

April 2023

North Westmorland News

Group website:

www.northwestmorlandchurches.org.uk



*To love Christ and
make Him known*

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**Welcome to the April '23 issue of North
Westmorland News
Please send copy for the May
Issue to:**

EditorNorthWestmorlandNews@outlook.com

From the Vicarage

In recent weeks, the publication of Matt Hancock's WhatsApp messages by the Daily Telegraph has forced us to relive some of the politics of 2020. It's not a time which many of us want to revisit, but that hasn't prevented the scandal from selling newspapers and generating endless commentary. How like human beings! For reasons of political expediency, we have not yet conducted an official exercise in learning the important lessons of that time, and yet here we are, raking over the minutiae of one aspect, in the full glare of publicity.

Three years ago, we were afraid, because we faced the unknown. In late March 2020, I had a telephone conversation with a friend in his mid-90s (whose funeral I was unable to attend later that year, due to restrictions). He enumerated all the 'bad times' through which he had lived: the Second World War; flu pandemics in 1957 and 1968; the snowbound winter of 1962/3; the Cuban Missile Crisis; the oil crisis; the drought of 1976 and the Winter of Discontent. The worst, he thought, depended upon who you asked: how they were individually affected. We were surprised at how many 'bad times' he could name. We might have felt differently about the 1980s, he said, if we had lived in a mining community. Looking back, "none of these things was the end of the world," said my friend, "although I was afraid that some of them might be, at the time." Bad times are personal. For some of us, 2020 was the worst of times. For others, different years have brought worse.

Easter in the Gospels captures this fear. Three women approach the tomb of Jesus, their spiritual leader, who has been horribly put to death two days earlier. All that he promised seems to have come to nothing. As they reach the tomb, they are horrified to find that it has been desecrated. The heavy stone used to close the entrance has been removed. A mysterious stranger, sitting by the entrance, tells them, "he has been raised; he is not here ... go, tell his disciples."

We retell the Easter story as one of hope, but Mark's Gospel (unlike the other three) seems to have ended with these words: "Trembling and bewildered, the women went out and fled from the tomb. They said nothing to anyone, because they were afraid." The Gospel message is not that everything will be rosy. It is a message of hope told in the face of real fear, real grief and real suffering. The Bible does not pretend that the world can easily be made a perfect place.

For most of us, in this fortunate society, reality is ordinarily benign. It comes as a shock whenever that benevolence is temporarily suspended. But there is plenty to make us anxious; to fear being afraid. Like my friend looking back, even the very worst times eventually acquire a perspective. Fear and grief are natural, but let us pray for release from anxiety.

Bad times are also testing times. We find afresh our capacity to give and (importantly) receive help. Adversity, and the necessity it creates, can be the mother of invention: "look how many technologies advanced during the Second World War," observed my friend.

Despite the everyday expression, these things are not sent to try us, whether by God or anyone else. It would be wonderful, it might even be better, if there were no bad times. But we know that they have come; they will come again. The answers are faith and hope: Faith in God, in each other and in the fact that we are "fearfully and wonderfully made", with the capacity to overcome our troubles. The hope of the Gospel is that we will one day look back together, from the perspective of eternity.

Stephen

Church News & Local Events



Morland Mothers' Union-----please note that there will be no further meetings of the Morland Branch of Mothers' Union.

We are in the process of closing the branch as there are no members able to take on the role of either Branch Leader or Treasurer this year. I would like to take this opportunity to thank our members for their support during the 8 years when I was Branch Leader.

We are fortunate to have a nearby branches of MU in Bolton and Shap, both of which are very happy to have those members from Morland who still wish to be part of the organization. A number of us have joined Bolton already and been made very welcome there, for which we are very grateful. I believe that one or two may attend Shap as visitors, or potential members.

As most have opted to join Bolton, which has been part of our benefice for many years, a mutual decision has been made that it would be sensible for Morland and Bolton to amalgamate as one branch (it will still keep the name of Bolton MU).

I would like to thank both Bolton and Shap branches for offering to have extra members from Morland, or welcoming them as visitors if that is what they prefer.

Margaret Gore (Morland MU)

Bolton MU - we have great pleasure in welcoming new members who have joined us from the newly closed Morland MU.

Our meeting in **April is on the 27th** and we are travelling to Kendal for a joint meeting with our link group at St George's.

Bolton WI - due to the Easter weekend dates our April meeting is on **April 17th** at 7.15pm at Bolton Memorial Hall. We are delighted to welcome Jeremy Jackson to tell us about Winter Tarn - 14 years of Cumbrian Butter that started in their kitchen in Bolton! Visitors are very welcome. There is a charge of £3 to include light refreshments.

Please contact Cathy on 017683 62862 for more details.

House Group

The House Group will be doing a Lent Course during March, meeting each Monday at 2p.m. at 1, Jackson Croft. All are welcome. For more details ring 01931714455.

In Memoriam

February 17th

John Davison

February 21st

Simon Charles
Rayner



Affected by Cancer?

APPLEBY & DISTRICT CANCER SUPPORT GROUP

Invite you to

Come for Coffee

Open to all in Eden district



We Meet

~ Every 1st & 3rd Monday of each month
(except Bank Holidays)
~ in The Bennett Room The Hub
Chapel Street Appleby CA16 6QR
~10 am - 12 noon

Chat in confidence with others
going through tough times

Also on offer:
Light exercise

Further Info, Phone

~ **Rosie on 017683 52263** or
~ **Jackie on 017683 52277**

**St Cuthbert's Church
Milburn**

THE CRUCIFIXION

**by
John Stainer**

Good Friday

April 7th

7.00pm

**Retiring
Collection**

All welcome

Tenor

James Hibbert

Bass

Ron Eadington

Organ

Leigh Harding

Conductor

Geoff Gordon

Tea, Coffee & Chat

Morland and Newby Village Hall

Every Thursday in term time

9:45am—11:00 am

All welcome

Come and join the chat.

Open to all ages.

Mums/Dads/Grandparents/carers/
singles -

Bring your babies and toddlers -

Come on your own -

Housebound? Ring for a lift.

01931 714238



Please come and join us.



MORLAND UKULELE GROUP

Meet Tuesday evenings 19:00 -21:00

at Morland Village Hall

(when available)

New members always welcome,
but please ring to check as we will
occasionally meet at an alternative
venue.

Contact Mark or Rachel
on 01931 714163

Morland Area Playgroup

All parents, carers and grandpar-
ents welcome to our friendly
playgroup.

9am-11am Tuesdays (termtime
only) @Morland Village Hall

First session free! Suggested
contribution thereafter: £2 per
child, £1 for siblings and under
ones. Includes snack time and a
hot drink for adults

Visit our Facebook page for more
info @morlandplaygroup

GO ON - MAKE SOMEONE'S DAY!

