHROOM
 BEDROOM

BEDSTEAD
 CEILING
 CHIMNEY

COLONNADE
 CORRIDOR
 DOORSTEP

Solution - Cryptic 01



?

Dates For The February Diary

FEBRUARY 2023

21st SHROVE TUESDAY

22nd ASH WEDNESDAY

26th Budapest Café Orchestra

p.14

February is a quiet month. Sit in a comfy chair, keep warm and get some peace before the hustle and bustle of the year breaks out.



THE LAST WUFF!

What a Christmas we had! Mummy, Boss and I went in the car for a very long drive and I wasn't allowed to have the window open, which was boring, so I went to sleep. When I woke up we were in a wonderful place with a great big beach for me to run on and lots of dogs to play with. I had a paddle in the sea with Boss, but it was very cold so I decided not to go in again. We stayed in a great big room and I had a huge, soft bed all to myself! I had all sorts of nice food, including lots of sausages, and it only rained a little bit. And to cap it all, I got some presents all wrapped up so I could tear off the paper and find out what was inside. I had a lovely squeaky octopus, a nice new jumper and some lovely chewy piggy ears. Wonderful! I wish we could have stayed there all year. It was a shame that Mummy was poorly and had to go away to the Vet to get better but it's lovely now she's home again. There's even been snow to play in. I'm such a lucky dog!

THE LAST WORD.....

A very mixed Christmas for us, really, with many stays in hospitals and some very scary moments. Thanks to God for bringing us through the rough ride, and also to all our friends who have been so supportive. It's always when times are rough that you find out who your friends really are, and invariably people surprise you with their kindness. We are blessed to live in an area where community still has meaning and where folk have time to look out for each other. Long may that continue - it is the ties to others living near us that breed lasting friendship and build a sense of belonging that means more than can be expressed in words. What a wonderful place to live!

EditorNorthWestmorlandNews@outlook.com

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LOCAL DIRECTORY

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The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

As soon as one Newsletter goes to press, we start on the next, so please send material for the next issue

7th February '23 at the very latest.

Material by email please to EditorNorthWestmorlandNews@outlook.com