Do you have any toys that are un-
wanted?

Family Support are already collecting for
Christmas 2023, and would be grateful
for any donations of new or nearly new
toys for boys and girls of all ages (no
guns or war games, please).

In December, these will be passed on to
children whose families are unable to
spare the money to buy them toys.
YOU could make a child's Christmas
really special this year by passing on an
unwanted toy.

Please email John Bass if you can
help (johnisobelbass@gmail.com)

FELLRUNNER EXCURSIONS 2023

For the people living in the North Westmorland group of parishes and surrounding areas, The Fellrunner Village Bus Group have again kindly offered to provide a 16 seat bus for community use this year, and a list of the proposed trips is given below. If you would like to make a booking, please contact Mike Roulson on 01931 714457 to enquire if seats are available. Please note that for some visits there will be an entrance charge payable as well as the bus fare.

April 1st. A visit to Lakeland Ltd. the retail outlet at Windermere followed by a drive through the Ambleside and Grasmere areas to Keswick where there is a Saturday market, or perhaps a walk to Friars Crag with the outstanding views across Derwentwater down the Borrowdale valley.

May 13th Beetham Nursery nr.Milnthorpe followed by a visit to Sizergh Castle, managed by the National Trust and still the home of the Strickland family. A house visit is optional but there are lovely gardens to walk round with a shop and tearoom available.

June 3rd Grange over Sands and Cartmel. A visit to the old seaside resort with its shops and a promenade to walk along. Afternoon visit to Cartmel to see the beautiful Priory and perhaps purchase the famous Sticky Toffee Pudding from the village stores.

July 8th A visit to the new Royal Horticultural Society garden at Bridgewater, Manchester. A wonderful 156 acre development on the historic Worsley New Hall estate, one of the largest gardening projects in Europe.

August 19th Kettlewell Scarecrow Festival, one of the biggest and best in the UK

Sept 2nd A visit to Stott Park Bobbin Mill south Cumbria. This extensive working mill produced millions of bobbins vital to the important Lancashire spinning and weaving industry. See the workings of a bygone age, and watch the bobbins being made.

October 7th Knaresborough, a market town with an ancient castle situated on the river Nidd. Perhaps visit Mother Shipton's Cave.

November 11th Hexham to visit the medieval abbey. A lovely town with a number of independent shops and a Farmers Market held on the second Saturday each month in the Market Place.

Dec. 9th Carlisle Christmas Market.....to be confirmed.

Local Grants Woodhead and Pennyfeather Charity

The objective of the charity is to help people living or working in the parish of Lowther who find that they are in need, by awarding small grants or by paying for items or services to help those people.

If you are in need, or know of anyone in need please contact the charity using this email address:

woodandpenny@gmail.com

Confidentiality is ensured.

BOLTON COMMUNITY CAFÉ Formerly known as Bolton Exchange **OPEN EVERY TUESDAY IN THE MEMORIAL HALL**

On the first Tuesday of every month we open from **1pm – 3pm** for lunch – Quiche and salad, soup and rolls (depending on season) and always delicious homemade desserts, plus coffee or tea – all for £5

On the other Tuesdays we are open from **2.30 – 4pm** serving unlimited tea or coffee, plus homemade cakes and biscuits - £1.50

There are always hand made greetings cards for sale and we are happy for people to bring along any plants, vegetables, jams or chutneys that they wish to sell or donate. We hope to have other activities occasionally – maybe music or a talk, a craft exhibition or a games table. Watch this space!

EDEN ACTIVE FIT4ALL at Shap Memorial Hall Wednesdays 1.15 - 3.15 m £3 per session

All Welcome

Gentle activities designed to help you become more active in your older years in a friendly, sociable setting.

Details from the Old Courthouse, Shap

**Contact website for up to date
information re Covid-19**

www.theoldcourthouse.org

Tel: 01931 717539

Please continue donating to our local food banks in Appleby (Sands Methodist Church) and Penrith. (Salvation Army) Many more families are still finding it hard to manage through this difficult time.



Morland Area Primary School PTA



WIN up to £120.00 per month with better odds than the lottery!!

Help to raise funds to maintain and continue to improve Morland Area Primary School.

£3 a month for a ball in the draw. Possible to win 1st, 2nd or 3rd prize.

Easy to pay for with BACS or an annual cheque.

Results are announced every month through the school and newsletter

For further information email pta@morlandarea.cumbria.sch.uk or speak to Claire Lane via the school

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request



Congratulations to our 100 club winners for February

2023

1st prize Louise Donnelly-Stott (Ball 1)

2nd Annette Thornton (Ball 60)

3rd Mis Joanne Berry (Ball 58)

Thank you to after school club for drawing the numbers and to everyone for their ongoing support with the club. We have raised over £2,300 for school so far!!

Interested in joining: £3 a number, paid every month and better odds of winning than the lottery. For further information email: pta@morlandarea.cumbria.sch.uk or ask in school for a form.

Numbers available: 33, 43, 56, 70, 79, 95, 96

Full Terms & Conditions available at www.morlandarea.cumbria.sch.uk/topic/parents or can be emailed on request

ASKHAM WITH LOWTHER



We are looking for an **Organist/keyboard player** for Sunday's 11:15 a.m. services once or twice a month. We have coverage for two services per month, but desperately need someone to play for the other weeks to keep music alive in our church.

We would be so grateful if you could help.

For further information please call Rena 01931712917

Thank you.

CREATIVE CHAT GROUP

This group has started by meeting every other week in Morland, and we would welcome any newcomers interested in doing something creative while in the company of others.

To begin with we are meeting at The Craft Room at Jasmine Cottage, where Sabine Wood lives. At present there is no charge, but you could bring a contribution of biscuits, tea, or coffee, if you wish.

You can do anything you want – bring sewing, knitting, painting/drawing, clay modelling, crochet, lace-making, quilting, card-making – anything! So far we have had Drawing, Lace-making, and Knitting. Everybody does their own thing. Also, you don't have to chat if you don't want to! And you don't have to attend every time. It is entirely flexible. A table is provided.

If you would like to join us, please register your interest with Suzie Balfour on: morlandgarden-flat@gmail.com I need to know how many will be coming so that I can organise a different venue if necessary. We look forward to hearing from you!

Bolton Nursery

We are open Monday to Friday, 8am to 6pm for babies and children aged 3 months - 11 years, offering flexible hours.

All 3 and 4 year olds are entitled to receive 15 hours of free early education per week. Families who meet the eligibility criteria will be entitled to 30 hours funded childcare from September 2017. The extended entitlement can be taken 30 hrs per week term time or 22.25 hours per week across 51 weeks of the year. Some 2-year-olds are also eligible for free funding.

We provide a **BREAKFAST/AFTERSCHOOL CLUB** during term time.

Our **HOLIDAY CLUB** will be open every week in the school holidays for primary school children within the Eden Valley. We provide holiday cover for SEN children up to 13 years old.

Our outside area is currently under renovation and when this is complete we will be having a fun filled open day for everyone – watch this space!!!! For more information telephone **017683 62468**.

1st Crosby Ravensworth Brownies

We are looking for a volunteer to help at Brownies.

Could you be that person?

We meet on Wednesday evenings (5:30 - 7 pm) during term time.

Please do something amazing - help us give girls in the local community opportunities for fun, challenge and adventure. Come and join us!

Please contact:

jolaverick63@gmail.com

Tel 01931 714216



SAVE OUR BEES!

You can help the bees by buying the PBKA 2023 Calendar.

To order copies contact

01768 894404/ mr4cnr@gmail.com

£5 each or three for £10.

Also available from retailers in and around Penrith incl. Booths, Penrith Station and Upfront Gallery.

Charity number: 1170487

St Michael's Church, Shap

WALK OF WITNESS

Good Friday 7th April

Good Friday Walk of Witness with short acts of worship.

Meet at St Michael's Church Shap at 12 noon then walk to Shap Abbey, picnic if you wish before returning to St Michael's for closing worship, tea and hot cross bun. (Dogs welcome if kept on leads).

Shap Coffee Morning

Saturday 8th April

10 - 1130 All welcome

Sunday 23rd April

'Long Haul Run' Vintage Lorries

Lunch Stop

ASKHAM CHURCH

St Peter's Askham now has a 'warm clothes' scheme.

If you have any spare warm clothes and/or blankets, please would you consider donating them for the free use of any who are enduring hardship and finding it difficult to keep warm this winter.

The church is normally open on Saturdays and Sundays from 10 am to 4 pm in the winter and anonymous donations may be left on or near the entrance table.

If you are finding this winter difficult, you are most welcome to come and see if there is anything that would help you. Please return any items that you cannot use.

What could be more important than saving a life?

Community First Responders for Morland, Bolton, Newby, Cliburn, Kings Meaburn, Great & Little Strickland and Surrounding Area

!!!!VOLUNTEERS URGENTLY NEEDED!!!!

Unfortunately Morland Area Community First Responders are desperately short of volunteers.

In remote communities like ours we can literally save lives by providing first aid to patients before the ambulance arrives.

In out of the way areas like ours it can sometimes take much longer for an ambulance to reach the patient and first responders get there first to provide potentially life saving help for the short time before the ambulance arrives.

You will receive excellent training from North West Ambulance Service and ongoing refresher training and excellent support from existing volunteers.

This is a very rewarding and interesting volunteering opportunity and you can volunteer for as many hours per month as is suitable for you.

If you are just starting out on your career or thinking about changing your career path this is an excellent addition to your CV.

- Minimum age 18
- Must hold a driving licence

If you are wondering whether this might be something that you could do then please don't hesitate to call **Dean on 07812 773407 or Caroline on 01931 714971** for a chat, we can answer any questions you may have as we both have years of experience as CFR volunteers.



FREE Easter event



Easter Sunday

10.30am @ Dunfell House, Cliburn.

Egg Hunt, decorated egg and bonnet competitions, kids egg and spoon race. Couples egg throwing competition, £2 entry to win a meal voucher for two.

All proceeds to Cliburn Community Play Area.

NEWSLETTER DISTRIBUTOR NEEDED

After many years faithfully and regularly acting as the central distribution point for the North Westmorland News, John Gore has decided that he has done his bit. The Newsletters arrive towards the end of each month (except July and December) and need to be bundled up and taken to the various sub-distributors. We need a new central distributor. If you would like to know more about the job, please talk to David Jones (01931 714338) or to John.

Please consider taking on this vital role to help distribute our Newsletter. Your help would be appreciated more than you can imagine; would help our villages to maintain their cohesion and would provide a source of information that is greatly valued by many, those connected with the church and those who have no connection with any place of worship.



Up and About
Cumbria standing
strong against falls

Take Positive Steps to Avoid Trips and Falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to aging is not inevitable, there are simple things we can do to minimize risk.

- **Get regular exercise** to improve strength, fitness and balance.
- **Have your eyes and hearing checked.** Vision and hearing play a vital role in balance and movement.
- **Ask your pharmacist or GP for an annual medication review.** Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.
- **Look after your feet.** Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.
- **Make sure you get enough calcium and vitamin D** to keep bones strong.
- **Check your homes for trip hazards.** Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn't mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

If you do have a fall or feel at risk of one, tell your GP

For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail sara.bradley@ageukcarlisleandeden.org.uk



WEDDINGS TO CELEBRATE

February 11th

Jack Tweedley
&
Kirsty MacMillan

Your advert could go here

Contact our advertising
manager for details of
rates, sizing and maximum
megabytes

Meg Hancock at

01931 714 432

(meghnc@btinternet.com)

GREAT STRICKLAND EVENTS

Saturday 6th May

Village Hall Centenary and Coronation
Celebrations

Saturday 24th June

Sports/Fun Day

Sunday 16th July

Village Big Breakfast

Saturday 9th September

Steak Night (in aid of St Barnabas
Church)

Friday 6th October

Mikron Theatre Company

Saturday 28th October

Pie & Pea Night

Follow us on

*[Facebook @greatstrick](#)
for more info*

MORLAND WALKING GROUP :

TUESDAY 11th APRIL

Meeting at the Village Hall on TUES-
DAY (yes, Tuesday) 11th April.

The walk this month is a circular walk
round Maulds Meaburn.

Approximately 4.5 miles and easy to
moderate.

Please bring a packed lunch and cloth-
ing to suit the conditions.

Geoff — Group co-ordinator.

Do you care?

If so Eden Carers may be able to help you. We are a charity providing free support throughout Eden to unpaid Carers who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). We provide statutory carers assessments; information and signposting; 1 to 1 support; benefit information; newsletters, support groups - including after school clubs for Young Carers; social events; training and activities.

Contact us on: 01768 890280 or enquiries@edencarers.co.uk

NORTH WESTMORLAND ARTS

Concerts in Appleby Public Hall

26th February - 7.30pm

Budapest Café Orchestra

traditional folk and gypsy-flavoured music from the Balkans, Klezmer lamentations, Hungarian Czardas

2nd April – 7.30pm

Bradley Creswick and Friends

Violinist, Bassist/Guitarist, Pianist playing a range of genres including Astor Piazzolla

Tickets £20 at the door or online

www.appleby-concerts.org.uk

Tel: 017684 83777



Morland Tennis Club

The rates for membership of Morland Tennis Club are;

Family, £20.00 per annum
Individual, £10.00 per annum
Children, £5.00 per annum

For those wishing to join while visiting the area, the day rate is;

Adult £2.00 and children £1.00

At the moment there are no facilities for paying by card so please put your money in an envelope with your name and contact details and post through the letterbox of Shannon Brae, High Street, Morland – the bungalow below the tennis courts. You will find the key for the court in the nook to the left of the door. If you have any queries about the court or membership please knock on the door of Shannon Brae to speak to Sheila

Local Parish & Community Websites

Askham & Helton

www.askhamandhelton.co.uk

Bampton www.bamptonlakedistrict.org.uk

Bolton www.boltonvillage.org.uk

Brougham www.broughamparishcouncil.com

Cliburn www.cliburnparish.org

Clifton cliftonpc@outlook.com

Crosby Ravensworth

www.crosbyravensworthparish.org.uk

Great Strickland

www.greatstricklandparishcouncil.co.uk

Morland www.morlandparishcouncil.org

Shap shapcumbria.co.uk

Lowther Endowed School

'Stay and Play' sessions

Supervised by a member of the teaching staff
All pre-school children are welcome to attend.

Check school website



ST. MARY'S THRIMBY

Please note, all services at the above church are held at **11:00 am** on the **first** and **third** Sundays of the month.

Due to circumstances beyond our control, **services are being held at Ivy Cottage until further notice—however, the Christmas Miscellany will be in the CHURCH.**



The North Westmorland News is available via email!

Please send your name and email address to:

EditorNorthWestmorlandNews@outlook.com

Please make sure you leave enough room in your inbox for the Newsletter as if the remission 'bounces' , your address may be removed from future mailings.

1st Crosby Ravensworth Brownies

Brownies is for girls aged 7 - 10 years old.

It offers exciting opportunities to take on new challenges and learn new skills, make brilliant friends and discover the world around them.

Why not come along and see what all the fun is about?

Contact: Jo Laverick (Guide Leader)

Email: jolaverick63@gmail.com

Tel 01931 714216

Message to all local event advertisers.

As printing costs for the North West-morland News have inevitably risen with the additional areas of distribution, we are trying to minimise the effects by reserving the right to reduce the size of any local (free) submissions when space is limited. In case you wish to lessen the chance of a significant reduction of your copy, a 'landscape' ad is less likely to be significantly shrunk than a 'portrait' version.

The earlier you submit your adverts, the more likely they are to be included and the closer to the front of the magazine they are likely to be.

We reserve the right to reformat free submissions to appropriately fit the available space.

Advertiser's Guide

When submitting a paid advert for inclusion in the newsletter please note:

- 1/4 page ads should be max A7 portrait in size (preferably 6.8 cm w x 9.4 cm h)
- 1/2 page ads should be max A6 landscape in size (preferably 13.8 cm w x 9.4 cm h)
- Full page ads should be max A5 portrait in size (preferably 13.8 cm w x 19cm h)
- The newsletter does not print in colour.
- We do not accept adverts over 350kb so that the newsletter is small enough to email, therefore please compress any pictures to reduce their size.
- Preferred file formats: Graphic files (.jpeg, .gif, .png), Publisher docs, Word docs.

Advertising Rates

1/4 Page ad per annum £70 per 1/2 year £38 per month £9
1/2 Page ad per annum £130 per 1/2 year £70 per month £15
Full Page ad per annum £220 per 1/2 year £120 per month £26

If you are interested in placing an advert please contact

Meg Hancock meghnc@btinternet.com 01931 714 432

Please support our advertisers:

they cover a large part of the cost of printing this magazine.

The Old Courthouse. Shap

www.theoldcourthouse.org

Opening hours: Sun 2-5, Mon 10 -1, Tue 2-5, Thu 2-5, Fri 2-5, Sat 10-12
Open as usual on Bank Holidays.

Library Link - Borrow/Return Books. Make Requests

The Library at The Old Courthouse is a warm place for reading, working, computers with **FREE WIFI**, hot drinks available.

Knit and Natter – Thursday afternoons in the Library

Exhibit ‘A’ Gallery at The Old Courthouse, Shap CA10 3NL

18th March—17th April

“Cavalcade” artwork by Mike Healey. Free Admission

QUESTION: *What have the following in common*

Weird landscapes, strange plant forms, Renaissance clowns, Shakespearean monsters, dramatic three-dimensional dioramas, very odd sculptures. disturbing collages and unnervingly modern mythological characters?

ANSWER: MIKE HEALEY

Mike is a writer; former Associate Director of the Oxford Playhouse, award –winning BBC TV drama Writer and Director and Surrealist painter who will be exhibiting his work at The Old Courthouse, Shap. ‘Cavalcade’ opens on 18th March until 17th April.

Mike is holding a **Drama Workshop on Saturday 1st April**. This is open to anyone aged 16 + and will be a lively, physical workshop. Participants will become 18C pirates at their annual (drunken) get-together; turn into living puppets; create a house full of ghosts using only sound and become Jacobean monsters on a desert island. Places are limited. Email: info@theoldcourthouse.org to book a place.

Find out much more about by visiting www.theoldcourthouse.org

SHAP FARMERS’ & MAKERS’ MARKET Saturday 22nd April 9—1

Food/Art/Craft stalls indoors and outdoors

Celebrate Westmorland’s Wildlife - information (groups include Cumbria Wildlife Trust, RSPB Haweswater, Friends of the Lake District) plus artwork & photography.

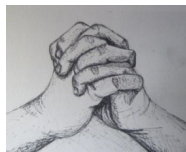
Music on the Terrace 1030 – 1230 Morland Ukelele Group

Sunday 23rd April - 'Long Haul Run' , vintage lorries. Lunch stop at Shap.

22nd April - 21st May a series of events based around our wonderful wildlife and beautiful landscape, Further info in May Newsletter.

Please come and support

COLLECTION FOR THE CARLISLE HOMELESS REFUGE



**We invite you
to join together
in helping the Refuge**

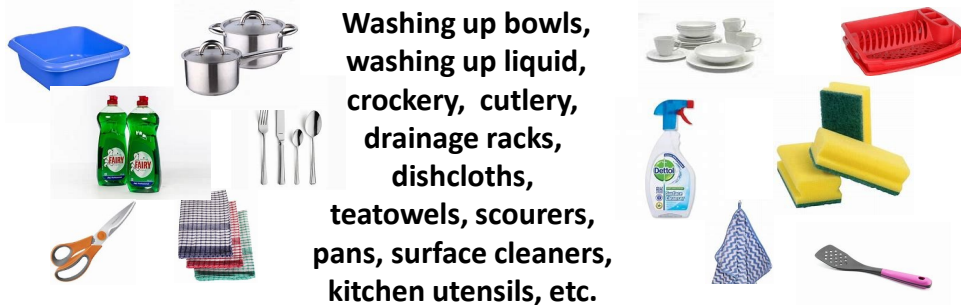


The Refuge takes homeless people and is finding it hard to meet the demands, and provide for the needs of those in its care.

PLEASE WILL YOU HELP

As we did this time last year, John and Margaret Gore are collecting kitchen items for “ The Refuge “

Suggested items that are needed include the following



**Washing up bowls,
washing up liquid,
crockery, cutlery,
drainage racks,
dishcloths,
teatowels, scourers,
pans, surface cleaners,
kitchen utensils, etc.**

We would appreciate donations of any of these items :- THANK YOU
Please could you ensure that things are in good condition or new.

When :

Monday, March 27th to Monday, April 17th inclusive

Where :

**In the box at the end of our drive at
No 1, Crown Inn Fields, Morland.**

{ If the box is not there, it will be at the front door of our house. }

Your donations will be added to others collected by Penrith Methodist Church. They have supported this outreach initiative for many years, their loyal involvement having been much appreciated.

The Coronation of King Charles III

*Morland Will be taking part in
The Big Lunch for the King's Coronation, afternoon of Sunday 7th May
2023*

*Look out for posters
Tickets and further information
Patti Dawson, 714 614 and Julia Evans, 714 158*

LIVE MUSIC

*Evening of Sunday 7th May
Morland and Newby Village Hall
From 7 o/c
Crisps/snacks
BYO drink*

Back by popular demand

MUGs

The Hoo

*Tickets £7.50
Patti Dawson 714 614 and Julia Evans & 14 158*

MORLAND AND NEWBY VILLAGE HALL AGM

**Monday 24th April
7:00 pm**

Village Hall Supper Room

Regular user groups should please
send a representative.

Everyone welcome

MORLAND VILLAGE FETE

Saturday 17th June

**BACK ON MORLAND PRIMARY
SCHOOL FIELD
SAVE THE DATE!**

Further details in the next newsletter

Julia Evans Patti Dawson 158 614

EDEN LIVE YOUTH GROUP

Starts Tues 18th April 2023

3.30-5pm

In Morland Village Hall. £1 entry.

Games, crafts, talk, make new
friends. Snack and drink.

Open to all young people year 6 up
from Crosby, Newby, Morland and
surrounding villages.

For details and registration form contact Rachel Milburn –
07920186673 or email

rachel.milburn@carlisle-diocese.org.uk or
stephen@northwestmorlandchurches.org.uk



MORLAND PARISH COUNCIL

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morlandparishcouncil.org.uk

Find us on 
facebook.com/MorlandParish

Parish Council Meeting -The Parish Council will hold its Annual Meeting in May 2023 at 7.30pm at Morland Village Hall (date to be determined). Members of the press and public are welcome to attend. Agendas are available at least three working days prior to meetings, online and on village noticeboards, alongside meeting minutes.

Election – Elections for Parish Council's across Eden will be held on May 4th 2023.

Play Area – The Parish Council is currently undertaking necessary maintenance work on play equipment. We apologise for any inconvenience this may cause, and hope to have all equipment fully operational as soon as possible.

Signage at Morland Ford - As some residents may be aware, the County Council Highways department is looking to locate warning signage at the Ford. This is following instruction from the Department of Transport. Councillors have raised concerns regarding the size and location of these signs, and are liaising with Highways over the best way forward.

Unitary Authority – From April 1st 2023, Cumbria County Council and the six District Council's within Cumbria will cease to exist. The new unitary authority of Westmorland and Furness will fulfil the functions of both County and District authorities. The new authority is aiming to ensure continuity of front-line services, to progress a smooth transition.

Rubbish collections – Some blue bag refuse collections dates across Eden will be changing. Any affected residents should have received notification. To check your collection date please visit <https://www.eden.gov.uk/bins-and-recycling/household-refuse/household-refuse-collection/blue-bag-refuse-collection/>

Parish Clerk: Mrs Lisa Beken, clerk@morlandparishcouncil.org, 07522 939 696

Councillors: Steve Wilson (Chair), Peter Taylor (Vice-Chair), Lesley Robson,
Phil Hancock, Bob Brown, Dan Fitton, Paul Vines.

PLAY BRASS IN EDEN

- a project supported by Eden District Council



In the “Brass in Eden” project, Drum and Brass is working with four local bands in Eden: [Appleby Town Band](#), [Kirkby Stephen Silver Band](#), Melody Makers - Tebay and [Penrith Town Band](#) as well as music organisations including [Bjamba Horns](#) and bands elsewhere in Cumbria to secure the future of brass bands in our community.

With a grant of £8,750.00 from the Eden District Council’s Arts and Culture Development Fund the “Play Brass in Eden” team _ Julie Hoggarth, Jenny Bowes and Kath Wignall are touring schools in the area with their hands-on brass taster sessions. In these sessions, young people get to play along with the “band” and find out how they can take up playing.

It’s not only young people however, who can get involved in the joys of banding. There are also groups for adult beginners and nearly every band will welcome new players with open arms and a cuppa.

The project organiser Drum and Brass sees brass bands as central to community life. For communities, brass bands mark the seasons with music and are a must-have for e.g. Christmas Carol events and Summer Fetes.

For musicians they represent an affordable and sociable way to learn a musical instrument and they are open to all ages. And despite the many challenges of covid and cuts in music education, bands are thriving. Eden has three established bands, which meet weekly in Penrith, Appleby and Kirby Stephen, while three new brass groups between Tebay and Kirkby Stephen with collectively 30 members show there is real interest in learning.

If you want to find out where your nearest band is, and how to get involved, check out our new web page: <https://drumandbrass.co.uk/brass-bands-cumbria/> which has all the information you need to be part of this brilliant tradition.

Julie Hoggarth (julie@drumandbrass.co.uk) 01.03.23

	Askham with Lowther	Bampton
April 2nd Palm Sunday	11.15 Holy Communion SPC	9:45 Holy Communion SWT
April 6th Maundy Thursday	Chrism Service Carlisle Cathedral 11.00-12.30 Liturgy of Maundy Thursday Great Strickland 6.30pm SPC / Shap Time 6.30pm SWT	
April 7th Good Friday	Joint Service SHAP	10.00 Morning Worship Kathy/DN
April 9th EASTER Sunday	7am Service at the Millenium Stone SWT	
	11:15 Holy Communion SPC	9:45 Holy Communion SPC
April 16th Easter 2	11:15 Family Worship SRP	9:45 Café Church DN
April 23rd Easter 3	11:15 Holy Communion JHB	9:45 Holy Communion JHB
April 30th	Joint Communion Service at Crosby Ravensworth 11:00 SWT	

KEY to Ministers:

AJS	Rev'd Andrew Sterling (Meth.)	JWR	Rev'd Jon Russell
DGJ	David Jones	SJR	Rev Stephen Radford (Meth.)
DN	Diane Nicholson	SPC	Rev'd Sheila Clark
EA	Elaine Allison	SRP	Rev'd Sandy Pearl
JHB	Rt. Rev'd James Bell	SWT	Rev'd Stephen Tudway
DN	Diana Nicholson	NH	Neil Hughes

Bolton	Cliburn	Clifton & Brougham
9:15 Holy Communion JHB		9:15 Holy Communion SPC 12:00 Countess Pillar S. Harden
<p>Chrism Service Carlisle Cathedral 11.00-12.30 Liturgy of Maundy Thursday Great Strickland 6.30pm SPC / Shap Time 6.30pm SWT</p>		
<p>12:00 - 14:00 Joint service and Walk of Witness Shap (Church - Abbey/Picnic - Church)</p>		
<p>7am Service at the Millenium Stone SWT</p>		
9:15 Holy Communion JHB		9:15 Holy Communion SWT
9:15 Holy Communion JHB 2:00 Baptism SWT	11:00 Holy Communion JHB	3:00 Evensong DGJ/SWT Ninekirks
6:30 Taizé SRP		
<p>Joint Communion Service at Crosby Ravensworth 11:00 SWT</p>		

Midweek Holy Communion

is celebrated in Morland Church
on Wednesdays at 10.00am.

*This is a quiet, said service, an
uplifting and refreshing break
from daily duties.*

Come and join us!

Services labelled "Family Communion" are in
a modernised format.

Children are welcome at all our ser-
vices; and activities will be provided
where you see this symbol.



	Crosby Ravensworth	Great Strickland
April 2nd Palm Sunday	11:00 Holy Communion JHB	11:00 Holy Communion SWT
April 6th Maundy Thursday	Chrism Service Carlisle Cathedral 11.00-12.30 Liturgy of Maundy Thursday Great Strickland 6.30pm SPC / Shap Time 6.30pm SWT	
April 7th Good Friday	12:00 - 14:00 Joint service and Walk of Witness Shap (Church - Abbey/Picnic - Church)	
April 9th EASTER Sunday	7am Service at the Millenium Stone SWT	
	11:00 Holy Communion SWT	
April 16th Easter 2	6:00 Evening Prayer SWT	11:00 Lay Led Service
April 23rd Easter 3	11:00 Holy Communion SPC	
April 30th	Joint Communion Service at Crosby Ravensworth 11:00 SWT	

KEY to Ministers:

AJS	Rev'd Andrew Sterling (Meth.)	JWR	Rev'd Jon Russell
DGJ	David Jones	SJR	Rev Stephen Radford (Meth.)
DN	Diane Nicholson	SPC	Rev'd Sheila Clark
EA	Elaine Allison	SRP	Rev'd Sandy Pearl
JHB	Rt. Rev'd James Bell	SWT	Rev'd Stephen Tudway
DN	Diana Nicholson	NH	Neil Hughes

Morland	Shap	Thrimby & Brougham
11:00 Holy Communion JWR	10:30 Methodist Service SJR	11:00 Morning Prayer Lay led
<p>Chrism Service Carlisle Cathedral 11.00-12.30 Liturgy of Maundy Thursday Great Strickland 6.30pm SPC / Shap Time 6.30pm SWT</p>		
<p>12:00 - 14:00 Joint service and Walk of Witness Shap (Church - Abbey/Picnic - Church)</p>		
<p>7am Service at the Millenium Stone SWT</p>		
11:00 Holy Communion JWR/DGJ	10:30 Communion by Extension EA	
2:30 Messy Church (Village Hall) Team	10:30 Family Service EA	11:00 Morning Prayer Lay led
11:00 Communion by Extension NH/DGJ	10:30 Communion & Baptism SWT	
<p>Joint Communion Service at Crosby Ravensworth 11:00 SWT</p>		

Midweek Holy Communion

is celebrated in Morland Church
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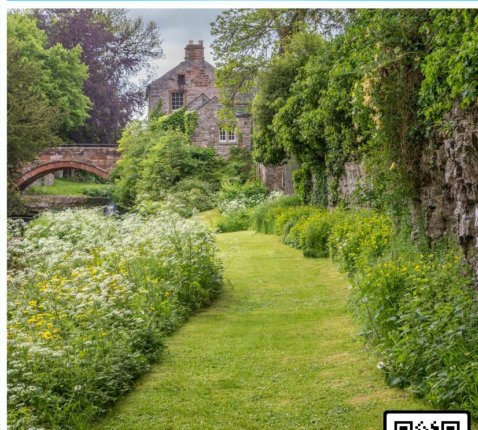
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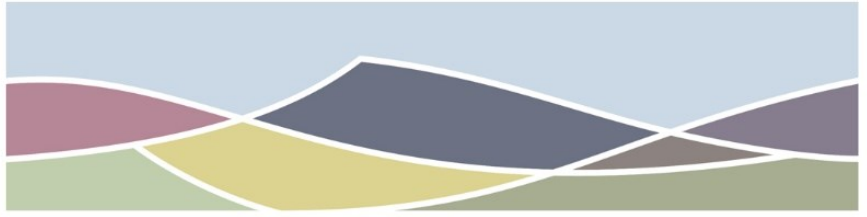
There will be no charge and there will also be an opportunity for prayer.

*As a church we believe that healing is not just about people being well;
it is about human flourishing and that, whatever the state of our body, mind and spirit,
all people are beloved of God.*

For further information contact Sue Mc Guinness - suzmcguinness@gmail.com



This is a Healthy Healing Hub
A place of healing and hope
www.gohealth.org.uk/hhh  **GOHEALTH**



WESTMORLAND DALES

Events and Activities in the Westmorland Dales:

Churches of the Westmorland Dales

We are producing a set of booklets to raise awareness of notable heritage features in the Westmorland Dales area. One of these booklets will feature churches from across the area as churches are key heritage features within many of our village communities and have witnessed a wealth of history and change. If you want your local church to be included, or have an interesting story about it, a memory or a feature you think should be highlighted for the wider community and our visitors, please get in touch with: Amanda Walters, Interpretation Officer amanda-walters@fld.org.uk or 01539 756623 or you can write in to Westmorland Dales Landscape Partnership
Unit 1B, The Sidings, Tebay, Penrith, Cumbria CA10 3XR

Legendary Stories of the Westmorland Dales

Three short films featuring local legends and children's artwork have been created by renowned Cumbria-based storyteller, Emily Hennessey and children from 7 local primary schools. The three legends 'retold' by the children are all closely tied to their local landscape setting, from the story of Mary Baines leading the hunt a merry dance down the Tebay gorge, to King Uther Pendragon's attempts to divert the River Eden in Mallerstang and the strange antics of the Orton Dobbie in a remote farmhouse in the hills.

All three films are now available to watch at the link below:

www.friendsofthelakedistrict.org.uk/legendary-films





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Wonderful Wool celebratory events this spring

Wonderful Weaving Workshops

Wednesday 26th April at Ravenstonedale Heritage Centre

2 half day sessions 09:30 am – 12:30 pm and 1:30 pm – 4:30 pm.

Use hand-made Herdwick yarn and a rigid heddle loom to make your own beautiful, hand-made woven table mat with Susan Denham-Smith of Wild Wool Workshop in Ennerdale. Free plus materials cost.

Wild Wool Knitting Workshop

Thursday 18th May at Maulds Meaburn Village Institute

10:00am – 3:30pm

Big needle knitting workshop for beginners with rare breed sheep enthusiast and expert knitter June Hill. Free plus materials cost.

Wild Wool Heritage talk

Thursday 1st June at the Old Court House, Shap

6:30pm refreshments. Start 7:00pm

What in the world is wool? Interactive Talk to find out more about wools history, sheep breeds, its precious properties and how it can be processed with rare breed sheep enthusiast and expert knitter June Hill.



What's on @ The Studio Morland

Thursdays: Physio Pilates with Andy Speight
Classes at 10am, 11am, 5:30pm (1hr)
Class for men at 6:30pm

Contact Andy to book:
07596957027

Warm Hub

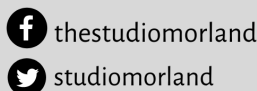
Come down to the Studio Morland on Tuesdays and Sundays any time between 1pm and 4pm (until 19th March) to warm up, have a free hot drink and snack and chat to our friendly volunteers. Board games available on Sundays and you're welcome to bring your work on Tuesdays.

thestudiomorland.co.uk/warm-hub

Unsung Heroes of Ink

Join Vega Brennan (Linden Print Studio) at The Studio Morland on Monday 20th March (10am-12pm) for a screening of *Unsung Heroes of Ink* followed by a Chinese Brush Ink workshop. Places are bookable on the Linden Print Studio website and cost £20 per person.

www.lindenprintstudio.co.uk



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dates as follows:**

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Bingo 26th January

Quiz 9th February

Bingo 23rd February

Quiz 9th March

Bingo 23rd March

Quiz 6th April

Bingo 20th April

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Social Care: matching the care that clients need with available services.

Housing: information on housing, aids, and adaptations.

Local Services: advice on local support, groups, activities and concessions.

*Drop-in sessions held on the 3rd Wednesday of the month between 11am and midday at Eden Sight Support, The Resource Centre, Sandgate, Penrith, CA11 7TP.

Home Support

We offer a quality, competitively priced home support service with a person-centred approach, helping people maintain their independence in their own homes. We can help with weekly chores, support personal wellbeing and promote social inclusion.

Social Opportunities

A wide range of social opportunities are available, from walking to craft sessions, afternoon teas and much more.

Shops

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Volunteering Opportunities

Volunteering opportunities are available across all departments, and we would love to hear from you if you would like to join our team!

Contact for details

Tel: 01228 536673

Email: admin@ageukcarlisleandeden.org.uk.

Website: www.ageuk.org.uk/carlisleandeden/

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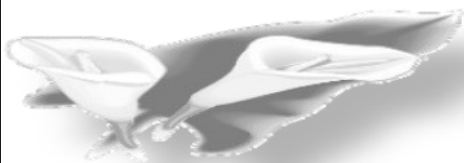
At Carlisle Cathedral on Saturday 29th April 2023 7.30.p.m

Tickets : Adults £20 / £15 – students £12 – children under 12 free.

Available from : Becksde Books, Penrith. Carlisle Cathedral Gift Shop;

Carlisle Tourist Information Centre (Tel: 01228 598596)

Online: TicketSource www.ticketsource.co.uk/cumbriasingers.org.uk (a small booking fee applies). Subject to availability, tickets can also be purchased at the door.



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3 taster sessions are offered, and if you decide to continue, the cost is £38 per term.

Everyone is welcome including adults, who are welcome to attend the 7.45pm session to improve their stroke and stamina.

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Solution - Cryptic 03

R	E	I	N	D	E	E	R		T	R	I	O
O		M		R		I		C		O		R
S	A	P	L	I	N	G		A	L	O	U	D
E		L		V		H		N		S		E
S	E	I	Z	E		T	R	A	C	T	O	R
		E				H		P				E
F	I	D	D	L	E		D	E	M	A	N	D
E				A		A				I		
S	C	A	M	P	E	R		C	U	R	V	E
T		R		E		O		O		P		A
I	D	E	A	L		U	P	R	O	O	T	S
V		N		S		N		G		R		E
E	L	A	N		A	D	M	I	T	T	E	D

© Puzzle Choice

All Saints, Bolton is in desperate need of either a PCC secretary or a treasurer.

We are losing our current treasurer soon.

Our secretary is willing to take over this role but only if someone else will take on the secretarial role

Someone please help!

ABOUT A CENTURY SINCE.....

From "The Herald" April 1923

Cold Easterlies and all month. Blizzard on 24th.

Bolton Memorial Hall's Fancy Dress Ball on Thursday, 5th made over £200 (around £16,000 today's value!). It was opened by the M.P.'s wife.

Mrs Anne Egglestone, wife of Joseph, farmer, died on Good Friday aged 72, a hard working, capable lady who helped run the farm as her husband was a railwayman at Great Strickland when she married him. She was from Blencarn and they farmed at Great Strickland, Gamblesby and Kirkoswald. Joseph was also the carrier to Penrith and had retired two years before to their son Willan's farm at Croft House, Cliburn, which is where Anne died.

Lowther W.I.'s subject for April was 'Raffia Work' and they met in the Board Room, Hackthorpe.

There was a thunderstorm at Clifton on Thursday 12th April and a concert was held in the Reading Room on Thursday 17th in aid of Clifton Wesleyan Chapel's repairs.

Crosby Ravensworth Parish Council's annual meeting was held on Monday 16th and gave grazing rights to Messrs A. & J. Furness. The decrepit footbridge near Bridge House, Maulds Meaburn was to be rebuilt and a site visit was made to view the river bank at Maulds Meaburn school, which was undercut.

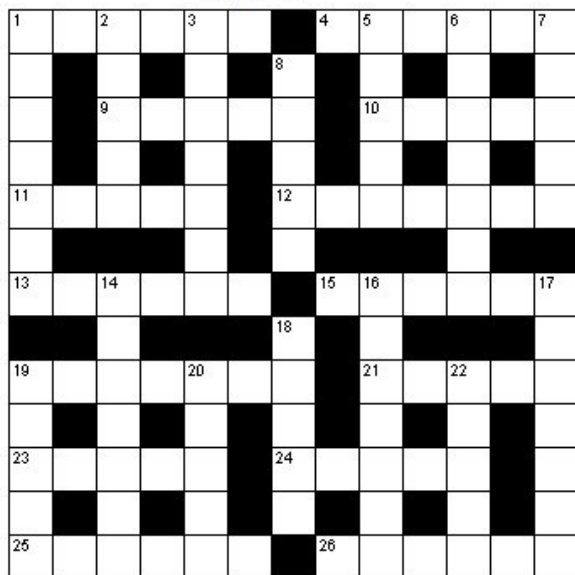
A taxi driver from Grange-Over-Sands collided with a motor-bike and flattened 36 feet of Lowther Bridge's wall. The County sued for its cost, £129, and the court fined him £15 for the accident. The motor-cyclist was badly hurt.

William Speddy of Lowther is the architect engaged to convert Shap Public Hall into its War Memorial Hall.

Many thanks to Jeremy Godwin for researching and submitting the facts

PUZZLE TIME!

Cryptic 04



Across

1. Venus de Milo versus some Valentine couples (6)
4. Find refuge in easy lumber (6)
9. Plunder with arms (5)
10. Palindrome instrument (5)
11. Decorate a garment (5)
12. Short publication catches attractions (7)
13. Replace pieces of land beginning of February with crops end of July (6)
15. For each child is individual (6)
19. Fidgets with musical instruments (7)
21. Complete range found in mega mutation (5)
23. Some warning given in ideal army (5)
24. More ironic machine (5)
25. Endlessly shake a woody plant, to a greater extent (6)
26. Disoriented hikers shout (6)

Down

1. Sounds like clean cut grass, not wet (7)
2. Serve a jumble of poetry (5)
3. Short umpire employed and turned down (7)
5. Some foolish rugged gesture (5)
6. Used with snakes for a game (7)
7. Replace an apple core in public places with a meal starter that makes the grade (5)
8. Supports rays (5)
14. Final stage could lead to checkmate (7)
16. Confused his glen with a language (7)
17. Communicate to catch employment (7)
18. A facet of speaking (5)
19. Find cafe astir, so wine and dine (5)
20. Dance, slim body essential (5)
22. Sounds like clemency in France, thanks (5)

Easter Word Search

Instructions: Try to find all of the hidden Easter words in the word search puzzle below. (Words can be spelled forwards, backwards, diagonally, up, or down.)



Word List

CANDY	DAFFODILS	PARADE
CELEBRATION	EGG	PASTEL
CHICKS	FAMILY	QUACK
COLOR	GAME	RABBIT



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Dates For The April Diary

APRIL 2023

1st	Fellrunner trip to Lakeland, Windermere	6
2nd	Bradley Cheswick & Friends	10
6th	Strickland Arms Quiz	32
7th	Good Friday	10
	Shap Walk of Witness	
	Stainer 'The Crucifixion'	4
9th	Easter Sunday	11
	Easter Sunday Event	
11th	Morland Walking Group	13
17th	'Cavalcade' Artwork finishes in Shap	17
22nd	Shap Farmers' Market	17
23rd	'Long Haul Run' Vintage Lorries	17
29th	Haydn 'The Creation'	38

THE LAST WUFF!

We had some good times going round Lowther this month! I had a lovely long walk all the way from Hackthorpe down to the river at Askham and then back up over the paths to the top field and across to come home. My legs were all full of scratchy twigs, but Boss pulled them off for me so they didn't hurt for very long. Then Mum-my gave me a nice hot shower when I got home and rolled me about in a towel and tickled me. That was fun! Boss says he's going to cut all my hair off because I look like a scruffbag, but it's too cold now because it's snowing. I love playing with the snowflakes. They make my nose all cold and then vanish when I bite them. Sometimes I bark at them but then I get told off "No Barks!" Mummy and Boss tell me, so I wuff quietly so they can't hear me. I've been really busy barking today because there were some big packages delivered. Boss unpacked a big plastic thing but I'm not sure what it's for. It looks a bit like the noisy thing that they play with in the mornings, pushing it around all the floors and carpets, but it's bigger. I hope it's something fun for me!

THE LAST WORD..... Can you guess what we had delivered?

EditorNorthWestmorlandNews@outlook.com

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LOCAL DIRECTORY

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CURATE	Rev'd Sheila Clark	01931 714 238
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CLIFTON PARISH COUNCIL		
Clerk	Bex Carter cliftonpc@outlook.com	
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CROSBY RAVENSWORTH VILLAGE HALL		
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GREAT STRICKLAND PARISH COUNCIL	Usually meets last Monday in month	
Clerk/Village Hall Bookings	Ruth Tupling	01931 712 571
LOWTHER PARISH CONTACT	chris_1lowtherview@yahoo.co.uk	
LOWTHER PARISH HALL BOOKINGS	Anne Crofts 01931 712676	
MAULDS MEABURN POST OFFICE	Open from 2-4pm on Mondays until further notice.	
MAULDS MEABURN VILLAGE INSTITUTE	adelemurdoch@gmail.com	
Bookings secretary	Adele Murdoch	07860 282802
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Clerk	Lucy Tonkin (sleagillparish@zoho.com)	01931 714 094
NORTH WESTMORLAND NEWS	Alex Paris (EditorNorthWestmorlandNews@outlook.com)	
Editor		

The North Westmorland News welcomes items from readers and news from all eight parishes. However, we must reserve the right to edit any contribution and inclusion is subject to space being available. The views expressed are those of the contributors. and are not necessarily those of the Editor, the Newsletter or the Church.

As soon as one Newsletter goes to press, we start on the next, so please send material for the next issue

7th April '23 at the very latest.

Material by email please to EditorNorthWestmorlandNews@outlook.com